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# Physical Education Resources: Kindergarten to Senior 2

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Children Moving: A Reflective Approach to Teaching Physical Education  
Fitness Education for Children: A Team Approach Game On!  
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Quality Lesson Plans for Secondary Physical Education (includes CD-ROM)  
Sport Progressions  
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Adapted Physical Education and Sport Assessment Strategies for Elementary Physical Education  
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Bonnie's Fitware Task Cards: Basic Skills Task Cards  
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Bonnie's Fitware Task Cards: Fitness Task Cards: Module 5: Weight Training  
Bonnie's Fitware Task Cards: Long Rope Task Cards  
Bonnie's Fitware Task Cards: Problem Solving Activities  
Bonnie's Fitware Task Cards: Short Rope Task Cards  
Bonnie's Fitware Task Cards: Swimming Task Cards

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**GLO 1: Movement Knowledge (continued)**

Building More Dances: Blueprints for Putting Movements Together

Changing Kids' Games

Children Moving: A Reflective Approach to Teaching Physical Education

Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)

Cooperative Learning in Physical Education

Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)

Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)

Exercise Science: Studying Human Movement and Health: Teacher's Guide

Fitness Education for Children: A Team Approach

It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life

Juggling: From Start to Star

Kids on the Ball: Using Swiss Balls in a Complete Fitness Program

Let the Games Begin!

Moving with a Purpose: Developing Programs for Preschoolers of All Abilities

Multicultural Folk Dance Treasure Chest

On Handling a Ball with a Racquet...In the Game of Tennis

Ontario Health and Physical Education Curriculum Support: Grade 1

Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement

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Ontario Health and Physical Education Curriculum Support: Grade 8

Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement

Ontario Health and Physical Education Curriculum Support: Kindergarten

PE-4-ME: Teaching Lifelong Health and Fitness

Perpetual Motion: Creative Movement Exercises for Dance and Dramatic Arts

Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development

Physical Education for Children: Daily Lesson Plans for Elementary School

Physical Education for Children: Daily Lesson Plans for Middle School

Physical Education Methods for Classroom Teachers

Premier's Sport Award Program: Badminton: Teaching the Basics Resource Manual

Premier's Sport Award Program: Basketball: Teaching the Basics Resource Manual

Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual

Premier's Sport Award Program: Disc Sports: Teaching the Basics Resource Manual

Premier's Sport Award Program: Field Hockey: Teaching the Basics Resource Manual

Premier's Sport Award Program: Golf: Teaching the Basics Resource Manual

Premier's Sport Award Program: Gymnastics: Teaching the Basics Resource Manual

Premier's Sport Award Program: Ice Skating: Teaching the Basics Resource Manual

Premier's Sport Award Program: Orienteering: Teaching the Basics Resource Manual

Premier's Sport Award Program: Soccer: Teaching the Basics Resource Manual

Premier's Sport Award Program: Softball: Teaching the Basics Resource Manual

Premier's Sport Award Program: Track and Field: Teaching the Basics Resource Manual

Premier's Sport Award Program: Volleyball: Teaching the Basics Resource Manual

Quality Lesson Plans for Secondary Physical Education (includes CD-ROM)

Run, Jump, Throw...and Away We Go! Sport Progressions

Step Lively 2: Canadian Dance Favourites (includes CD)

Step Lively: Dances for Schools and Families (includes CD)

Strategies for Inclusion: A Handbook for Physical Educators

Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)

Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)

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**GLO 1: Movement Knowledge (continued)**

Teaching FUNdamental Gymnastics Skills  
Teaching Middle School Physical Education: A  
Standards-Based Approach for Grades 5-8  
Teaching Rhythmic Gymnastics: A  
Developmentally Appropriate Approach  
Walking Games and Activities

