

RM 5–SU: Risk and Protective Factors Related to Substance Misuse

Domains and Factors of Risk and Protection		
Domain	Risk Factors	Protective Factors
Individual/ Personality	▪	▪
Family	▪	▪
Peers	▪	▪
School	▪	▪
Community/ Environmental	▪	▪

Continued

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(Continued) (Answer Key)**

Domains and Factors of Risk and Protection*		
Domain	Risk Factors	Protective Factors
Individual/ Personality	<ul style="list-style-type: none"> ▪ physical trauma ▪ temperament ▪ early aggressive behaviour ▪ early initiation of substance use ▪ past trauma or abuse ▪ lack of commitment to societal values or norms ▪ poor self-concept 	<ul style="list-style-type: none"> ▪ strong personal social skills/esteem ▪ resilience
Family	<ul style="list-style-type: none"> ▪ living arrangements ▪ poor parental monitoring and supervision ▪ poor attachments ▪ poor communication about rules and expectations ▪ family conflict ▪ favourable attitudes toward teen alcohol, other drug use, and gambling ▪ parental alcoholism and drug use 	<ul style="list-style-type: none"> ▪ parental monitoring and supervision ▪ emotional support ▪ presentation of clear, pro-social normative expectations ▪ positive bonding
Peers	<ul style="list-style-type: none"> ▪ favourable peer attitudes toward drugs and gambling ▪ peer substance use ▪ peer pressure/rejection 	<ul style="list-style-type: none"> ▪ affiliation of close friends who are not drug users ▪ positive bonding
School	<ul style="list-style-type: none"> ▪ academic failure ▪ lack of commitment to school 	<ul style="list-style-type: none"> ▪ participation in extracurricular activities ▪ social support networks ▪ high social and academic expectations ▪ positive bonding
Community/ Environmental	<ul style="list-style-type: none"> ▪ characteristics of the community ▪ availability of substances ▪ community laws/norms favourable to drug use and gambling 	<ul style="list-style-type: none"> ▪ community sponsored activities ▪ activities based on religion ▪ positive bonding

* Source: George, Sheena, Art Dyer, and Phyllis Leven. *An Overview of Risk and Protective Factors: The Alberta Youth Experience Survey 2002*. Edmonton, AB: Alberta Alcohol and Drug Abuse Commission (AADAC), 2003. 18, 22–23. <www.aadac.com/documents/TAYES_overview.pdf>. Used with permission of the Alberta Alcohol and Drug Abuse Commission (www.aadac.com) 2008.