



NEW EDITIONS/NEW COMPONENTS  
FOR PREVIOUS RECOMMENDED  
RESOURCES: 2015 PHYSICAL  
EDUCATION/HEALTH EDUCATION NEW  
EDITION

A Reference for Selecting Learning  
Resources

Manitoba Education and Advanced Learning Cataloguing in Publication Data

New editions/new components for previous recommended resources  
[electronic resource] : 2015 physical education/health education  
new edition : a reference for selecting learning resources  
(April 2015)

ISBN: 978-0-7711-6073-8

1. Physical education and training—Study and teaching  
—Bibliography—Catalogs.
  2. Physical education and training—Study and teaching  
—Manitoba—Bibliography—Catalogs.
  3. Physical education and training—Textbooks—Bibliography  
—Catalogs.
  4. Health education—Bibliography—Catalogs.
  5. Health education—Manitoba—Bibliography  
—Catalogs.
  6. Health—Textbooks—Bibliography—Catalogs.
- I. Manitoba. Manitoba Education and Advanced Learning.  
016.613071

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Manitoba Education and Advanced Learning  
School Programs Division  
Winnipeg, Manitoba, Canada

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omissions will be corrected in a future edition.

Any websites referenced in this document are subject to change without  
notice. Educators are advised to preview and evaluate websites and online  
resources before recommending them for student use.

This resource is available on the Manitoba Education and Advanced Learning  
website at <[www.edu.gov.mb.ca/k12/learnres/bibliographies.html](http://www.edu.gov.mb.ca/k12/learnres/bibliographies.html)>.

## ACKNOWLEDGEMENTS

Manitoba Education and Advanced Learning acknowledges the individuals involved in the review and selection of learning resources to support provincial curriculum implementation. Appreciation is also extended to school divisions within Manitoba that support teachers' participation in the review. Finally, publishers, producers, and distributors are thanked for their submission of learning resources for consideration.

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# INTRODUCTION

## Reference for Selecting Learning Resources

*NEW EDITIONS/NEW COMPONENTS FOR PREVIOUS RECOMMENDED RESOURCES: 2015 PHYSICAL EDUCATION/HEALTH EDUCATION NEW EDITION* is a reference tool provided by Manitoba and Advanced Learning to help educators select student and teacher learning resources to support the curriculum. Recommended learning resources may be purchased through the Manitoba Text Book Bureau (MTBB), and many of the titles may be borrowed from the Department's Instructional Resources Unit (Library).

The bibliography is arranged alphabetically by title, followed with indexes. The indexes may include audience, (for example, resource for teachers or resource for students), grade, distributor, category (for example, depth resource), and suggested use.

## Learning Resources Reviews

Publishers submit resources for review in response to the Department's request for new learning resources to support provincial curricula. Teachers, nominated by superintendents of school divisions, are selected as teacher-evaluators. Using a collaborative review process, the teacher-evaluators examine the materials according to the resource-selection criteria to make recommendations regarding the suitability of the resources for Manitoba students and teachers.

## Resource Selection Criteria

Learning resources are selected based on the basis of their fidelity with the rationale, philosophy, processes, and learning outcomes identified in each curriculum. Four evaluation criteria are used in selecting learning resources:

- **Curriculum Fit/Content/Philosophy:** the degree to which the content and processes of the resource align with the curriculum, thus providing support for curriculum implementation.
- **Instructional Design:** the degree to which the resource provides for multiple approaches to learning, has a wide range of use, is current, and reflects current pedagogical theory and practice.
- **Social Considerations:** the degree to which the resource is free of bias and stereotyping. The resource is examined for Canadian content, the use of culturally diverse examples, and accurate portrayal of First Nations, Inuit, and Métis peoples. Cautionary notes are added to alert teachers to potentially sensitive curriculum-fit issues or potential community concerns related to the resource.
- **Technical Design:** the degree to which the resource is visually appealing and has a logical and consistent form.

When selecting learning and teaching resources, teachers should consider how the resources meet the learning requirements of students, the perspectives of the student population, and local decisions related to the delivery of potentially sensitive content.

## Terms and Definitions

The following terms and definitions are used to describe the learning resources:

- **Breadth:** identifies learning resources that address a wide range of student learning outcomes for a particular grade.
- **Depth:** identifies learning resources that provide effective learning experiences in greater detail for a narrower grouping of student learning outcomes.
- **Breadth and Depth:** identifies comprehensive learning resources that provide both breadth and depth dimensions for an extensive grouping of student learning outcomes.
- **Teacher Reference:** identifies resources that assist teachers in implementing the curriculum, including background information for teacher use; may identify teaching suggestions and learning activities.
- **Teacher Guide:** identifies a separate guide for teachers or a teacher's edition of a **Student Text**.