**GLO 1: Movement Skills**

Adapted Physical Education and Sport  
Assessment Strategies for Elementary Physical  
Education  
Best New Games  
Bonnie's Fitware Task Cards: Ball Exercises  
Bonnie's Fitware Task Cards: Basic Skills Task  
Cards  
Bonnie's Fitware Task Cards: Elementary Ball  
Handling  
Bonnie's Fitware Task Cards: Long Rope Task  
Cards  
Bonnie's Fitware Task Cards: Middle School  
Standards-Based Task Cards: Grade 5 (CD-  
ROM)  
Bonnie's Fitware Task Cards: Middle School  
Standards-Based Task Cards: Grade 6 (CD-  
ROM)  
Bonnie's Fitware Task Cards: Middle School  
Standards-Based Task Cards: Grade 8 (CD-  
ROM)  
Bonnie's Fitware Task Cards: Problem Solving  
Activities  
Bonnie's Fitware Task Cards: Short Rope Task  
Cards  
Bonnie's Fitware Task Cards: Swimming Task  
Cards  
Building More Dances: Blueprints for Putting  
Movements Together  
Changing Kids' Games  
Children Moving: A Reflective Approach to  
Teaching Physical Education  
Complete Physical Education Plans for Grades 7-  
12 (contains CD-ROM)  
Cooperative Learning in Physical Education  
Fitness Education for Children: A Team Approach  
Game On!  
Game Skills: A Fun Approach to Learning Sport  
Skills  
It's Not Just Gym Anymore: Teaching Secondary  
School Students How to Be Active for Life  
Juggling: From Start to Star

KIDnastics®: A Child-Centered Approach to  
Teaching  
Kids on the Ball: Using Swiss Balls in a Complete  
Fitness Program  
Movement ABCs: An Inclusive Guide to  
Stimulating Language Development  
Moving with a Purpose: Developing Programs for  
Preschoolers of All Abilities  
Multicultural Folk Dance Treasure Chest  
Multicultural Games  
On Handling a Ball with a Racquet...In the Game  
of Tennis  
Ontario Health and Physical Education Curriculum  
Support: Grade 1  
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PE-4-ME: Teaching Lifelong Health and Fitness  
Perpetual Motion: Creative Movement Exercises  
for Dance and Dramatic Arts  
Physical Activities for Improving Children's  
Learning and Behavior: A Guide to Sensory  
Motor Development  
Physical Education for Children: Daily Lesson  
Plans for Elementary School  
Physical Education for Children: Daily Lesson  
Plans for Middle School  
Physical Education Methods for Classroom  
Teachers  
Premier's Sport Award Program: Badminton:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Basketball:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Curling:  
Teaching the Basics Resource Manual

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## **GLO 1: Movement Skills (continued)**

Premier's Sport Award Program: Disc Sports:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Field Hockey:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Golf: Teaching  
the Basics Resource Manual  
Premier's Sport Award Program: Gymnastics:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Ice Skating:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Orienteering:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Soccer:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Softball:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Track and Field:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Volleyball:  
Teaching the Basics Resource Manual  
Quality Lesson Plans for Secondary Physical  
Education (includes CD-ROM)  
Run, Jump, Throw...and Away We Go!  
Sport Progressions  
Sports in Action: Baseball in Action  
Sports in Action: Basketball in Action  
Sports in Action: Hockey in Action  
Sports in Action: Soccer in Action  
Sports in Action: Volleyball in Action  
Step Lively 2: Canadian Dance Favourites  
(includes CD)  
Step Lively: Dances for Schools and Families  
(includes CD)  
Strategies for Inclusion: A Handbook for Physical  
Educators  
Teaching Children Physical Education: Becoming  
a Master Teacher (includes CD-ROM with  
video clips)  
Teaching FUNdamental Gymnastics Skills  
Teaching Middle School Physical Education: A  
Standards-Based Approach for Grades 5-8  
Teaching Rhythmic Gymnastics: A  
Developmentally Appropriate Approach  
Walking Games and Activities  
Warming Up and Cooling Down: Practical Ideas  
for Ensuring a Fun and Beneficial Exercise  
Experience

## **GLO 1: Rhythmic/Gymnastics**

Adapted Physical Education and Sport  
Assessment Strategies for Elementary Physical  
Education  
Bonnie's Fitware Task Cards: Long Rope Task  
Cards  
Bonnie's Fitware Task Cards: Middle School  
Standards-Based Task Cards: Grade 6 (CD-  
ROM)  
Bonnie's Fitware Task Cards: Middle School  
Standards-Based Task Cards: Grade 8 (CD-  
ROM)  
Bonnie's Fitware Task Cards: Problem Solving  
Activities  
Bonnie's Fitware Task Cards: Short Rope Task  
Cards  
Building More Dances: Blueprints for Putting  
Movements Together  
Children Moving: A Reflective Approach to  
Teaching Physical Education  
Cooperative Learning in Physical Education  
Fitness Education for Children: A Team Approach  
Juggling: From Start to Star  
KIDnastics®: A Child-Centered Approach to  
Teaching  
Kids on the Ball: Using Swiss Balls in a Complete  
Fitness Program  
Movement ABCs: An Inclusive Guide to  
Stimulating Language Development  
Moving with a Purpose: Developing Programs for  
Preschoolers of All Abilities  
Multicultural Folk Dance Treasure Chest  
Multicultural Games  
Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
Support: Grade 6  
Ontario Health and Physical Education Curriculum  
Support: Grade 7  
Ontario Health and Physical Education Curriculum  
Support: Grade 8

