

Traditional Lands and Ways of Life of First Peoples

Research the First Peoples in the main regions described below. What were the main traditional ways of life of these people in early times: hunting, gathering, fishing or farming? In the last column, write a question you want to explore about the connection of these peoples to their territories.

Cultural Region	Location	First Peoples	Traditional Ways of Life	Questions
Eastern Woodlands		1. 2.		
Subarctic Woodlands		1. 2.		
Plains		1. 2.		
Arctic		1. 2.		
Western Plateau		1. 2.		
Northwest Coast		1. 2.		

Names of some First Peoples:

Blackfoot (Siksika)	Salish
Tlingit	Ojibway
Mohawk	Algonquin
Nisga'a	Assiniboine
Inuit	Iroquois
Haida	Innu
Mi'kmaq	Huron (Wendat)
Kootenay	Thule
Sioux (Dakota)	Dene
Beothuk	
Cree (Plains, Woodlands)	
Swampy Cree (Omushkego)	

