9066 Artificial Nails (12A)

40S/40E/40M

An Esthetics Course

9066: Artificial Nails (12A) 40S/40E/40M

Course Description

The emphasis in this course is on gel and acrylic nails, 3-D nail art, and nail enhancements.

Goal 1: Describe and demonstrate appropriate **personal and public sanitation** and **health and safety practices**.

- **GLO 1.1:** Describe and demonstrate **personal and public sanitation**.
 - SLO 12A.1.1.1: Describe and practise how to sanitize hands. (A2.4)
 - bacteria
 - water temperature
 - types of soap (medicated, antibacterial, antifungal, and hand-sanitizer)
 - paper towels and electric hand dryers
 - inspecting hands
 - health
 - free edge of nail
 - antiseptic products
 - SLO 12A.1.1.2: Demonstrate safe hygiene procedures for artificial nail services.

GLO 1.2: Describe and demonstrate health and safety practices.

SLO 12A.1.2.1:	Demonstrate trade safety awareness, health standards, and safety procedures and precautions during the application, maintenance, and removal of artificial nails/products. (TSA 8)
SLO 12A.1.2.2:	Describe safety precautions related to using artificial nail products.
SLO 12A.1.2.3:	Recognize the need for and apply PPE for artificial nail services.

GLO 1.3: Maintain a safe and organized workstation.

- SLO 12A.1.3.1: Demonstrate the application of guidelines to maintain a clean and orderly artificial nail workstation.
- SLO 12A.1.3.2: Practise sterilizing and sanitizing artificial nail equipment and tools.
- **GLO 1.4:** Demonstrate an awareness of safety as it pertains to the *Trade Safety Awareness Manual*.

No applicable SLOs.

- **Goal 2:** Describe and demonstrate knowledge and skills related to **pre-service**.
 - **GLO 2.1:** Describe and demonstrate the process of **preparing the workstation**.
 - SLO 12A.2.1.1: Discuss nail tip application pre-service. (D1.3)
 - client consultation
 - SLO 12A.2.1.2: Sanitize the technician's skin prior to artificial nail services.

GLO 2.2: Describe and demonstrate the process of **preparing the client**.

- SLO 12A.2.2.1: Describe and demonstrate a client consultation and analysis, and record findings prior to artificial nail services.
- SLO 12A.2.2.2: Describe and demonstrate how to prepare the client's nails for a basic tip application.
- SLO 12A.2.2.3: Discuss and demonstrate how to prepare natural toenails prior to artificial toenail application.
- SLO 12A.2.2.4: Describe gel nails. (D2.1)
 - chemistry
 - chemical reaction
 - monomers and polymers
 - light and heat energy
 - types
 - light-cured gel
 - no-light cured gel
 - self-leveling gel
 - building gel
 - purpose
 - products

SLO 12A.2.2.5: Describe acrylic nails. (D2.3)

- types
 - traditional
 - light-cured
 - odourless acrylics
- products
 - powders
 - types of monomers
 - colours
 - choice of products
- chemistry
 - polymer
 - monomer
 - catalyst
- SLO 12A.2.2.6: Describe fibreglass nails. (D2.5)
 - compare fiberglass with acrylic nail removal
 - benefits of gel nails
 - client recommendation of type of artificial enhancement beneficial to client
- SLO 12A.2.2.7: Discuss pre-service, service, and post-service for nail overlays. (D2.7)
- SLO 12A.2.2.8: Describe sculpted nails. (D3.1)
- SLO 12A.2.2.9: Describe sculptured nail application. (D3.3)
 - acrylic method
 - demonstrate sculptured application
 - C curve
 - stress lines
 - concave/convex
 - sidewalls
 - acrylic applications brushes
 - smile line
 - base line

- gel method
 - demonstrate and describe gel application technique.
 - C curve
 - stress lines
 - concave/convex
 - sidewalls
 - application (gel) brushes
 - smile line
 - base line
- SLO 12A.2.2.10: Describe and demonstrate sculptured nail pre-service and post-service. (D3.2)
 - client consultation
 - etching/dusting
 - application of primer
 - common problems and cautions
- SLO 12A.2.2.11: Describe a fabric wrap. (D4.1)
 - purpose
 - supplies needed

SLO 12A.2.2.12: Demonstrate and complete an artificial nail repair. (D5.6)

Goal 3: Describe and demonstrate knowledge and skills related to **service**.

GLO 3.1: Describe and demonstrate **esthetics services**.