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## **GLO 1: Rhythmic/Gymnastics (continued)**

Ontario Health and Physical Education Curriculum  
Support: Grade 9-10 Supplement

Ontario Health and Physical Education Curriculum  
Support: Kindergarten

PE-4-ME: Teaching Lifelong Health and Fitness  
Perpetual Motion: Creative Movement Exercises  
for Dance and Dramatic Arts

Physical Education for Children: Daily Lesson  
Plans for Elementary School

Physical Education for Children: Daily Lesson  
Plans for Middle School

Physical Education Methods for Classroom  
Teachers

Premier's Sport Award Program: Gymnastics:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Ice Skating:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Volleyball:  
Teaching the Basics Resource Manual

Quality Lesson Plans for Secondary Physical  
Education (includes CD-ROM)

Step Lively 2: Canadian Dance Favourites  
(includes CD)

Step Lively: Dances for Schools and Families  
(includes CD)

Strategies for Inclusion: A Handbook for Physical  
Educators

Strengthening Your Physical Education Program  
with Innovative Fitness Strategies and  
Activities (Grades 6-12)

Teaching Children Physical Education: Becoming  
a Master Teacher (includes CD-ROM with  
video clips)

Teaching FUNdamental Gymnastics Skills

Teaching Middle School Physical Education: A  
Standards-Based Approach for Grades 5-8

Teaching Rhythmic Gymnastics: A  
Developmentally Appropriate Approach

## **GLO 1: Sports/Games**

Adapted Physical Education and Sport

Best New Games

Bonnie's Fitware Task Cards: Basic Skills Task  
Cards

Bonnie's Fitware Task Cards: High School  
Standards-Based Golf Unit

Bonnie's Fitware Task Cards: Middle School  
Standards-Based Task Cards: Grade 5 (CD-  
ROM)

Bonnie's Fitware Task Cards: Middle School  
Standards-Based Task Cards: Grade 6 (CD-  
ROM)

Bonnie's Fitware Task Cards: Middle School  
Standards-Based Task Cards: Grade 8 (CD-  
ROM)

Bonnie's Fitware Task Cards: Swimming Task  
Cards

Changing Kids' Games

Children Moving: A Reflective Approach to  
Teaching Physical Education

Complete Physical Education Plans for Grades 7-  
12 (contains CD-ROM)

Cooperative Learning in Physical Education

Fitness Education for Children: A Team Approach  
Game On!

It's Not Just Gym Anymore: Teaching Secondary  
School Students How to Be Active for Life

Juggling: From Start to Star

Movement ABCs: An Inclusive Guide to  
Stimulating Language Development

Moving with a Purpose: Developing Programs for  
Preschoolers of All Abilities

Multicultural Games

On Handling a Ball with a Racquet...In the Game  
of Tennis

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Support: Grade 7

Ontario Health and Physical Education Curriculum  
Support: Grade 8

Ontario Health and Physical Education Curriculum  
Support: Grade 9-10 Supplement

Ontario Health and Physical Education Curriculum  
Support: Kindergarten

PE-4-ME: Teaching Lifelong Health and Fitness  
Physical Activities for Improving Children's

Learning and Behavior: A Guide to Sensory  
Motor Development

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## **GLO 1: Sports/Games (continued)**

Physical Education for Children: Daily Lesson Plans for Elementary School  
Physical Education for Children: Daily Lesson Plans for Middle School  
Physical Education Methods for Classroom Teachers  
Premier's Sport Award Program: Badminton: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Basketball: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Disc Sports: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Field Hockey: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Golf: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Ice Skating: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Soccer: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Softball: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Track and Field: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Volleyball: Teaching the Basics Resource Manual  
Quality Lesson Plans for Secondary Physical Education (includes CD-ROM)  
Special Needs Science: Understanding Differences  
Sport Progressions  
Sports in Action: Baseball in Action  
Sports in Action: Basketball in Action  
Sports in Action: Hockey in Action  
Sports in Action: Soccer in Action  
Sports in Action: Volleyball in Action  
Strategies for Inclusion: A Handbook for Physical Educators  
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)  
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8

## **GLO 2: Fitness Management Knowledge**

Adapted Physical Education and Sport  
Bonnie's Fitware Task Cards: Ball Exercises

