



GRADE 11  
ACTIVE HEALTHY LIFESTYLES

Manitoba Physical Education/Health Education  
Curriculum Framework of Outcomes and  
A Foundation for Implementation

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This resource is also available on the Manitoba Education, Citizenship and Youth website at <[www.edu.gov.mb.ca/k12/cur/physhlth/curriculum.html](http://www.edu.gov.mb.ca/k12/cur/physhlth/curriculum.html)>.

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