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<p><input type="checkbox"/> K.1.7.A.1 Recognize characteristics of selected movement skills and patterns (e.g., overhead throwing pattern...) as applied in a variety of physical activities, including territory/invasion-type and striking/fielding-type activities (e.g., baseball, football, overhand volleyball serve...)</p>	<p><input type="checkbox"/> K.1.7.B.1 Examine external factors (i.e., cost, facility availability, practice opportunities outside school) that may affect movement skill development</p>	<p><input type="checkbox"/> K.1.7.B.2 Identify the biomechanical concepts for efficient movement (i.e., leverage) as it relates to striking activities (e.g., shorter radius of rotation reduces force, as in choking up on a bat...)</p>	<p><input type="checkbox"/> K.1.7.B.3 Analyze movement concepts (i.e., body awareness, space awareness, qualities of effort, relationships) as they apply to territory/invasion-type activities (e.g., offensive pass to an “open space”...) and striking/fielding-type activities (e.g., body position to catch fly ball or grounder in cricket...)</p>
<p>K A</p>	<p>K B</p>	<p>K B</p>	<p>K B</p>

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<p><input type="checkbox"/> K.1.7.C.1 Identify the importance of following rules (i.e., safety, control, fair play, inclusion, enjoyment, entertainment) of selected sports and games</p>	<p><input type="checkbox"/> K.1.7.C.2 Show an understanding of the specific terminology associated with selected sports and games, including territory/invasion-type activities (e.g., lacrosse, soccer...) and striking/fielding-type activities (e.g., baseball, cricket...)</p>	<p><input type="checkbox"/> K.1.7.C.3 Determine basic offensive and defensive strategies (e.g., hitting to an open space, shuffle-step to maintain a guarding position...) in games, including territory/invasion-type and striking/fielding-type activities</p>	<p><input type="checkbox"/> K.1.7.C.4 Distinguish between fair play behaviours (e.g., showing respect for rules, officials, and opponents...) and unethical behaviours (e.g., cheating, arguing with an official, foul play...) regarding participation in physical activities and/or sports</p>
<p>K C</p>	<p>K C</p>	<p>K C</p>	<p>K C</p>

<p>7</p> 	<p>7</p> 	<p>7</p> 	<p>7</p> 
<p><input type="checkbox"/> S.1.6.A.1 ➔ S.1.7.A.1 Perform extensions and/or variations of transport skills (e.g., sprinting, jumping, springing, rotating...), applying mechanical principles (e.g., speed is affected by the weight of body, range of motion, number of involved body segments, application of force...) for speed, height, and/or distance</p>	<p><input type="checkbox"/> S.1.7.A.2 Perform manipulation skills (e.g., bouncing, rolling, striking...), applying mechanical principles (e.g., length of lever, range of motion, number of body segments, application of force...) for consistency</p>	<p><input type="checkbox"/> S.1.7.A.3 Demonstrate balance abilities (i.e., static, dynamic), applying mechanical principles (i.e., lower centre of gravity, increase base of support, keep line of centre of gravity within base of support) for stability and strength in cooperative-type activities (e.g., team-building activities, rescuing activities, pulling activities...)</p>	<p><input type="checkbox"/> S.1.7.B.1 Apply functional use of selected and/or activity-specific movement skills (e.g., drop shot, high jumping, kicking...) in a variety of individual/dual games/sports (e.g., badminton, track and field activities, kick-sack...)</p>
<p>S A</p>	<p>S A</p>	<p>S A</p>	<p>S B</p>

<p>7</p> 	<p>7</p> 	<p>7</p> 	<p>7</p> 
<p><input type="checkbox"/> S.1.7.B.2 Apply functional use of selected and/or activity-specific movement skills with a defensive and/or an offensive component (e.g., faking out an opponent, guarding, running for positioning to catch a ball, batting...) in a variety of games/sports, including territory/invasion-type activities (e.g., basketball...) and striking/fielding-type activities (e.g., cricket, softball...)</p>	<p><input type="checkbox"/> S.1.6.B.3 → S.1.7.B.3 Demonstrate the ability to work cooperatively/collaboratively in planning, organizing, and/or officiating physical activities</p>	<p><input type="checkbox"/> S.1.7.C.1 Apply functional use of selected activity-specific skills (e.g., care and carrying of equipment, compass and map reading, star turn, snowplough...) in alternative pursuits (e.g., orienteering, hiking, skiing...)</p>	<p><input type="checkbox"/> S.1.7.D.1 Design and perform rhythmic sequences that use movement concepts (i.e., showing contrast in directions, effort, leading/following) and selected rhythmic steps, positions, and patterns in rhythmic activities related to own culture or culture of interest (e.g., bench-step aerobics, square dance, novelty dance, highland dance, hoop dance...)</p>
<p>S B</p>	<p>S B</p>	<p>S C</p>	<p>S D</p>

<p>7</p>  <p>Movement</p>	<p>7</p>  <p>Movement</p>	<p>7</p>  <p>Movement</p>	<p>7</p>  <p>Movement</p>
<p><input type="checkbox"/> S.1.7.D.2 Design and perform, with others, movement sequences that use movement concepts (e.g., leading, following...) and selected activity-specific skills, using small or large apparatus (e.g., rhythmic sportive gymnastics, artistic gymnastics, stuntastics, educational gymnastics...)</p>			
<p>S</p>	<p>D</p>		