
Physical Education Resources: Kindergarten to Senior 2

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CD-ROM

Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 5 (CD-ROM)
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 6 (CD-ROM)
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 8 (CD-ROM)
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)

Computer Software

FitFocus: Health and Physical Activity Analysis Software

Flash Card

Bonnie's Fitware Task Cards
Bonnie's Fitware Task Cards: Ball Exercises
Bonnie's Fitware Task Cards: Band-Based Exercises
Bonnie's Fitware Task Cards: Basic Skills Task Cards
Bonnie's Fitware Task Cards: Bone Task Cards
Bonnie's Fitware Task Cards: Elementary Ball Handling
Bonnie's Fitware Task Cards: Fitness Task Cards
Bonnie's Fitware Task Cards: Fitness Task Cards: Module 2: Muscle Game
Bonnie's Fitware Task Cards: Fitness Task Cards: Module 4: Partner Strength Activities
Bonnie's Fitware Task Cards: Fitness Task Cards: Module 5: Weight Training
Bonnie's Fitware Task Cards: Food Card Challenge
Bonnie's Fitware Task Cards: High School Standards-Based Golf Unit
Bonnie's Fitware Task Cards: Individual Stunts
Bonnie's Fitware Task Cards: Long Rope Task Cards
Bonnie's Fitware Task Cards: Problem Solving Activities

Bonnie's Fitware Task Cards: Short Rope Task Cards
Bonnie's Fitware Task Cards: Swimming Task Cards

Kit

FITNESSGRAM® 6.0 Test Kit

Print-Integrated Resource (Multi-Component)

Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)
Exercise Science: Studying Human Movement and Health: Teacher's Guide
Personal Fitness: Looking Good—Feeling Good (Student Edition)
Personal Fitness: Looking Good—Feeling Good: Teacher Edition
Personal Fitness: Looking Good—Feeling Good: Transparencies
Whether in, on, or around Water: Safety before Fun Series
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)
Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 3 - 4
Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 5 - 6

Print-Non-Fiction

- Adapted Physical Education and Sport
Amazing Women Athletes
Assessment Strategies for Elementary Physical Education
Best New Games
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Building More Dances: Blueprints for Putting Movements Together
Changing Kids' Games
Character Education: 43 Fitness Activities for Community Building
Children Moving: A Reflective Approach to Teaching Physical Education
Co-Ed Recreational Games
Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)
Cooperative Learning in Physical Education
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)
First Aid: First on the Scene: The Complete Guide to First Aid and CPR
First Aid: Pocket Guide to Emergency First Aid
Fitness Education for Children: A Team Approach
Game On!
Game Skills: A Fun Approach to Learning Sport Skills
High School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life
Juggling: From Start to Star
KIDnastics®: A Child-Centered Approach to Teaching
Kids on the Ball: Using Swiss Balls in a Complete Fitness Program
Kinetic Anatomy
Learning by Choice in Secondary Physical Education: Creating a Goal-Directed Program
Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
Movement ABCs: An Inclusive Guide to Stimulating Language Development
Moving with a Purpose: Developing Programs for Preschoolers of All Abilities
Multicultural Folk Dance Treasure Chest
Multicultural Games
On Handling a Ball with a Racquet...In the Game of Tennis
Ontario Health and Physical Education Curriculum Support: Grade 1
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement
Ontario Health and Physical Education Curriculum Support: Grade 3
Ontario Health and Physical Education Curriculum Support: Grade 4
Ontario Health and Physical Education Curriculum Support: Grade 5
Ontario Health and Physical Education Curriculum Support: Grade 6
Ontario Health and Physical Education Curriculum Support: Grade 7
Ontario Health and Physical Education Curriculum Support: Grade 8
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement
Ontario Health and Physical Education Curriculum Support: Kindergarten
PE-4-ME: Teaching Lifelong Health and Fitness
Pedometer Power: 67 Lessons for K-12
Performance-Based Assessment for Middle and High School Physical Education
Perpetual Motion: Creative Movement Exercises for Dance and Dramatic Arts
Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development
Physical Education for Children: Daily Lesson Plans for Elementary School
Physical Education for Children: Daily Lesson Plans for Middle School
Physical Education Methods for Classroom Teachers
Physical Education Methods for Elementary Teachers
Physical Education Tips from the Trenches
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity
Play Practice: The Games Approach to Teaching and Coaching Sports
Premier's Sport Award Program
Premier's Sport Award Program: Badminton: Teaching the Basics Resource Manual
Premier's Sport Award Program: Basketball: Teaching the Basics Resource Manual
Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual

Print-Non-Fiction (continued)

Premier's Sport Award Program: Disc Sports:
Teaching the Basics Resource Manual

Premier's Sport Award Program: Field Hockey:
Teaching the Basics Resource Manual

Premier's Sport Award Program: Golf: Teaching
the Basics Resource Manual

Premier's Sport Award Program: Gymnastics:
Teaching the Basics Resource Manual

Premier's Sport Award Program: Ice Skating:
Teaching the Basics Resource Manual

Premier's Sport Award Program: Orienteering:
Teaching the Basics Resource Manual

Premier's Sport Award Program: Soccer:
Teaching the Basics Resource Manual

Premier's Sport Award Program: Softball:
Teaching the Basics Resource Manual

Premier's Sport Award Program: Track and Field:
Teaching the Basics Resource Manual

Premier's Sport Award Program: Volleyball:
Teaching the Basics Resource Manual

Quality Lesson Plans for Secondary Physical
Education (includes CD-ROM)

Run, Jump, Throw...and Away We Go!

Special Needs Science: Understanding
Differences

Sport Progressions

Sports in Action: Baseball in Action

Sports in Action: Basketball in Action

Sports in Action: Hockey in Action

Sports in Action: Soccer in Action

Sports in Action: Volleyball in Action

Step Lively

Step Lively 2: Canadian Dance Favourites
(includes CD)

Step Lively: Dances for Schools and Families
(includes CD)

Strategies for Inclusion: A Handbook for Physical
Educators

Strengthening Your Physical Education Program
with Innovative Fitness Strategies and
Activities (Grades 6-12)

Teaching Children Physical Education: Becoming
a Master Teacher (includes CD-ROM with
video clips)

Teaching FUNdamental Gymnastics Skills

Teaching Middle School Physical Education: A
Standards-Based Approach for Grades 5-8

Teaching Rhythmic Gymnastics: A
Developmentally Appropriate Approach

Teaching Sport Concepts and Skills: A Tactical
Games Approach

Walking Games and Activities
Warming Up and Cooling Down: Practical Ideas
for Ensuring a Fun and Beneficial Exercise
Experience

Print-Picture Book

Ballerinas Don't Wear Glasses

Chuck in the City

Franklin Forgets

Franklin's Bicycle Helmet

Let the Games Begin!

Ontario Health and Physical Education Curriculum
Support: Grade 2

Treasure for Lunch

Zachary's Ball