Bonnie's Fitware Task Cards: Band-Based Exercises  
Bonnie's Fitware Task Cards: Bone Task Cards  
Bonnie's Fitware Task Cards: Fitness Task Cards  
Bonnie's Fitware Task Cards: Fitness Task Cards: Module 2: Muscle Game  
Bonnie's Fitware Task Cards: Fitness Task Cards: Module 4: Partner Strength Activities  
Bonnie's Fitware Task Cards: Fitness Task Cards: Module 5: Weight Training  
Bonnie's Fitware Task Cards: Long Rope Task Cards  
Bonnie's Fitware Task Cards: Short Rope Task Cards  
Bonnie's Fitware Task Cards: Swimming Task Cards  
Changing Kids' Games  
Children Moving: A Reflective Approach to Teaching Physical Education  
Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)  
Cooperative Learning in Physical Education  
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)  
Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)  
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)  
Exercise Science: Studying Human Movement and Health: Teacher's Guide  
FitFocus: Health and Physical Activity Analysis Software  
Fitness Education for Children: A Team Approach  
It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life  
Juggling: From Start to Star  
Kids on the Ball: Using Swiss Balls in a Complete Fitness Program  
Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness  
Moving with a Purpose: Developing Programs for Preschoolers of All Abilities  
Ontario Health and Physical Education Curriculum Support: Grade 1  
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement  
Ontario Health and Physical Education Curriculum Support: Grade 2

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**GLO 2: Fitness Management Knowledge  
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Ontario Health and Physical Education Curriculum  
Support: Grade 4  
Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
Support: Grade 8  
Ontario Health and Physical Education Curriculum  
Support: Grade 9-10 Supplement  
Ontario Health and Physical Education Curriculum  
Support: Kindergarten  
PE-4-ME: Teaching Lifelong Health and Fitness  
Personal Fitness: Looking Good—Feeling Good  
(Student Edition)  
Personal Fitness: Looking Good—Feeling Good:  
Teacher Edition  
Personal Fitness: Looking Good—Feeling Good:  
Transparencies  
Planet Health: An Interdisciplinary Curriculum for  
Teaching Middle School Nutrition and  
Physical Activity  
Physical Education for Children: Daily Lesson  
Plans for Elementary School  
Physical Education for Children: Daily Lesson  
Plans for Middle School  
Physical Education Methods for Classroom  
Teachers  
Premier's Sport Award Program: Badminton:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Basketball:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Curling:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Disc Sports:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Field Hockey:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Golf: Teaching  
the Basics Resource Manual  
Premier's Sport Award Program: Gymnastics:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Ice Skating:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Orienteering:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Soccer:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Softball:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Track and Field:  
Teaching the Basics Resource Manual  
Premier's Sport Award Program: Volleyball:  
Teaching the Basics Resource Manual  
Quality Lesson Plans for Secondary Physical  
Education (includes CD-ROM)  
Sports in Action: Baseball in Action  
Sports in Action: Basketball in Action  
Sports in Action: Hockey in Action  
Sports in Action: Soccer in Action  
Sports in Action: Volleyball in Action  
Strategies for Inclusion: A Handbook for Physical  
Educators  
Strengthening Your Physical Education Program  
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Activities (Grades 6-12)  
Teaching Children Physical Education: Becoming  
a Master Teacher (includes CD-ROM with  
video clips)  
Teaching Middle School Physical Education: A  
Standards-Based Approach for Grades 5-8  
Walking Games and Activities  
Warming Up and Cooling Down: Practical Ideas  
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Experience

**GLO 2: Fitness Management Skills**

Adapted Physical Education and Sport  
Assessment Strategies for Elementary Physical  
Education  
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Bonnie's Fitware Task Cards: Ball Exercises  
Bonnie's Fitware Task Cards: Band-Based  
Exercises  
Bonnie's Fitware Task Cards: Bone Task Cards  
Bonnie's Fitware Task Cards: Fitness Task Cards  
Bonnie's Fitware Task Cards: Fitness Task Cards:  
Module 2: Muscle Game  
Bonnie's Fitware Task Cards: Fitness Task Cards:  
Module 4: Partner Strength Activities  
Bonnie's Fitware Task Cards: Fitness Task Cards:  
Module 5: Weight Training  
Bonnie's Fitware Task Cards: Individual Stunts  
Bonnie's Fitware Task Cards: Long Rope Task  
Cards  
Bonnie's Fitware Task Cards: Short Rope Task  
Cards  
Bonnie's Fitware Task Cards: Swimming Task  
Cards

