
Physical Education Resources: Kindergarten to Senior 2

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Exercise Science: Foundations of Exercise
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Health (Student Edition)
Exercise Science: Studying Human Movement
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Exercise Science: Studying Human Movement
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Software
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Learning by Choice in Secondary Physical
Education: Creating a Goal-Directed Program
Ontario Health and Physical Education Curriculum
Support: Grade 10 Supplement
Ontario Health and Physical Education Curriculum
Support: Grade 9-10 Supplement
Pedometer Power: 67 Lessons for K-12
Performance-Based Assessment for Middle and
High School Physical Education
Personal Fitness: Looking Good—Feeling Good
(Student Edition)
Personal Fitness: Looking Good—Feeling Good:
Teacher Edition
Personal Fitness: Looking Good—Feeling Good:
Transparencies
Physical Activities for Improving Children's
Learning and Behavior: A Guide to Sensory
Motor Development
Play Practice: The Games Approach to Teaching
and Coaching Sports
Quality Lesson Plans for Secondary Physical
Education (includes CD-ROM)
Run, Jump, Throw...and Away We Go!
Sport Progressions
Strengthening Your Physical Education Program
with Innovative Fitness Strategies and
Activities (Grades 6-12)
Walking Games and Activities
Warming Up and Cooling Down: Practical Ideas
for Ensuring a Fun and Beneficial Exercise
Experience

Senior 2

Adapted Physical Education and Sport
Amazing Women Athletes
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Bonnie's Fitware Task Cards: Ball Exercises
Bonnie's Fitware Task Cards: High School Standards-Based Golf Unit
Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)
Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)
Exercise Science: Studying Human Movement and Health: Teacher's Guide
FitFocus: Health and Physical Activity Analysis Software
High School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life
Juggling: From Start to Star
Kinetic Anatomy
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