
Physical Education Resources: Kindergarten to Senior 2

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Parent - Support

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First Aid: Pocket Guide to Emergency First Aid
Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8
Walking Games and Activities
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide
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Students with Special Needs

Adapted Physical Education and Sport
Moving with a Purpose: Developing Programs for Preschoolers of All Abilities
Special Needs Science: Understanding Differences

Student - Breadth

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First Aid: Pocket Guide to Emergency First Aid
FITNESSGRAM® 6.0 Test Kit

Student - Breadth and Depth

Exercise Science: Foundations of Exercise
Science: Studying Human Movement and Health (Student Edition)
Personal Fitness: Looking Good—Feeling Good (Student Edition)

Student - Depth

Amazing Women Athletes
Ballerinas Don't Wear Glasses
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Chuck in the City
FitFocus: Health and Physical Activity Analysis Software
Franklin Forgets
Franklin's Bicycle Helmet
Let the Games Begin!
Sports in Action: Baseball in Action
Sports in Action: Basketball in Action
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Treasure for Lunch
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
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Student – Depth (continued)

Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide

Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide

Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)

Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 3 - 4

Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 5 - 6

Zachary's Ball

Teacher Reference

Adapted Physical Education and Sport Assessment Strategies for Elementary Physical Education

Best New Games

Bonnie's Fitware Task Cards: Ball Exercises

Bonnie's Fitware Task Cards: Elementary Ball Handling

Bonnie's Fitware Task Cards: Fitness Task Cards: Module 5: Weight Training

Bonnie's Fitware Task Cards: Food Card Challenge

Bonnie's Fitware Task Cards: High School Standards-Based Golf Unit

Bonnie's Fitware Task Cards: Individual Stunts

Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 5 (CD-ROM)

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Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 8 (CD-ROM)

Bonnie's Fitware Task Cards: Problem Solving Activities

Bonnie's Fitware Task Cards: Short Rope Task Cards

Bonnie's Fitware Task Cards: Swimming Task Cards

Building More Dances: Blueprints for Putting Movements Together

Changing Kids' Games

Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)

Cooperative Learning in Physical Education

Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)

Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)

Exercise Science: Studying Human Movement and Health: Teacher's Guide

First Aid: First on the Scene: The Complete Guide to First Aid and CPR

First Aid: Pocket Guide to Emergency First Aid

FitFocus: Health and Physical Activity Analysis Software

Fitness Education for Children: A Team Approach FITNESSGRAM® 6.0 Test Kit

Game On!

Game Skills: A Fun Approach to Learning Sport Skills

It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life

Juggling: From Start to Star

KIDnastics®: A Child-Centered Approach to Teaching

Kids on the Ball: Using Swiss Balls in a Complete Fitness Program

Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness

Movement ABCs: An Inclusive Guide to Stimulating Language Development

Moving with a Purpose: Developing Programs for Preschoolers of All Abilities

Multicultural Folk Dance Treasure Chest

Multicultural Games

On Handling a Ball with a Racquet...In the Game of Tennis

Ontario Health and Physical Education Curriculum Support: Grade 1

Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement

Ontario Health and Physical Education Curriculum Support: Grade 2

Ontario Health and Physical Education Curriculum Support: Grade 3

Ontario Health and Physical Education Curriculum Support: Grade 4

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Ontario Health and Physical Education Curriculum Support: Kindergarten
PE-4-ME: Teaching Lifelong Health and Fitness
Perpetual Motion: Creative Movement Exercises for Dance and Dramatic Arts
Personal Fitness: Looking Good—Feeling Good: Teacher Edition
Personal Fitness: Looking Good—Feeling Good: Transparencies
Physical Education for Children: Daily Lesson Plans for Elementary School
Physical Education for Children: Daily Lesson Plans for Middle School
Physical Education Methods for Classroom Teachers
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity
Premier's Sport Award Program: Badminton: Teaching the Basics Resource Manual
Premier's Sport Award Program: Basketball: Teaching the Basics Resource Manual
Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual
Premier's Sport Award Program: Disc Sports: Teaching the Basics Resource Manual
Premier's Sport Award Program: Field Hockey: Teaching the Basics Resource Manual
Premier's Sport Award Program: Golf: Teaching the Basics Resource Manual
Premier's Sport Award Program: Gymnastics: Teaching the Basics Resource Manual
Premier's Sport Award Program: Ice Skating: Teaching the Basics Resource Manual
Premier's Sport Award Program: Orienteering: Teaching the Basics Resource Manual
Premier's Sport Award Program: Soccer: Teaching the Basics Resource Manual
Premier's Sport Award Program: Softball: Teaching the Basics Resource Manual
Premier's Sport Award Program: Track and Field: Teaching the Basics Resource Manual

Premier's Sport Award Program: Volleyball: Teaching the Basics Resource Manual
Quality Lesson Plans for Secondary Physical Education (includes CD-ROM)
Run, Jump, Throw...and Away We Go!
Special Needs Science: Understanding Differences
Sport Progressions
Step Lively 2: Canadian Dance Favourites (includes CD)
Step Lively: Dances for Schools and Families (includes CD)
Strategies for Inclusion: A Handbook for Physical Educators
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)
Teaching FUNdamental Gymnastics Skills
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8
Teaching Rhythmic Gymnastics: A Developmentally Appropriate Approach
Walking Games and Activities
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)

Teacher Reference/Professional Development

Bonnie's Fitware Task Cards: Band-Based Exercises
Bonnie's Fitware Task Cards: Basic Skills Task Cards
Bonnie's Fitware Task Cards: Bone Task Cards

Teacher Reference/Professional Development (continued)

Bonnie's Fitware Task Cards: Fitness Task Cards
Bonnie's Fitware Task Cards: Fitness Task Cards:
Module 2: Muscle Game
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Bonnie's Fitware Task Cards: Long Rope Task
Cards
Character Education: 43 Fitness Activities for
Community Building
Children Moving: A Reflective Approach to
Teaching Physical Education
Co-Ed Recreational Games
High School Healthy Hearts in the Zone: A Heart
Rate Monitoring Program for Lifelong Fitness
Kinetic Anatomy
Learning by Choice in Secondary Physical
Education: Creating a Goal-Directed Program
Pedometer Power: 67 Lessons for K-12
Performance-Based Assessment for Middle and
High School Physical Education
Physical Activities for Improving Children's
Learning and Behavior: A Guide to Sensory
Motor Development
Physical Education Methods for Elementary
Teachers
Physical Education Tips from the Trenches
Play Practice: The Games Approach to Teaching
and Coaching Sports
Teaching Middle School Physical Education: A
Standards-Based Approach for Grades 5-8
Teaching Sport Concepts and Skills: A Tactical
Games Approach