



9076

HAIR REMOVAL (12B)

40S/40E/40M

An Esthetics Course



# 9076: HAIR REMOVAL (12B)

## 40S/40E/40M

### Course Description

The emphasis in this course is on chemical and physical depilatories, including waxing and sugaring, tweezing, and lash and brow enhancements.

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#### **Goal 1:** Describe and demonstrate appropriate **personal and public sanitation** and **health and safety practices**.

##### **GLO 1.1:** Describe and demonstrate **personal and public sanitation**.

SLO 12B.1.1.1: Demonstrate personal and public sanitation practices while performing hair removal services.

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##### **GLO 1.2:** Describe and demonstrate **health and safety practices**.

SLO 12B.1.2.1: Describe the contraindications and complications that clients may experience after receiving hair removal services.

SLO 12B.1.2.2: Research the effects of various medications and skin creams in hair removal services.

SLO 12B.1.2.3: Test and monitor the temperature of wax before applying it to the client's skin.

SLO 12B.1.2.4: Wear gloves while performing personal hair removal services.

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##### **GLO 1.3:** Maintain a **safe and organized workstation**.

SLO 12B.1.3.1: Maintain a safe and organized workstation while providing hair removal services.

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##### **GLO 1.4:** Demonstrate an awareness of safety as it pertains to the *Trade Safety Awareness Manual*.

No applicable SLOs.

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#### **Goal 2:** Describe and demonstrate knowledge and skills related to **pre-service**.

##### **GLO 2.1:** Describe and demonstrate the process of **preparing the workstation**.

SLO 12B.2.1.1: Describe the treatment room/workstation and the preparation for hair removal services.

- SLO 12B.2.1.2: Sanitize, organize, and prepare the workstation for hair removal services.
- SLO 12B.2.1.3: Conduct a pre-service skin analysis. (H1.4)
- SLO 12B.2.1.4: Manage the amount and temperature of wax in preparation for hair removal services.
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**GLO 2.2:** Describe and demonstrate the process of **preparing the client.**

- SLO 12B.2.2.1: Perform a client consultation and analysis according to requested services.
- SLO 12B.2.2.2: Recommend appropriate services according to client consultation and skin analysis findings.
- SLO 12B.2.2.3: Inform the client of a hair removal procedure and obtain consent before beginning the service.
- SLO 12B.2.2.4: Describe hair histology. (H1.1)
- basic histology of hair and its surrounding structures
  - function of hair
  - location of hair
  - composition of hair
  - types of hair
  - hair growth
  - abnormal conditions of hair
  - hypertrichosis or hirsutism
  - function of glands
  - contra-indications
  - factors involved in analyzing hair condition
- SLO 12B.2.2.5: Follow salon policy for assisting clients.
- SLO 12B.2.2.6: Identify hirsute areas of the body and determine suitable hair removal products and techniques.
- SLO 12B.2.2.7: Identify skin and hair characteristics and common conditions to be considered during a skin analysis prior to hair removal.
- SLO 12B.2.2.8: Prepare the client's skin for hair removal services.
- SLO 12B.2.2.9: Discuss eyebrow shaping using the tweezing method. (H1.5)
- measuring eyebrows shape and size
  - tweezing techniques
  - shaping eyebrows by tweezing

SLO 12B.2.2.10: Describe the process of applying a depilatory product. (H1.6)

SLO 12B.2.2.11: Describe how to advise a client on a treatment. (G5.2)

- need for required treatment to improve skin and remove imperfections for the appropriate skin type.
- skin type
- equipment
- product for treatment

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**Goal 3:** Describe and demonstrate knowledge and skills related to **service.**

**GLO 3.1:** Describe and demonstrate **esthetics services.**

SLO 12B.3.1.1: Define *hirsutism*, *hypertrichosis*, and *superfluous hair*.

SLO 12B.3.1.2: Define *epilation*, *depilation*, and *electrolysis*.

SLO 12B.3.1.3: Discuss male hair removal and how it differs from female hair removal.

SLO 12B.3.1.4: Describe depilatory products. (H1.2)

- product to be used to correct specific skin problem
- safety measures of product

SLO 12B.3.1.5: Describe depilatory hair removal. (H1.3)

- methods of hair removal
  - tweezing
  - chemical depilatories
  - sugaring
  - waxing
  - threading

SLO 12B.3.1.6: Describe the process of removing a depilatory product. (H1.7)

SLO 12B.3.1.7: Discuss and demonstrate trimming techniques prior to hair removal.

SLO 12B.3.1.8: Demonstrate the application of various products according to the manufacturers' instructions and client needs. (G5.4)

SLO 12B.3.1.9: Demonstrate sugaring.

