



Grade 12 Physical Education/Health Education

Grade 12 Active Healthy Lifestyles: Manitoba Physical Education/Health Education Curriculum Framework of Outcomes and A Foundation for Implementation 2009

Student Learning Outcomes and Attitude Outcomes Related to Sustainable Development

Attitude Indicators

1.6 Appreciate and respect the natural environment while participating in physical activity.

Physical Activity Practicum Component

Module A: Physical Activity Practicum, (PA)

12.PA.3 Demonstrate the ability to access and use information for making informed decisions about safety and risk management related to physical activity participation.

Includes: level of instruction, level of supervision, facilities/environment, equipment, clothing/footwear, and personal and other considerations

Core Component

Module B: Fitness Management (FM)

12.FM.3 Examine current trends in health and fitness.

12.FM.5 Examine the methods advertisers use to promote and sell exercise, fitness, and health products and services.

12.FM.6 Examine influences on the decisions that fitness consumers make related to fitness products and services.

12.FM.7 Analyze key factors to be considered when purchasing fitness products and/or services.

Module C: Nutrition (NU)

12.NU.9 Demonstrate understanding of food advertising and marketing strategies and their impact on food purchases.