## Children and creative interventions



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- *Communities 4 Families (C4F)* Communities 4 Families (C4F) helps support families living in downtown Winnipeg. It is funded by Healthy Child Manitoba. Of particular interest are their programming resources for families and facilitators' resources which could be adapted to suit other settings whether urban or rural. See <<u>http://communities4families.ca/facilitators/intro</u>>.
- Miller, V. W., & Friedrich W. A. *Helping children outgrow war*. This document includes examples of helping children outgrow war. It deals with the following post-conflict phases: emergency, recovery, rehabilitation, and reconstruction. See <<u>www.essex.ac.uk/armedcon/story\_id/000074.pdf</u>>.
- Playing with Rainbows. UNA: Canada Toronto Branch. "Playing with Rainbows" is a nontherapeutic program for children. Through recreation, children acquire skills such as self-confidence, teamwork, problem solving, safety, adaptability, understanding, and love of their heritage. See <<u>http://to.unac.org/projects/playing-with-rainbows/</u>>.
- The Centre for Multicultural Youth Issues. (2007). Playing for the future: The role of sport and recreation in supporting refugee young people to 'settle well' in Australia. Melbourne, Victoria, Australia: The Centre for Multicultural Youth Issues. This document broaches the use of sport and recreation as a tool to facilitate settlement and integration of refugee youth and to help them with their physical and mental recovery from trauma and war and to alleviate feelings of isolation. See <<u>www.cmy.net.au/Assets/185/1/PlayingForTheFuture.pdf</u>>.
- Harris, D. A. (2010). A 2010 postscript to: Pathways to embodied empathy and reconciliation after atrocity: Former boy soldiers in a dance/movement therapy group in Sierra Leone.
  See <www.child-soldiers.org/psycho-social/David\_Alan\_Harris\_2010\_Postscript\_linked.pdf>.
- Harris, D. A. (2009). Dance and child soldiers. *Foreign Policy in Focus: June 15, 2009*. See <<u>www.fpif.org/articles/dance\_and\_child\_soldiers</u>>.
- Malchiodi, C.A. (ed.). (2008). Creative interventions with traumatized children. New York, N.Y: The Guilford Press. This document details various means of facilitating the emotional recovery of children after trauma.