SLO 12B.3.1.10: Demonstrate the process of tweezing eyebrows. (H1.9)

SLO 12B.3.1.11: Demonstrate the process of applying a depilatory product. (H1.10)

SLO 12B.3.1.12: Keep muslin or Pellon parallel to the skin while removing strips.

- SLO 12B.3.1.13: Demonstrate the process of removing a depilatory product. (H1.11)
- SLO 12B.3.1.14: Demonstrate and complete a minimum of two waxing procedures on each of the following. (H1.13)
- eyebrow
  - lip
  - chin
  - underarm
  - bikini
  - leg

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**Goal 4:** Describe and demonstrate knowledge and skills related to **post-service.**

**GLO 4.1:** Describe and demonstrate the post-service steps that the technician performs **while the client is in the salon.**

- SLO 12B.4.1.1: Describe the treatment of skin after hair removal services.
- SLO 12B.4.1.2: Demonstrate the removal of depilatory residue from the skin.
- SLO 12B.4.1.3: Discuss home maintenance of hair removal with the client.
- SLO 12B.4.1.4: Discuss and demonstrate lancing of ingrown hair and sanitation steps to prevent infection.
- SLO 12B.4.1.5: Demonstrate the removal of stray hair.
- SLO 12B.4.1.6: Identify the client's salon return date by booking the next appointment.
- SLO 12B.4.1.7: Describe the preparation of the skin post-service. (H1.8)
- SLO 12B.4.1.8: Demonstrate the preparation of the skin post-service. (H1.12)

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**GLO 4.2:** Describe and demonstrate the post-service steps that the technician performs **after the client leaves the salon.**

- SLO 12B.4.2.1: Demonstrate post-service sanitation procedures after hair removal services.

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**Goal 5:** Demonstrate the **operation, maintenance, and storage of equipment, tools, implements, materials, products, and consumable items.**

**GLO 5.1:** Demonstrate the **operation of equipment, tools, and implements.**

- SLO 12B.5.1.1: Demonstrate the use of hair removal equipment and implements and explain their function and cautions.
  - SLO 12B.5.1.2: Discuss machines used for permanent hair removal (e.g., electrolysis, laser).
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**GLO 5.2:** Demonstrate the **use of materials, products, and consumable items.**

- SLO 12B.5.2.1: Describe various forms of wax and sugaring products.
  - SLO 12B.5.2.2: Compare hot and cold wax techniques.
  - SLO 12B.5.2.3: Describe and list the benefits of pre- and post-waxing procedures.
  - SLO 12B.5.2.4: Identify hair removal materials, products, and consumable items, their function, and their cautions.
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**GLO 5.3:** Demonstrate the **maintenance and storage of equipment, tools, implements, materials, products, and consumable items.**

- SLO 12B.5.3.1: Demonstrate the safe and appropriate maintenance and storage of all equipment, tools, implements, materials, products, and consumable items used in hair removal.
  - SLO 12B.5.3.2: Demonstrate the safe and appropriate storage of all waxes.
  - SLO 12B.5.3.3: Demonstrate sanitizing and storing wax equipment, tools, and implements.
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**Goal 6:** Demonstrate an understanding of the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

**GLO 6.1:** Describe the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

- SLO 12B.6.1.1: Discuss the evolution of hair removal.
  - SLO 12B.6.1.2: Research the technological progression in hair removal.
  - SLO 12B.6.1.3: Research emerging trends in hair removal.
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**Goal 7:** Demonstrate an understanding of **career opportunities** in esthetics.

**GLO 7.1:** Describe **apprenticeship and career opportunities** and **professional organizations** in the esthetics industry.

- SLO 12B.7.1.1: Update a resumé to reflect newly acquired skills and accomplishments.
  - SLO 12B.7.1.2: Update a portfolio to reflect newly acquired information, including pictures.
  - SLO 12B.7.1.3: Explain employment opportunities in the area of hair removal.
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**GLO 7.2:** Review and demonstrate the knowledge and skills required to pass the **Provincial Skin Care Technician Examinations**.

No applicable SLOs.

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**Goal 8:** Describe and demonstrate transferable **cross-curricular knowledge and skills** as they relate to esthetics.

**GLO 8.1: Read, interpret, and communicate** information related to esthetics.

- SLO 12B.8.1.1: Read, interpret, and communicate information related to hair removal, including manufacturers' instructions and safety guidelines.
  - SLO 12B.8.1.2: Communicate health and safety concerns to clients.
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**GLO 8.2:** Apply knowledge and skills related to esthetics from **the arts**.

