K.3.5.A.1 → K.3.6.A.1 Show an understanding of safe practices (e.g., take turns, position self at a safe distance, be respectful of varying ability levels) when helping others while practising in regular or modified physical activities	K.3.6.A.2 Determine how environmental conditions can influence safety while exercising outdoors (e.g., effects of ultraviolet rays, hot sunny weather can lead to heat exhaustion and sunburn, cold weather and high wind-chill factors increase risk of hypothermia and frostbite)	K.3.6.A.3 Recognize reasons (e.g., safety, personal hygiene, comfort, ease of movement) for appropriate dress for physical activities in different weather and environmental conditions (e.g., sunny, cold, windy, wet)	K.3.5.A.4 → K.3.6.A.4 Develop guidelines and behaviours for safety related to potential hazards and risks regarding equipment and facility use (e.g., protruding objects, condition of the floor, mats in jumping/landing activities)
K A	K A	K A	K A

K.3.5.A.5a → K.3.6.A.5a Show an understanding of potential safety risks related to environments for selected alternative pursuits (e.g., jogging, cycling, tobogganing/sliding, snowboarding, skiing, in-line skating)	K.3.6.A.5b Outline the emergency steps (e.g., stay clear of traffic, seek help, apply basic first aid) related to bicycle incidents or accidents	K.3.6.B.1 Describe safe and unsafe situations at home, at school, and in the community while caring for self and others (i.e., playgrounds, babysitting, Internet use, shaken baby syndrome)	K.3.6.B.3 Show an understanding of basic injuries/conditions (i.e., bleeding, heat exhaustion, heatstroke, frostbite, hyperthermia, hypothermia) and basic first-aid procedures (i.e., seek adult help, rest, apply compression, avoid touching/handling body fluids)
K A	K A	K B	K B

6 A	6 N	6 A Safety	6 A Safety
□ K.3.6.B.4 Describe ways to seek help related to different types of accidents and/or dangerous situations (i.e., situations involving vehicles, bicycles, water, fire, choking, thin ice, violence, shaken baby syndrome, babysitting)	□ S.3.4.A.1 → S.3.6.A.1 Follow set rules and routines for safe participation and use of equipment in selected physical activities (e.g., fair-play rules, change-room routines, equipment distribution, sharing space)	□ S.3.6.A.2 Demonstrate basic first-aid procedures (e.g., seek adult help, get ice, locate first-aid kit, avoid contact with body fluids) for common injuries/conditions (e.g., nosebleeds, cuts, bumps, asthma attacks)	
K B	S A	S A	