## Purchase of Learning Resources

The learning resources described in the bibliography are available for purchase through the *Manitoba Text Book Bureau Catalogue of Learning Resources*. For information or assistance regarding the purchase of learning resources, contact:

### The Manitoba Text Book Bureau (MTBB)

Box 910

Souris, MB R0K 2C0

Toll free: 866-771-6822 (Manitoba and Saskatchewan)

Telephone: 204-483-5040

Fax: 204-483-5041

Email: [mtbb@gov.mb.ca](mailto:mtbb@gov.mb.ca)

Online catalogue: <<http://www.mtbb.mb.ca>>

## Borrowing Recommended Learning Resources

Most of the learning resources listed in the bibliographies are available to Manitoba educators through the Manitoba Education Library, located at 1181 Portage Avenue in Winnipeg.

The Education Library ships materials province-wide.

Search for recommended learning resources in the Education Library's online catalogue:

<http://library.edu.gov.mb.ca>

To learn more about the Education Library's services, visit the home page:

<http://www.edu.gov.mb.ca/k12/mel>

### **Contact Information:**

For registration questions or information about your account, please contact:

**204-945-5371**

Toll Free: 1-800-592-7330

[irucirc@gov.mb.ca](mailto:irucirc@gov.mb.ca)

For help with searching or selecting Library materials, please contact:

**204-945-7830**

Toll Free: 1-800-282-8069 x.7830

[iruref@gov.mb.ca](mailto:iruref@gov.mb.ca)



## TITLES & DESCRIPTIONS



## Kids in the Know Kit

**Author(s):** The Canadian Centre for Child Protection  
**Year:** 2014  
**Pagination:** unpaginated  
**Format:** Kit

**Audience:** Student, Teacher  
**Suggested Use(s):** Social Studies, Physical Education, Health Education

**Publisher:** The Canadian Centre for Child Protection

**Date Recommended:** February 26, 2015

### *Subject/Grade*

	K	1	2	3	4	5	6	7	8	9	10	11	12
Health	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			
Physical Education	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			

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The Kids in the Know resource is an interactive safety education program that is closely aligned with Manitoba Physical Education/Health Education Curriculum, and aims to empower children and youth in reducing their risk of victimization. Through a series of grade level booklets from K-9 and colourful support materials, educators can benefit from numerous lessons and communications strategies to facilitate student knowledge and skill acquisition around personal safety.

This resource is available in French or English.

### Cautionary Notes:

Contains sensitive content related to the topic of sexual exploitation, abuse and personal safety. Communication tools (i.e. letters to parents) are included with each grade level booklet.

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# A U D I E N C E

## **Student**

Kids in the Know Kit

## **Teacher**

Kids in the Know Kit

# GRADE

## **Kindergarten**

Kids in the Know Kit

## **Grade 1**

Kids in the Know Kit

## **Grade 2**

Kids in the Know Kit

## **Grade 3**

Kids in the Know Kit

## **Grade 4**

Kids in the Know Kit

## **Grade 5**

Kids in the Know Kit

## **Grade 6**

Kids in the Know Kit

## **Grade 7**

Kids in the Know Kit

## **Grade 8**

Kids in the Know Kit

## **Grade 9**

Kids in the Know Kit

# SUGGESTED USE

## **Health Education**

Kids in the Know Kit

## **Physical Education**

Kids in the Know Kit

## **Social Studies**

Kids in the Know Kit

## D I S T R I B U T O R   D I R E C T O R Y

### ***MTBB The Manitoba Text Book Bureau***

Box 910

Souris, MB R0K 2C0

Toll free: 866-771-6822 (Manitoba and Saskatchewan)

Telephone: 204-483-5040

Fax: 204-483-5041

Email: [mtbb@gov.mb.ca](mailto:mtbb@gov.mb.ca)

Online catalogue: <http://www.mtbb.mb.ca>

### ***The Canadian Centre for Child Protection***

Kids in the Know

615 Academy Road

Winnipeg MB R3N 0E7

Phone: (204) 945-5735

[www.protectchildren.ca](http://www.protectchildren.ca)