

# Human Ecology

The focus of human ecology is to prepare students for living independently and working successfully with others. Human ecology courses engage students in an action-oriented approach that builds capacity for decision-making and problem-solving skills through everyday situations within the areas of family studies, food and nutrition, and textile arts and design.



## Course Description

**Grade 9 Human Ecology:** This course will encompass areas of study within family studies, food and nutrition, and textile arts and design. Family studies explores adolescent development from the perspective of the adolescent student. Food and nutrition focuses on the individual and the relationships and influences that affect food choices. Students will examine the fundamentals of nutrition and develop safe food handling and food preparation skills in a practical setting. The textile arts and design component of this course will explore a basic understanding of textiles available to the individual consumer and how those textiles can be constructed, designed, used, and obtained. Students will examine personal use of textiles, individual clothing choices, sustainability of local communities, and an introduction to environmental design.