- SLO 12A.3.1.1: Describe nail tips. (D1.1)
 - adhesives
 - types
 - parts of the nail tip
 - nail tip styles
- SLO 12A.3.1.2: Discuss the nail tip application procedure. (D1.4)
 - removal of nail enamel
 - pushing back cuticle
 - buffing nail (etching)
 - sizing tips
 - positioning
 - nail antiseptic
 - adhesive
 - tip application

- trimming nail tip
 - blending tip
- buffing tip
- shaping nail
- SLO 12A.3.1.3: Demonstrate and complete a minimum of four sets of basic nail tip applications. (D1.6)
- SLO 12A.3.1.4: Demonstrate and complete a minimum of one set of French tip acrylic sculptured nails. (D3.4)
- SLO 12A.3.1.5: Demonstrate and complete a minimum of two sets of gel sculptured nails. (D3.5)
- SLO 12A.3.1.6: Demonstrate and complete a minimum of one set of French gel sculptured nails. (D3.6)
- SLO 12A.3.1.7: Demonstrate a fabric wrap application. (D4.5)
- SLO 12A.3.1.8: Demonstrate the technique of applying artificial toenails. (D4.7)
- SLO 12A.3.1.9: Describe artificial nail repair techniques. (D5.3)
- SLO 12A.3.1.10: Describe artificial nail removal. (D5.4)
- SLO 12A.3.1.11: Demonstrate and complete the application of fills and back-fills. (D5.5)
- SLO 12A.3.1.12: Demonstrate and complete an artificial nail removal. (D5.7)
- SLO 12A.3.1.13: Build and shape artificial nails according to the client's needs.
- SLO 12A.3.1.14: Describe and compare gel, acrylic, and fibreglass nail overlay techniques.
- SLO 12A.3.1.15: Describe and demonstrate artificial nail balancing and artificial nail finishing.
- SLO 12A.3.1.16: Discuss common problems with and cautions related to sculptured nails.

Goal 4: Describe and demonstrate knowledge and skills related to **post-service**.

- **GLO 4.1:** Describe and demonstrate the post-service steps that the technician performs **while the client is in the salon**.
 - SLO 12A.4.1.1: Advise the client on home maintenance of artificial nails.
 - SLO 12A.4.1.2: Discuss nail tip post-service. (D1.5)

 temporary service
 - SLO 12A.4.1.3: Practise post-service with the client. (A2.9)
 - home-care instructions

- **GLO 4.2:** Describe and demonstrate the post-service steps that the technician performs **after the client leaves the salon**.
 - SLO 12A.4.2.1: Discuss sanitary measures after releasing the client. (A2.8)
 - supplies
 - equipment
 - implements
 - facility
 - personal

Goal 5: Demonstrate the **operation**, **maintenance**, **and storage** of **equipment**, **tools**, **implements**, **materials**, **products**, **and consumable items**.

- **GLO 5.1:** Demonstrate the **operation** of **equipment, tools, and implements**.
 - SLO 12A.5.1.1: List supplies needed for the application of light-gel nails. (D2.2)
 SLO 12A.5.1.2: List supplies needed for the application of acrylic nails. (D2.4)
 SLO 12A.5.1.3: List supplies needed for the application of fibreglass nails. (D2.6)
 SLO 12A.5.1.4: List and describe the various grits and demonstrate the appropriate order of their use to buff artificial nails.
 SLO 12A.5.1.5: Describe and demonstrate the appropriate use of an electric file for artificial nail services.

GLO 5.2: Demonstrate the use of materials, products, and consumable items.

- SLO 12A.5.2.1: Discuss supplies used for nail tip applications. (D1.2)
 - basic manicure supplies
 - various files (grit)
 - block buffer
 - nail adhesive
 - primers
 - nail tips
 - sizes
 - shapes
 - tip cutter
- SLO 12A.5.2.2: List the various types of nail tips, including the well sizes and variations.

GLO 5.3: Demonstrate the **maintenance and storage** of **equipment, tools, implements, materials, products, and consumable items**.

- SLO 12A.5.3.1: Describe and demonstrate the basic care and maintenance requirements for equipment, tools, and implements used to perform artificial nail services.
- SLO 12A.5.3.2: Sanitize equipment, tools, and implements and sterilize metal implements prior to storing artificial nail supplies.
- **Goal 6:** Demonstrate an understanding of the **evolution** of the esthetics industry, including its **technological progression and emerging trends**.
 - **GLO 6.1:** Describe the **evolution** of the esthetics industry, including its **technological progression and emerging trends**.
 - SLO 12A.6.1.1: Discuss the history of artificial nails.
- **Goal 7:** Demonstrate an understanding of **career opportunities** in esthetics.
 - **GLO 7.1:** Describe apprenticeship and career opportunities and professional organizations in the esthetics industry.
 - SLO 12A.7.1.1: Identify and research local and global professional nail technology/esthetics/spa organizations.
 - SLO 12A.7.1.2: Discuss and create career goals within the artificial nail industry.
 - SLO 12A.7.1.3: Complete a resumé and a portfolio.
 - **GLO 7.2:** Review and demonstrate the knowledge and skills required to pass the **Provincial Nail Technician Examinations**.

