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# Health Education Resources: Kindergarten to Senior 2

## Index of Titles by: Format

### CD-ROM

Chlamydia  
Exercise Science: Studying Human Movement  
and Health: Graphic Package (CD-ROM)  
Why Smoking Kills

### Computer Software

FitFocus: Health and Physical Activity Analysis  
Software  
FoodFocus: Nutrition Analysis Software  
FoodFocus: Nutrition Analysis Software (Student  
Edition)  
FoodFocus: Nutrition Analysis Software (Teacher  
Edition)

### Flash Card

Bonnie's Fitware Task Cards: Food Card  
Challenge

### Game

The Esteem Theme Game

### Internet Site

Your Life: Your Choice: An Educational Resource  
for Teaching Young Teens about Alcohol

### Kit

The c.a.r.e. Kit (Challenge Abuse through  
Respect Education)  
Drug-Affected Demonstrator  
FITNESSGRAM® 6.0 Test Kit  
Health Promotion Wave Grade 1  
NICOteen™ Program (A Smoking Prevention  
Program)

### Print-Integrated Resource (Multi-Component)

Citizenship and Personal, Social and Health  
Education  
Citizenship and Personal, Social and Health  
Education Book 1 (Pupil Book - Grade 2)  
Citizenship and Personal, Social and Health  
Education Book 2 (Pupil Book - Grade 3)  
Citizenship and Personal, Social and Health  
Education Book 3 (Pupil Book - Grade 4)  
Citizenship and Personal, Social and Health  
Education Book 4 (Pupil Book - Grade 5)  
Citizenship and Personal, Social and Health  
Education Teachers' Resource Book 1 (Grade  
2)  
Citizenship and Personal, Social and Health  
Education Teachers' Resource Book 2 (Grade  
3)  
Citizenship and Personal, Social and Health  
Education Teachers' Resource Book 3 (Grade  
4)  
Citizenship and Personal, Social and Health  
Education Teachers' Resource Book 4 (Grade  
5)  
Discover Health Series  
Discover Health Series: Discover Health (set of 8  
audiotapes)  
Discover Health Series: Discover Health Student  
Book  
Discover Health Series: Discover Health  
Teacher's Edition  
Discover Health Series: Teacher's Resource  
Library (CD-ROM)  
Exercise Science: Foundations of Exercise  
Science: Studying Human Movement and  
Health (Student Edition)  
Exercise Science: Studying Human Movement  
and Health  
Exercise Science: Studying Human Movement  
and Health: Teacher's Guide  
Glencoe Health  
Glencoe Health (Student Text)  
Glencoe Health Teacher's Resource Binder  
Health for Life 1  
Health for Life 1 (Student Edition)  
Health for Life 1 Teacher's Resource (includes  
CD-ROM)

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**Print-Integrated Resource (Multi-Component)  
(continued)**

Lifechoices

Lifechoices: Healthy and Well: Student Book

Lifechoices: Healthy and Well: Teacher Resource

Lifechoices: Relationships: Student Book

Lifechoices: Relationships: Teacher Resource

McGraw-Hill Health Series

McGraw-Hill Health Series: McGraw-Hill Health  
Kindergarten. Big Book

McGraw-Hill Health Series: McGraw-Hill Health  
Kindergarten. Teacher Health Kit

McGraw-Hill Health Series: McGraw-Hill Health  
Kindergarten. Teacher's Edition

McGraw-Hill Health Series: McGraw-Hill Health  
Grade One. Big Book 1

McGraw-Hill Health Series: McGraw-Hill Health  
Grade One. Big Book 2

McGraw-Hill Health Series: McGraw-Hill Health  
Grade One. Student Book

McGraw-Hill Health Series: McGraw-Hill Health  
Grade One. Teacher Health Kit

McGraw-Hill Health Series: McGraw-Hill Health  
Grade One. Teacher's Edition

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Two. Big Book 1

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Two. Big Book 2

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Two. Student Book

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Two. Teacher Health Kit

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Two. Teacher's Edition

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Three. Student Book

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Three. Teacher's Blackline Masters

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Three. Teacher's Edition

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Four. Student Book

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Four. Teacher's Blackline Masters

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Four. Teacher's Edition

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Five. Student Book

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Five. Teacher's Blackline Masters

