

# Applied Family Studies

Family studies courses offer a preventative, proactive, and practical approach that is intended to strengthen individuals and families. Students acquire knowledge, skills, and attitudes to make informed choices with respect to caring for themselves and others within the context of a global community. Students acquire strategies to manage the challenges of life in an effective and responsible way that enhances their life journey.



## Course Description

**Grade 12 Applied Family Studies** prepares students for a caregiving role with infants, toddlers, and children through the study of child development. The skills and knowledge are applied to a 40-hour practical experience with children where students will observe, guide behaviour, ensure health and safety, and participate in play-based learning experiences. This course provides a foundation for further study within the field of early childhood education and related careers.

## Career Pathways

Career pathways in applied family studies include social science and humanities areas such as early childhood education, child and adolescent development, early intervention, teaching/education, etc.

## Goals

- Fundamentals of Human Development:** The learning experiences in this goal will assist students in developing the knowledge and understanding of **individuals'** and family members' responsibilities for promoting health, well-being, and resiliency of children.
- Relationships and Influences:** The learning experiences in this goal will assist students in developing the knowledge and skills they need to build and maintain positive relationships with children, individuals, families, and communities.
- Health and Wellness:** The learning experiences in this goal will assist students in developing the knowledge and skills to understand the factors that affect our health and wellness. While building individual strategies, students will strengthen their abilities to use skills, resources, and processes that enhance the daily living of children, individuals, families, and communities.
- Fundamentals of Caregiving:** The learning experiences in this goal will assist students in developing the knowledge and skills to prepare for the responsibilities of caregiving, including the challenges facing children, individuals, families, and communities.
- Career Development:** The learning experiences in this goal will assist students in developing the knowledge and skills necessary for effective communication, teamwork, and leadership that contribute to success in learning, life, and work through their participation in a supervised 40-hour practicum.