## SUSTAINABILITY ACTIVITIES

These are possible activities for schools, classrooms, and families to engage in meaningful experiences that encourage sustainability. Teachers can encourage their schools and/or classes to do the following:

- Find new uses for old things such as art projects from recycled materials.
- Make "No Idle" signs to hang up in the neighbourhood.
- Encourage walk-to-school days.
- Plan for daily physical activity: neighbourhood walks, yoga, a classroom run club, cooperative games.
- Rethink whole school initiatives around the garbage students and staff may produce.
- Build and use an outdoor composter for vegetable and fruit waste from snacks and lunches.
- Use reusable bottles for drinks.
- Plan a garden cleanup.
- Arrange a parks cleanup.
- Plan a garbage cleanup in the neighbourhood.
- Recycle milk containers and juice containers.
- Set up a vermi-composter.
- Conduct a garbage audit.
- Reuse bottles at the paint centre.
- Display nature study reports in the hallway.
- Plant trees from seedlings.
- Use litterless lunch bags.
- Recycle newspapers.
- Collect clothing for shelters.
- Sponsor litterless lunch days.
- Put signs on equipment to remind people to turn off the energy.
- Arrange for blue box monitors for rooms.