

SIGHTFUL
Sanctuary Workshop 2

SIGHTFUL	<p>Theme: The search for connection</p> <p>Key words: line (straight, curved, horizontal, vertical, diagonal)</p> <p>Habits of Mind: Be open minded</p>
Inspiration	<p>If you are interested in seeing some inspiring images using lines in an interesting way, Google search “Fan Ho” and click on “images”. You can read further about Fan Ho (1931-2016) on these links...</p> <p>https://en.wikipedia.org/wiki/Fan_Ho</p> <p>https://petapixel.com/2014/08/25/fan-hos-incredible-black-and-white-street-photography-of-1950s-hong-kong/</p>
1. Mindfulness	<p>Find a line in your home. Carefully balance and walk along the line placing your whole foot down. Each time you step, silently send out a friendly wish.</p>
2. Photography Challenge 1 (Home studio)	<p>Look for some lines around your home. Search for straight and curving lines. Take photos of what you see. Try to place other lines you find in the frame in an interesting way (diagonally/ horizontal and vertical).</p>
3. Photography Challenge 2 (Outdoors)	<p>Select a starting place outside of your home, walk 100 steps traveling away from where you are. Slowly look around for lines as a way to connect to your environment. Move closer, slide the camera up between you and the subject and take a photo.</p> <p>Go back to the starting place and walk 100 steps in the other direction. Look again for lines and take a photo.</p>
4. Submit photo	<p>Select one photo you would like to share with the class and upload to your art file.</p>
5. Gratitude writing	<p>The best thing about looking slowly is...</p>

Materials... Mobile phone or iPad camera, clean jar to collect your gratitude reflections in, paper, pencil, your thoughtful ideas!



Photos sourced online using Google image search