

<p>Canadian Shield</p> <ul style="list-style-type: none"><input type="checkbox"/> Two-billion-year-old rock<input type="checkbox"/> Rugged area<input type="checkbox"/> Little soil<input type="checkbox"/> Many small lakes and rivers<input type="checkbox"/> Forested	<p>St. Lawrence-Great Lakes Lowlands</p> <ul style="list-style-type: none"><input type="checkbox"/> Good farmland<input type="checkbox"/> Busy city centres<input type="checkbox"/> Waterway system<input type="checkbox"/> Many people live there<input type="checkbox"/> Mild climate
<p>Western Cordillera</p> <ul style="list-style-type: none"><input type="checkbox"/> Mountain ranges<input type="checkbox"/> Deep fjords<input type="checkbox"/> Lakes and valleys<input type="checkbox"/> Foothills<input type="checkbox"/> Swiftly flowing streams	<p>Arctic Region</p> <ul style="list-style-type: none"><input type="checkbox"/> Barren tundra<input type="checkbox"/> Rocky islands<input type="checkbox"/> Permanent ice<input type="checkbox"/> Forested areas<input type="checkbox"/> Muskeg
<p>Atlantic Region</p> <ul style="list-style-type: none"><input type="checkbox"/> Appalachian Mountains<input type="checkbox"/> Rugged coastlines<input type="checkbox"/> Rolling hills<input type="checkbox"/> Seasides and ocean<input type="checkbox"/> Forests	<p>Prairie Region</p> <ul style="list-style-type: none"><input type="checkbox"/> Flat or rolling land<input type="checkbox"/> Grasslands<input type="checkbox"/> Grain fields and livestock ranches<input type="checkbox"/> Wide, slow-moving rivers<input type="checkbox"/> Broad river valleys