No applicable SLOs.

- **Goal 8:** Describe and demonstrate transferable **cross-curricular knowledge and skills** as they relate to esthetics.
 - **GLO 8.1: Read, interpret, and communicate** information related to esthetics.
 - SLO 12A.8.1.1: Demonstrate qualities of effective communication with clients.

- **GLO 8.2:** Apply knowledge and skills related to esthetics from **the arts**.
 - SLO 12A.8.2.1: Demonstrate an understanding of artistic balance and proportion.
 - SLO 12A.8.2.2: Demonstrate an understanding of the use of lines and shapes in relation to artificial nails.
 - SLO 12A.8.2.3: Airbrush a two-tone design.
 - SLO 12A.8.2.4: Discuss creative nail design. (D4.3)
 - colour theory
 - air brushing
 - embellishments
 - 3-D nail art
 - SLO 12A.8.2.5: Demonstrate creative nail designs. (D4.6)
 - SLO 12A.8.2.6: Describe and demonstrate nail art techniques on artificial nails, including the use of striping tape, gems, feathers, gold leafing, and other creative combinations.
- **GLO 8.3:** Apply knowledge and skills related to esthetics from **the sciences**.
 - SLO 12A.8.3.1: Discuss chemical reactions related to artificial nail products.SLO 12A.8.3.2: Examine adhesion by explaining the characteristics of
 - adhesives and priming agents.
 - SLO 12A.8.3.3: Describe monomers and polymers.
 - SLO 12A.8.3.4: Describe bacterial infections and fungi that may occur in artificial nail services.
 - SLO 12A.8.3.5: Identify the toenail disorders that would benefit from an artificial toenail application.
 - SLO 12A.8.3.6: Describe and identify skin and nail diseases and disorders that *can* be treated by a nail technician. (C3.5)
 - SLO 12A.8.3.7: Describe and identify skin and nail diseases and disorders that *cannot* be treated by a nail technician. (C3.6)
 - SLO 12A.8.3.8: Describe the use of electricity as it relates to nail technology equipment and tools required for artificial nail services.

GLO 8.4: Apply knowledge and skills related to esthetics from **mathematics**.

- SLO 12A.8.4.1: Describe the angle at which a nail tip is positioned during application.
- SLO 12A.8.4.2: Describe the angle the brush is held during the application of gel and acrylic nail products.
- **Goal 9:** Demonstrate an awareness of **sustainability** as it pertains to the esthetics industry.
 - **GLO 9.1:** Describe the impact of **sustainability** on the **health and well-being** of estheticians and their clients.
 - SLO 12A.9.1.1: Identify occupational health hazards for nail technicians and their clients, and demonstrate methods of prevention during artificial nail services.
 - SLO 12A.9.1.2: Respect the client's modesty during artificial nail services.
 - SLO 12A.9.1.3: Discuss the purpose of artificial toenails and products. (D4.4)
 - SLO 12A.9.1.4: Discuss artificial nail maintenance. (D5.1)
 - SLO 12A.9.1.5: Describe nail fills and back-fills. (D5.2)
 - SLO 12A.9.1.6: Discuss the nature of professional relationships between technicians and their clients.
 - SLO 12A.9.1.7: Set up the workstation ergonomically to prevent strain or injury.
 - **GLO 9.2:** Describe the esthetics industry's **sustainability practices** and their impact on the **environment**.
 - SLO 12A.9.2.1: Demonstrate the safe use and disposal of materials, products (including chemicals), and consumable items used to perform artificial nail services.
 - **GLO 9.3:** Describe **sustainable business practices** within the esthetics industry.
 - SLO 12A.9.3.1: Identify techniques used to promote economically sustainable artificial nail services during financially difficult times.
 - SLO 12A.9.3.2: Describe to clients the time and financial costs required to maintain artificial nail services.

- **Goal 10:** Demonstrate **ethical and legal standards** as they pertain to the esthetics industry.
 - **GLO 10.1:** Practise **ethical and legal standards** as they pertain to esthetics.
 - SLO 12A.10.1.1: Identify the process of acquiring client information following freedom of information legislation.
 - SLO 12A.10.1.2: Discuss the ethical and legal implications of using products that are not certified by CSA and/or the US Food and Drug Administration (FDA), and/or are not certified for use in Canada.

Goal 11: Demonstrate **employability skills** related to the esthetics industry.

GLO 11.1: Demonstrate fundamental employability skills.

- SLO 12A.11.1.1: Demonstrate artificial nail services at a level consistent with that of an apprentice.
- SLO 12A.11.1.2: Participate in workplace tasks and projects by working with others to benefit the workplace and industry.
- SLO 12A.11.1.3: Discuss how to interact with various types of clients in sensitive situations.

GLO 11.2: Demonstrate an understanding of the **business operation** of a salon.

No applicable SLOs.