

















<b>S1</b> 	<b>S1</b> 	<b>S1</b> 	<b>S1</b> 
<input type="checkbox"/> <b>K.1.S1.A.1 Identify similarities and/or differences between characteristics of basic movement skills (e.g., striking...) as applied to different physical activities (e.g., wrist action in the tennis forehand stroke as compared to a badminton underhand clear...).</b>	<input type="checkbox"/> <b>K.1.S1.B.1 Describe how movement skill patterns transfer from one activity to another (e.g., overhand throw and tennis serve...).</b>	<input type="checkbox"/> <b>K.1.S1.B.2 Describe biomechanical principles (i.e., force, motion) related to projectiles and flight as applied in selected physical activity performance (e.g., 20° take-off angle in running long jump, 40° release angle for shot put...).</b>	<input type="checkbox"/> <b>K.1.S1.B.3 Analyze movement concepts related to game strategies in team activities (e.g., space awareness and relationships as applied to person-to-person defence or zone defence...).</b>
<b>K</b>	<b>A</b>	<b>K</b>	<b>B</b>
	<b>B</b>	<b>K</b>	<b>B</b>

<b>S1</b> 	<b>S1</b> 	<b>S1</b> 	<b>S1</b> 
<input type="checkbox"/> <b>K.1.S1.C.1 Demonstrate an understanding of the rules</b> (e.g., lost serve for serving faults in volleyball...) <b>and etiquette</b> (e.g., no noise during a foul shot in basketball or while a golfer is teeing off, shaking hands...) <b>associated with selected sports and games.</b>	<input type="checkbox"/> <b>K.1.S1.C.2 Apply the terminology associated with the skills and rules for selected team activities/sports</b> (e.g., in-turn/out-turn in curling, travelling/double dribble in basketball...).	<input type="checkbox"/> <b>K.1.S1.C.3 Describe the basic strategies employed in specific games and sports, including individual and team activities</b> (e.g., pacing in running, varying placement of service...).	<input type="checkbox"/> <b>K.1.S1.C.4 Identify the impact on youth of unethical issues</b> (e.g., use of performance-enhancing substances, involvement of gambling in sports, female/male-only sports teams...) <b>in sport as represented in the media.</b>
<b>K</b>	<b>C</b>	<b>K</b>	<b>C</b>

<h1>S1</h1> 	<h1>S1</h1> 	<h1>S1</h1> 	<h1>S1</h1> 
<input type="checkbox"/> <b>S.1.S1.A.1</b> Select and refine <b>transport skills, applying mechanical principles</b> (i.e., force, motion, balance) <b>related to activity-specific physical activity skills.</b>	<input type="checkbox"/> <b>S.1.S1.A.2</b> Select and refine <b>manipulation skills</b> (e.g., serve, forehand stroke, dribble, receiving a pass...), <b>applying biomechanical principles</b> (i.e., force, motion, balance) <b>related to activity-specific physical activity skills.</b>	<input type="checkbox"/> <b>S.1.S1.A.3</b> Select and refine <b>balance abilities</b> (i.e., static, dynamic), <b>applying biomechanical principles</b> (i.e., force, motion, balance), <b>using a variety of equipment</b> (e.g., skates, skis, boards, stilts, pogo sticks...) <b>related to activity-specific physical activity skills.</b>	<input type="checkbox"/> <b>S.1.S1.B.1</b> <b>Apply and adapt activity-specific movement skills</b> (e.g., serving...) <b>in physical activities, including individual/dual games/sports</b> (e.g., badminton, tennis...).
<h1>S</h1>	<h1>A</h1>	<h1>S</h1>	<h1>B</h1>

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<p><input type="checkbox"/> <b>S.1.S1.B.2 Apply and adapt activity-specific movement skills</b> (e.g., sending a pass, receiving a pass...) <b>in physical activities, including group/team-type activities</b> (e.g., ultimate, rugby, touch football, team handball...).</p>	<p><input type="checkbox"/> <b>S.1.S1.B.3 Perform various officiating duties</b> (e.g., refereeing, scorekeeping, timekeeping, making line calls for “out of bounds”...) <b>related to a particular physical activity/sport, including the use of hand signals where applicable</b> (e.g., signals for side out, foot fault, net ball in volleyball...).</p>	<p><input type="checkbox"/> <b>S.1.S1.C.1 Apply and adapt selected activity-specific skills</b> (e.g., gripping, hanging, carrying...) <b>required in alternative pursuits</b> (e.g., wall climbing, backpacking...) <b>indigenous to the selected geographic area.</b></p>	<p><input type="checkbox"/> <b>S.1.S1.D.1 Demonstrate the ability to lead and/or follow while performing movement sequences, using complex rhythmic steps and patterns representing different cultural backgrounds and/or styles</b> (e.g., traditional dance, jig, modern dance...) <b>in a variety of rhythmic activities</b> (e.g., exercise to music, jazz gymnastics, folk dances...).</p>
<h1>S</h1>	<h1>B</h1>	<h1>S</h1>	<h1>C</h1>
	<h1>B</h1>	<h1>S</h1>	<h1>D</h1>