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Five. Teacher's Edition

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Six. Student Book

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Six. Teacher's Blackline Masters

McGraw-Hill Health Series: McGraw-Hill Health  
Grade Six. Teacher's Edition

McGraw-Hill Ryerson Health Issues

McGraw-Hill Ryerson Health Issues 7 (Student  
Book)

McGraw-Hill Ryerson Health Issues 7: Teacher's  
Resource Guide (includes Blackline Masters  
CD-ROM)

McGraw-Hill Ryerson Health Issues 8 (Student  
Book)

McGraw-Hill Ryerson Health Issues 8: Teacher's  
Resource Guide (includes Blackline Masters  
CD-ROM)

McGraw-Hill Ryerson Health Issues 9 (Student  
Book)

McGraw-Hill Ryerson Health Issues 9: Teacher's  
Resource Guide (includes Blackline Masters  
CD-ROM)

Me, My World, My Future

Me, My World, My Future: Parent Grams

Me, My World, My Future: Student Guide

Me, My World, My Future: Student Workbook

Me, My World, My Future: Student Workbook—  
Teacher's Copy

Me, My World, My Future: Teacher's Manual

Personal Fitness: Looking Good—Feeling Good

Personal Fitness: Looking Good—Feeling Good  
(Student Edition)

Personal Fitness: Looking Good—Feeling Good:  
Teacher Edition

Personal Fitness: Looking Good—Feeling Good:  
Transparencies

Prentice Hall Health: Skills for Wellness

Prentice Hall Health: Skills for Wellness:  
Classroom Manager

Prentice Hall Health: Skills for Wellness: Color  
Transparencies

Prentice Hall Health: Skills for Wellness Student  
Edition

Prentice Hall Health: Skills for Wellness:  
Teacher's Edition

Prentice Hall Health: Skills for Wellness: Teaching  
Resources

Whether in, on, or around Water: Safety before  
Fun Series

Whether in, on, or around Water: Safety before  
Fun Series: Elementary Grade 3 Teaching  
Guide

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**Print-Integrated Resource (Multi-Component)  
(continued)**

Whether in, on, or around Water: Safety before  
Fun Series: Elementary Grade 4 Teaching  
Guide

Whether in, on, or around Water: Safety before  
Fun Series: Elementary Grade 5 Teaching  
Guide

Whether in, on, or around Water: Safety before  
Fun Series: Elementary Grade 6 Teaching  
Guide

Whether in, on, or around Water: Safety before  
Fun Series: Info Marine: Safety before Fun  
(CD-ROM)

Whether in, on, or around Water: Safety before  
Fun Series: Water Smart / Aqua Bon  
Elementary Grades 3 - 4

Whether in, on, or around Water: Safety before  
Fun Series: Water Smart / Aqua Bon  
Elementary Grades 5 – 6

Your Health

Your Health: (Student Book) Grade 1

Your Health: (Student Book) Grade 2

Your Health: (Student Book) Grade 3

Your Health: (Student Book) Grade 4

Your Health: (Student Book) Grade 5

Your Health: (Student Book) Grade 6

Your Health: Assessment Guide Grade 1

Your Health: Assessment Guide Grade 2

Your Health: Assessment Guide Grade 3

Your Health: Assessment Guide Grade 4

Your Health: Assessment Guide Grade 5

Your Health: Assessment Guide Grade 6

Your Health: Big Book Grade 1

Your Health: Big Book Grade 2

Your Health: Big Book Teacher's Guide Grade 1

Your Health: Big Book Teacher's Guide Grade 2

Your Health: Teacher's Edition Grade 1

Your Health: Teacher's Edition Grade 2

Your Health: Teacher's Edition Grade 3

Your Health: Teacher's Edition Grade 4

Your Health: Teacher's Edition Grade 5

Your Health: Teacher's Edition Grade 6

Your Health: Teaching Resources Grade 1

Your Health: Teaching Resources Grade 2

Your Health: Teaching Resources Grade 3

Your Health: Teaching Resources Grade 4

Your Health: Teaching Resources Grade 5

Your Health: Teaching Resources Grade 6

Your Health: Teaching Transparencies with  
Accompanying Copying Masters Grade 1

Your Health: Teaching Transparencies with  
Accompanying Copying Masters Grade 2

Your Health: Teaching Transparencies with  
Accompanying Copying Masters Grade 3

Your Health: Teaching Transparencies with  
Accompanying Copying Masters Grade 4

Your Health: Teaching Transparencies with  
Accompanying Copying Masters Grade 5

Your Health: Teaching Transparencies with  
Accompanying Copying Masters Grade 6

**Print-Non-Fiction**

Acting Peace: A High School Violence Prevention  
Educational Resource and Tool Kit

