

Who Are You?

What is identity? Identity is simply "who you are." Your identity makes you unique (different than others), and allows you to have things in common with other people.

Many different things make up your identity. These things can be thought of as personal characteristics and influences. Read the following list and rank the characteristic/influence in order from the most important (#1) to the least important (#15).



Characteristic/Influence	My ranking
My ethnic or cultural community	
The school(s) I've gone to	
Being a Canadian	
The music, art, and literature I enjoy most	
Teams/groups I belong to (sports, recreation, fun)	
My religious beliefs	
My role and relationships in my family	
Where I live (city, a small town, or in the country)	
Being a Prairie person	
The language I speak	
My relationship with my friends	
The media I watch, read, or listen to	
What I learn in school	
How I dress	
The celebrations I take part in	



1. When you have completed your ranking, compare your results with other members in your group. Create one group chart to summarize the answers of your group.
2. Think about the results of your group and, as a group, write two or three sentences about what you consider to be the most important influences on identity.