### Domains and Factors of Risk and Protection

<table>
<thead>
<tr>
<th>Domain</th>
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<th>Protective Factors</th>
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<tbody>
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| **Individual/Personality** | ▪ physical trauma  
▪ temperament  
▪ early aggressive behaviour  
▪ early initiation of substance use  
▪ past trauma or abuse  
▪ lack of commitment to societal values or norms  
▪ poor self-concept | ▪ strong personal social skills/esteem  
▪ resilience |
| **Family**            | ▪ living arrangements  
▪ poor parental monitoring and supervision  
▪ poor attachments  
▪ poor communication about rules and expectations  
▪ family conflict  
▪ favourable attitudes toward teen alcohol, other drug use, and gambling  
▪ parental alcoholism and drug use | ▪ parental monitoring and supervision  
▪ emotional support  
▪ presentation of clear, pro-social normative expectations  
▪ positive bonding |
| **Peers**             | ▪ favourable peer attitudes toward drugs and gambling  
▪ peer substance use  
▪ peer pressure/rejection | ▪ affiliation of close friends who are not drug users  
▪ positive bonding |
| **School**            | ▪ academic failure  
▪ lack of commitment to school | ▪ participation in extracurricular activities  
▪ social support networks  
▪ high social and academic expectations  
▪ positive bonding |
| **Community/Environmental** | ▪ characteristics of the community  
▪ availability of substances  
▪ community laws/norms favourable to drug use and gambling | ▪ community sponsored activities  
▪ activities based on religion  
▪ positive bonding |