Adapted Physical Education and Sport

Amazing Women Athletes

The Anger Workout Book for Teens

Beyond the Basics: A Sourcebook on Sexual and  
Reproductive Health Education

Bobbie Rosenfeld: The Olympian Who Could Do  
Everything

A Book about Me: A Fun Way to Learn

A Book about Me: A Fun Way to Learn:  
Curriculum Planner

The Canadian Babysitter's Handbook

Character Education: 43 Fitness Activities for  
Community Building

Choices... F.I.T. (Fostering Independent  
Thinking)—A Substance Abuse Prevention  
Resource for Teachers Grades 4-8

Complete Physical Education Plans for Grades 7-  
12 (contains CD-ROM)

COPE for Teens (Creating Optimal Personal  
Experiences)

Eat Well and Keep Moving: An Interdisciplinary  
Curriculum for Teaching Upper Elementary  
School Nutrition and Physical Activity  
(includes CD-ROM)

First Aid: First on the Scene: The Complete Guide  
to First Aid and CPR

First Aid: Pocket Guide to Emergency First Aid

Game Skills: A Fun Approach to Learning Sport  
Skills

Guy's Guides: Chillin': A Guy's Guide to  
Friendship

KIDnastics®: A Child-Centered Approach to  
Teaching

Kids in the Know Safety Curriculum

Kids Helping Kids: A Peer Helping and Peer  
Mediation Training Manual for Elementary and  
Middle School Teachers and Counsellors

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### **Print-Non-Fiction (continued)**

Kids Helping Kids: Student Manual and Workbook  
for Elementary and Middle School Students  
Kinetic Anatomy  
Middle School Healthy Hearts in the Zone: A  
Heart Rate Monitoring Program for Lifelong  
Fitness  
Nurturing Girlpower: Integrating Eating Disorder  
Prevention/Intervention Skills into Your  
Practice  
Ontario Health and Physical Education Curriculum  
Support  
Ontario Health and Physical Education Curriculum  
Support: Grade 1  
Ontario Health and Physical Education Curriculum  
Support: Grade 10 Supplement  
Ontario Health and Physical Education Curriculum  
Support: Grade 3  
Ontario Health and Physical Education Curriculum  
Support: Grade 4  
Ontario Health and Physical Education Curriculum  
Support: Grade 5  
Ontario Health and Physical Education Curriculum  
Support: Grade 6  
Ontario Health and Physical Education Curriculum  
Support: Grade 7  
Ontario Health and Physical Education Curriculum  
Support: Grade 8  
Ontario Health and Physical Education Curriculum  
Support: Grade 9-10 Supplement  
Ontario Health and Physical Education Curriculum  
Support: Kindergarten  
Planet Health: An Interdisciplinary Curriculum for  
Teaching Middle School Nutrition and  
Physical Activity  
Sex, Drugs, & Rock and Roll: A Smart Teenager's  
Guide  
Special Needs Science: Understanding  
Differences  
Strengthening Your Physical Education Program  
with Innovative Fitness Strategies and  
Activities (Grades 6-12)  
The Tough Stuff Series: Immediate Guidance for  
Troubled Students: Educator Guide  
Walking Games and Activities

### **Print-Picture Book**

Ballerinas Don't Wear Glasses  
Chuck in the City  
Franklin Forgets

Franklin Goes to the Hospital  
Franklin's Bicycle Helmet  
Hi New Baby!  
Let the Games Begin!  
Ontario Health and Physical Education Curriculum  
Support: Grade 2  
Treasure for Lunch  
Victoria's Smile  
Zachary's Ball

### **Transparencies**

Discover Health Series: Life Skills: Human Body  
Transparencies