

Human Ecology

The focus of human ecology is to prepare students for living independently and working successfully with others. Human ecology courses engage students in an action-oriented approach that builds capacity for decision-making and problem-solving skills through everyday situations within the areas of family studies, food and nutrition, and textile arts and design.



Course Description

Grade 10 Human Ecology: This course will encompass areas of study within family studies, food and nutrition, and textile arts and design. Family studies focuses on the skills and knowledge parents and caregivers need, with emphasis on maternal health, pregnancy, birth, and the early years of human development. Food and nutrition focuses on the individual and the influence that marketing and media have on food choices and their impact on health and well-being. Textile arts and design examines a broader understanding of textile uses and techniques achieved through practical experiences. Students will examine socially conscious manufacturing, clothing security, regional design styles, costume development, and environmental design.