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## **GLO 2: Fitness Management Skills (continued)**

Children Moving: A Reflective Approach to Teaching Physical Education

Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)

Cooperative Learning in Physical Education

Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)

Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)

Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)

Exercise Science: Studying Human Movement and Health: Teacher's Guide

FitFocus: Health and Physical Activity Analysis Software

Fitness Education for Children: A Team Approach FITNESSGRAM® 6.0 Test Kit

Game Skills: A Fun Approach to Learning Sport Skills

It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life

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Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness

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Personal Fitness: Looking Good—Feeling Good: Teacher Edition

Personal Fitness: Looking Good—Feeling Good: Transparencies

Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development

Physical Education for Children: Daily Lesson Plans for Elementary School

Physical Education for Children: Daily Lesson Plans for Middle School

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Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity

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Premier's Sport Award Program: Basketball: Teaching the Basics Resource Manual

Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual

Premier's Sport Award Program: Disc Sports: Teaching the Basics Resource Manual

Premier's Sport Award Program: Field Hockey: Teaching the Basics Resource Manual

Premier's Sport Award Program: Golf: Teaching the Basics Resource Manual

Premier's Sport Award Program: Gymnastics: Teaching the Basics Resource Manual

Premier's Sport Award Program: Ice Skating: Teaching the Basics Resource Manual

Premier's Sport Award Program: Orienteering: Teaching the Basics Resource Manual

Premier's Sport Award Program: Soccer: Teaching the Basics Resource Manual

Premier's Sport Award Program: Softball: Teaching the Basics Resource Manual

Premier's Sport Award Program: Track and Field: Teaching the Basics Resource Manual

Premier's Sport Award Program: Volleyball: Teaching the Basics Resource Manual

Quality Lesson Plans for Secondary Physical Education (includes CD-ROM)

Run, Jump, Throw...and Away We Go!

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## **GLO 2: Fitness Management Skills (continued)**

Strategies for Inclusion: A Handbook for Physical Educators  
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)  
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)  
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8  
Walking Games and Activities  
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience

## **GLO 3: Physical Activity Risk Management**

Adapted Physical Education and Sport  
Children Moving: A Reflective Approach to Teaching Physical Education  
Chuck in the City  
Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)  
First Aid: First on the Scene: The Complete Guide to First Aid and CPR  
FITNESSGRAM® 6.0 Test Kit  
Franklin's Bicycle Helmet  
Game On!  
Game Skills: A Fun Approach to Learning Sport Skills  
Kids on the Ball: Using Swiss Balls in a Complete Fitness Program  
Movement ABCs: An Inclusive Guide to Stimulating Language Development  
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Ontario Health and Physical Education Curriculum Support: Grade 8  
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement  
Ontario Health and Physical Education Curriculum Support: Kindergarten  
PE-4-ME: Teaching Lifelong Health and Fitness  
Personal Fitness: Looking Good—Feeling Good (Student Edition)  
Personal Fitness: Looking Good—Feeling Good: Teacher Edition  
Personal Fitness: Looking Good—Feeling Good: Transparencies  
Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development  
Physical Education for Children: Daily Lesson Plans for Elementary School  
Premier's Sport Award Program: Badminton: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Basketball: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Disc Sports: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Field Hockey: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Golf: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Gymnastics: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Ice Skating: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Orienteering: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Soccer: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Softball: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Track and Field: Teaching the Basics Resource Manual  
Quality Lesson Plans for Secondary Physical Education (includes CD-ROM)  
Run, Jump, Throw...and Away We Go!  
Sport Progressions  
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)  
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)  
Teaching FUNdamental Gymnastics Skills

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**GLO 3: Physical Activity Risk Management (continued)**

Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8  
Teaching Rhythmic Gymnastics: A Developmentally Appropriate Approach  
Walking Games and Activities  
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience  
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide  
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide  
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide  
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide  
Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)  
Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 3 - 4  
Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 5 - 6

**GLO 3: Safety of Self and Others**

Adapted Physical Education and Sport  
Bonnie's Fitware Task Cards: Ball Exercises  
Bonnie's Fitware Task Cards: High School Standards-Based Golf Unit  
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 5 (CD-ROM)  
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 6 (CD-ROM)  
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 8 (CD-ROM)  
Children Moving: A Reflective Approach to Teaching Physical Education  
Chuck in the City

Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)  
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)  
Exercise Science: Studying Human Movement and Health: Teacher's Guide  
First Aid: First on the Scene: The Complete Guide to First Aid and CPR  
First Aid: Pocket Guide to Emergency First Aid  
Franklin's Bicycle Helmet  
Game On!  
Ontario Health and Physical Education Curriculum Support: Grade 1  
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement  
Ontario Health and Physical Education Curriculum Support: Grade 2  
Ontario Health and Physical Education Curriculum Support: Grade 3  
Ontario Health and Physical Education Curriculum Support: Grade 4  
Ontario Health and Physical Education Curriculum Support: Grade 5  
Ontario Health and Physical Education Curriculum Support: Grade 6  
Ontario Health and Physical Education Curriculum Support: Grade 7  
Ontario Health and Physical Education Curriculum Support: Grade 8  
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement  
Ontario Health and Physical Education Curriculum Support: Kindergarten  
PE-4-ME: Teaching Lifelong Health and Fitness  
Physical Education for Children: Daily Lesson Plans for Elementary School  
Run, Jump, Throw...and Away We Go!  
Sport Progressions  
Sports in Action: Baseball in Action  
Sports in Action: Basketball in Action  
Sports in Action: Hockey in Action  
Sports in Action: Soccer in Action  
Sports in Action: Volleyball in Action  
Teaching FUNdamental Gymnastics Skills  
Walking Games and Activities  
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience  
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide

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**GLO 3: Safety of Self and Others (continued)**

Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide

Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide

Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide

Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)

Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 3 - 4

Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 5 - 6

**GLO 4: Mental-Emotional Development**

Adapted Physical Education and Sport

Amazing Women Athletes

Assessment Strategies for Elementary Physical Education

Ballerinas Don't Wear Glasses

Best New Games

Bobbie Rosenfeld: The Olympian Who Could Do Everything

Chuck in the City

Cooperative Learning in Physical Education

Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)

Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)

Exercise Science: Studying Human Movement and Health: Teacher's Guide

Franklin Forgets

Franklin's Bicycle Helmet

Let the Games Begin!

Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement

Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement

PE-4-ME: Teaching Lifelong Health and Fitness

Personal Fitness: Looking Good—Feeling Good (Student Edition)

Personal Fitness: Looking Good—Feeling Good: Teacher Edition

Personal Fitness: Looking Good—Feeling Good: Transparencies

Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development

Physical Education for Children: Daily Lesson Plans for Elementary School

Special Needs Science: Understanding Differences

Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)

Treasure for Lunch

Walking Games and Activities

Zachary's Ball

**GLO 4: Personal and Social Management Skills**

Adapted Physical Education and Sport  
Assessment Strategies for Elementary Physical Education

Ballerinas Don't Wear Glasses

Best New Games

Bonnie's Fitware Task Cards: High School Standards-Based Golf Unit

Bonnie's Fitware Task Cards: Problem Solving Activities

Changing Kids' Games

Chuck in the City

Cooperative Learning in Physical Education

Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)

Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)

Exercise Science: Studying Human Movement and Health: Teacher's Guide

FitFocus: Health and Physical Activity Analysis Software

Fitness Education for Children: A Team Approach

FITNESSGRAM® 6.0 Test Kit

Franklin Forgets

Franklin's Bicycle Helmet

Let the Games Begin!

Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness

Moving with a Purpose: Developing Programs for Preschoolers of All Abilities

Multicultural Games

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**GLO 4: Personal and Social Management Skills (continued)**

Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement  
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement  
PE-4-ME: Teaching Lifelong Health and Fitness  
Personal Fitness: Looking Good—Feeling Good (Student Edition)  
Personal Fitness: Looking Good—Feeling Good: Teacher Edition  
Personal Fitness: Looking Good—Feeling Good: Transparencies  
Physical Education for Children: Daily Lesson Plans for Elementary School  
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity  
Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Disc Sports: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Field Hockey: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Golf: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Gymnastics: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Ice Skating: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Orienteering: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Soccer: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Softball: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Track and Field: Teaching the Basics Resource Manual  
Premier's Sport Award Program: Volleyball: Teaching the Basics Resource Manual  
Special Needs Science: Understanding Differences  
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)  
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)  
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8  
Treasure for Lunch  
Walking Games and Activities

