## Contents

Introduction	5
How Germs Are Spread (Chain of Infection)	6
How Do We Reduce Exposure to and Transmission of Germs? Hierarchy of Controls	9 9
Infection Prevention and Control Measures Elements of Routine Practices	12 12
Additional Infection Prevention and Control Measures Relevant to Child Care Facilities and Schools	19
What is the Role of the Child Care Facility and School? Overall Role	21 21
Risk Assessment	23
What is the Role of Staff?	24
Appendix A: Definitions	26
Appendix B: Point of Care Risk Assessment Tool	30
Appendix C: Hand Hygiene Procedures	32
Appendix D: Guidance on Personal Protective Equipment (PPE) Use	35
Appendix E: Cleaning, Sanitizing, and Disinfecting Equipment and Environment	40
Appendix F: Dishwashing Procedures	51
Appendix G: Laundering Procedures	58
Appendix H: Diapering Procedures	59
Appendix I: Safe Food Handling	61
Appendix J: Pet and Animal Handling	69
Appendix K: Transmission of Infection and Precautions Tables	73
Appendix L: Additional Guidance for Child Care Facilities	74
References	76