



## Grade 1 Physical Education Health Education *Kindergarten to Grade 4 Physical Education/Health Education: A Foundation for Implementation 2001*

### Student Learning Outcomes Related to Sustainable Development

#### 1. Movement

A.1.6 Appreciate and respect the natural environment while participating in physical activity.

S.1.1.C.1 **Demonstrate functional use of basic movement skills** (e.g., hopping, jumping, kicking ...) **and equipment in outdoor activities and/or special events** (e.g., hopscotch, rope skipping, snow soccer, tabloids, cultural theme days, Aboriginal games...).

#### 3. Safety

K.3.1.A.2 **Identify how weather conditions may affect safe exercising** (e.g., ice/rain, makes a running surface slippery, hot weather requires fluid replacement, danger of frostbite...).

K.3.1.B.2 **Identify unsafe situations related to the environment** (i.e., forest fires, floods, tornados, lighting) **and safety rules for own protection.**

K.3.1.B.4 **Recognize community helpers** (e.g., safe adult, police officer, bus driver, teacher, Block Parent, babysitter...) **and how to seek help** (e.g. , know emergency telephone numbers, ask a safe adult or teenager for help, use a telephone, dial emergency telephone number, report what happened...).