No applicable SLOs.

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**GLO 8.3:** Apply knowledge and skills related to esthetics from **the sciences**.

- SLO 12B.8.3.1: Identify swollen glands and discuss how they can cause contraindications to hair removal services.
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**GLO 8.4:** Apply knowledge and skills related to esthetics from **mathematics**.

- SLO 12B.8.4.1: Demonstrate the appropriate angle when applying hot wax.
  - SLO 12B.8.4.2: Estimate the area of skin on which hair will be removed to determine the number of manageable sections for each application.
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**Goal 9:** Demonstrate an awareness of **sustainability** as it pertains to the esthetics industry.

**GLO 9.1:** Describe the impact of **sustainability** on the **health and well-being** of estheticians and their clients.

- SLO 12B.9.1.1: Describe the importance of hair removal services to clients' feelings of self-esteem and well-being.
- SLO 12B.9.1.2: Demonstrate an awareness of workplace challenges (e.g., posture, ergonomics, air quality, stress) that are related to long-term health issues.
- SLO 12B.9.1.3: Identify potential resources (e.g., hydraulic beds, comfortable footwear, ergonomic furniture, ergonomic salon layout) that might maximize professional well-being and longevity.
- SLO 12B.9.1.4: Identify personal lifestyle choices (e.g., nutrition, exercise, amount of sleep) that affect the technician's professional life.
- SLO 12B.9.1.5: Describe good human relations and professional attitude. (A3.3)
- greeting clients
  - offer assistance
  - handle client concerns
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**GLO 9.2:** Describe the esthetics industry's **sustainability practices** and their impact on the **environment**.

- SLO 12B.9.2.1: Identify hair removal products that are environmentally safe.
- SLO 12B.9.2.2: Demonstrate sustainable practices throughout and upon completion of hair removal services.
- SLO 12B.9.2.3: Demonstrate the safe and environmentally friendly disposal of all waxing products.
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**GLO 9.3:** Describe **sustainable business practices** within the esthetics industry.

- SLO 12B.9.3.1: Research the effect of the hair removal industry on the economy.
- SLO 12B.9.3.2: Discuss the seasonal nature of the hair removal industry.
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**Goal 10:** Demonstrate **ethical and legal standards** as they pertain to the esthetics industry.

**GLO 10.1:** Practise **ethical and legal standards** as they pertain to esthetics.

- SLO 12B.10.1.1: Respect client modesty when performing hair removal services.
- SLO 12B.10.1.2: Discuss the importance of requesting permission from clients before photographing them.
- SLO 12B.10.1.3: Discuss the importance of requesting permission from clients before distributing photographs of them.

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**Goal 11:** Demonstrate **employability skills** related to the esthetics industry.

**GLO 11.1:** Demonstrate **fundamental employability skills**.

- SLO 12B.11.1.1: Demonstrate personal management skills by practising positive behaviours, responsibility, and adaptability.
  - SLO 12B.11.1.2: Discuss qualities of effective communication. (A3.4)
    - verbal
      - telephone etiquette
    - non-verbal
      - facial expression
      - body language
      - gesture
      - movements
      - eye contact and distance
    - cross-cultural communication
    - written
      - record date on record card
      - computer data file
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**GLO 11.2:** Demonstrate an understanding of the **business operation** of a salon.

SLO 12B.11.2.1: Demonstrate an understanding of the hair removal business operation of a salon.

SLO 12B.11.2.2: Discuss the profitability of hair removal services.

SLO 12B.11.2.3: Describe retail marketing techniques. (A3.1)

- product and service knowledge
  - features
  - benefits
- client needs and wants
  - special problem
  - client’s lifestyle
  - special occasion
- product and service presentation
  - displays
  - promotional and window dressings
- demonstrating and recommending products and services
- pricing products
  - pricing system
  - mark up/mark down
- advertising
- sales trends

SLO 12B.11.2.4: Discuss salon bookings and record keeping. (A3.2)

- personal information
  - *The Freedom of Information and Protection of Privacy Act*
- medical information
- record treatment
- signature for verification
  - release statement
  - liabilities and insurance limitations
- recording of reaction to treatment

SLO 12B.11.2.5: Discuss recording of daily intake. (A3.5)

- working hours
  - timesheet
- tally sales slips

SLO 12B.11.2.6: Describe inventory control. (A3.6)

- order supplies and products
- count/check delivery slips and verify invoices
- receive stock
- delete products sold
- restock new products
- rotate/expire date

SLO 12B.11.2.7: Demonstrate retail and salon management skills. (A3.7)

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