

# Appendix H: Diapering Procedures



## The diapering area should be

- conveniently located in an area with hand hygiene and waste management products and facilities
- separated from eating, sleeping, and teaching areas

## To reduce risk of spreading germs, follow the following guidelines:

- Keep the area clean and sanitary at all times.
- Area should be well ventilated (e.g., windows, fans, air vent) to reduce odours and minimize exposure to chemical disinfectants.
- Diaper-changing mats must be smooth, non-absorbent, free of cracks and tears, and must be easily cleaned/disinfected.
- Diaper receptacles must have a lid and be located close to the changing surfaces for the disposal of soiled diapers and wipes. These receptacles should be hands-free (e.g., foot pedal), washable, plastic-lined, and tightly covered. Diaper receptacles should be emptied at least twice a day and be cleaned and disinfected daily.
- Disposable gloves could be worn while changing and cleaning the child, and disposed of in a waste container.
- If available, place disposable paper onto the change table.
- Raised diaper change tables must be equipped with a guardrail.
- Diaper changing mats must be smooth, non-absorbent, free of cracks and tears, and cleaned/disinfected after each use.
- Follow proper hand hygiene procedures. Warm running water, soap, alcohol-based hand sanitizer, and single-use towels must be provided.
- Washcloths and towels may be used only once (e.g., washcloths should be put into the laundry or disposed of after each use). Disposable cloths and towels are recommended.

- Dispose of all single-use soiled diapers immediately in a covered waste container or a sealed plastic bag. Soiled diapers must be removed from the child care facility or school daily.
- Reusable cloth diapers should have an absorbent inner lining completely contained within an outer covering made of waterproof material that prevents the escape of feces and urine.
- Do not rinse reusable cloth diapers (solid stool can be disposed of in toilet).
- Soiled reusable diapers should be wrapped in a plastic bag, stored in a location inaccessible to children, and sent home with the child at the end of the day.