**GLO 4: Personal Development**

Adapted Physical Education and Sport  
Amazing Women Athletes  
Assessment Strategies for Elementary Physical Education  
Ballerinas Don't Wear Glasses  
Best New Games  
Bobbie Rosenfeld: The Olympian Who Could Do Everything  
Bonnie's Fitware Task Cards: Problem Solving Activities  
Changing Kids' Games  
Chuck in the City  
Cooperative Learning in Physical Education  
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)  
Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)  
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)  
Exercise Science: Studying Human Movement and Health: Teacher's Guide  
FITNESSGRAM® 6.0 Test Kit  
Franklin Forgets  
Franklin's Bicycle Helmet  
Game Skills: A Fun Approach to Learning Sport Skills  
Let the Games Begin!  
Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness  
Moving with a Purpose: Developing Programs for Preschoolers of All Abilities  
Multicultural Games  
Ontario Health and Physical Education Curriculum Support: Grade 1  
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement  
Ontario Health and Physical Education Curriculum Support: Grade 2  
Ontario Health and Physical Education Curriculum Support: Grade 3  
Ontario Health and Physical Education Curriculum Support: Grade 4  
Ontario Health and Physical Education Curriculum Support: Grade 5  
Ontario Health and Physical Education Curriculum Support: Grade 6

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## **GLO 4: Personal Development (continued)**

Ontario Health and Physical Education Curriculum  
Support: Grade 7

Ontario Health and Physical Education Curriculum  
Support: Grade 8

Ontario Health and Physical Education Curriculum  
Support: Kindergarten

PE-4-ME: Teaching Lifelong Health and Fitness  
Personal Fitness: Looking Good—Feeling Good  
(Student Edition)

Personal Fitness: Looking Good—Feeling Good:  
Teacher Edition

Personal Fitness: Looking Good—Feeling Good:  
Transparencies

Physical Activities for Improving Children's  
Learning and Behavior: A Guide to Sensory  
Motor Development

Physical Education for Children: Daily Lesson  
Plans for Elementary School

Premier's Sport Award Program: Badminton:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Basketball:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Curling:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Disc Sports:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Field Hockey:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Golf: Teaching  
the Basics Resource Manual

Premier's Sport Award Program: Gymnastics:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Ice Skating:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Orienteering:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Soccer:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Softball:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Track and Field:  
Teaching the Basics Resource Manual

Premier's Sport Award Program: Volleyball:  
Teaching the Basics Resource Manual

Strengthening Your Physical Education Program  
with Innovative Fitness Strategies and  
Activities (Grades 6-12)

Teaching Children Physical Education: Becoming  
a Master Teacher (includes CD-ROM with  
video clips)

Teaching Middle School Physical Education: A  
Standards-Based Approach for Grades 5-8

Treasure for Lunch

Walking Games and Activities

Zachary's Ball

## **GLO 4: Social Development**

Adapted Physical Education and Sport

Amazing Women Athletes

Assessment Strategies for Elementary Physical  
Education

Ballerinas Don't Wear Glasses

Best New Games

Bobbie Rosenfeld: The Olympian Who Could Do  
Everything

Bonnie's Fitware Task Cards: Problem Solving  
Activities

Changing Kids' Games

Chuck in the City

Cooperative Learning in Physical Education

Franklin Forgets

Franklin's Bicycle Helmet

Let the Games Begin!

Moving with a Purpose: Developing Programs for  
Preschoolers of All Abilities

Multicultural Folk Dance Treasure Chest

Multicultural Games

Ontario Health and Physical Education Curriculum  
Support: Grade 1

Ontario Health and Physical Education Curriculum  
Support: Grade 10 Supplement

Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
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Ontario Health and Physical Education Curriculum  
Support: Grade 7

Ontario Health and Physical Education Curriculum  
Support: Grade 8

Ontario Health and Physical Education Curriculum  
Support: Grade 9-10 Supplement

Ontario Health and Physical Education Curriculum  
Support: Kindergarten

PE-4-ME: Teaching Lifelong Health and Fitness

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#### **GLO 4: Social Development (continued)**

Personal Fitness: Looking Good—Feeling Good (Student Edition)  
Personal Fitness: Looking Good—Feeling Good: Teacher Edition  
Personal Fitness: Looking Good—Feeling Good: Transparencies  
Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development  
Physical Education for Children: Daily Lesson Plans for Elementary School  
Special Needs Science: Understanding Differences  
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)  
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8  
Treasure for Lunch  
Zachary's Ball

#### **GLO 5: Active Living**

Children Moving: A Reflective Approach to Teaching Physical Education  
Cooperative Learning in Physical Education  
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)  
Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)  
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)  
Exercise Science: Studying Human Movement and Health: Teacher's Guide  
FitFocus: Health and Physical Activity Analysis Software  
FITNESSGRAM® 6.0 Test Kit  
Let the Games Begin!  
Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness  
Multicultural Games  
Ontario Health and Physical Education Curriculum Support: Grade 1  
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement

Ontario Health and Physical Education Curriculum Support: Grade 2  
Ontario Health and Physical Education Curriculum Support: Grade 3  
Ontario Health and Physical Education Curriculum Support: Grade 4  
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement  
Ontario Health and Physical Education Curriculum Support: Kindergarten  
PE-4-ME: Teaching Lifelong Health and Fitness  
Personal Fitness: Looking Good—Feeling Good (Student Edition)  
Personal Fitness: Looking Good—Feeling Good: Teacher Edition  
Personal Fitness: Looking Good—Feeling Good: Transparencies  
Physical Education for Children: Daily Lesson Plans for Elementary School  
Physical Education for Children: Daily Lesson Plans for Middle School  
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity  
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)  
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)  
Walking Games and Activities  
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience

#### **GLO 5: Human Sexuality**

Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement  
Ontario Health and Physical Education Curriculum Support: Grade 5  
Ontario Health and Physical Education Curriculum Support: Grade 6  
Ontario Health and Physical Education Curriculum Support: Grade 7  
Ontario Health and Physical Education Curriculum Support: Grade 8  
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement

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## **GLO 5: Nutrition**

Bonnie's Fitware Task Cards: Food Card Challenge  
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)  
Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)  
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)  
Exercise Science: Studying Human Movement and Health: Teacher's Guide  
Ontario Health and Physical Education Curriculum Support: Grade 1  
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement  
Ontario Health and Physical Education Curriculum Support: Grade 2  
Ontario Health and Physical Education Curriculum Support: Grade 3  
Ontario Health and Physical Education Curriculum Support: Grade 4  
Ontario Health and Physical Education Curriculum Support: Grade 5  
Ontario Health and Physical Education Curriculum Support: Grade 6  
Ontario Health and Physical Education Curriculum Support: Grade 7  
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement  
Ontario Health and Physical Education Curriculum Support: Kindergarten  
PE-4-ME: Teaching Lifelong Health and Fitness  
Personal Fitness: Looking Good—Feeling Good (Student Edition)  
Personal Fitness: Looking Good—Feeling Good: Teacher Edition  
Personal Fitness: Looking Good—Feeling Good: Transparencies  
Physical Education for Children: Daily Lesson Plans for Elementary School  
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity  
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)  
Treasure for Lunch

## **GLO 5: Personal Health Practices**

Children Moving: A Reflective Approach to Teaching Physical Education  
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)  
FitFocus: Health and Physical Activity Analysis Software  
Franklin's Bicycle Helmet  
Let the Games Begin!  
Ontario Health and Physical Education Curriculum Support: Grade 1  
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement  
Ontario Health and Physical Education Curriculum Support: Grade 2  
Ontario Health and Physical Education Curriculum Support: Grade 3  
Ontario Health and Physical Education Curriculum Support: Grade 4  
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement  
Ontario Health and Physical Education Curriculum Support: Kindergarten  
Personal Fitness: Looking Good—Feeling Good (Student Edition)  
Personal Fitness: Looking Good—Feeling Good: Teacher Edition  
Personal Fitness: Looking Good—Feeling Good: Transparencies  
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity  
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)  
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)  
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8  
Walking Games and Activities  
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience

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## **GLO 5: Substance Use and Abuse Prevention**

Exercise Science: Foundations of Exercise  
Science: Studying Human Movement and  
Health (Student Edition)

Exercise Science: Studying Human Movement  
and Health: Graphic Package (CD-ROM)

Exercise Science: Studying Human Movement  
and Health: Teacher's Guide

Ontario Health and Physical Education Curriculum  
Support: Grade 1

Ontario Health and Physical Education Curriculum  
Support: Grade 10 Supplement

Ontario Health and Physical Education Curriculum  
Support: Grade 2

Ontario Health and Physical Education Curriculum  
Support: Grade 3

Ontario Health and Physical Education Curriculum  
Support: Grade 4

Ontario Health and Physical Education Curriculum  
Support: Grade 5

Ontario Health and Physical Education Curriculum  
Support: Grade 6

Ontario Health and Physical Education Curriculum  
Support: Grade 7

Ontario Health and Physical Education Curriculum  
Support: Grade 8

Ontario Health and Physical Education Curriculum  
Support: Grade 9-10 Supplement

Ontario Health and Physical Education Curriculum  
Support: Kindergarten

PE-4-ME: Teaching Lifelong Health and Fitness

Physical Education for Children: Daily Lesson  
Plans for Elementary School