Directions: Choose five of the Grade 9 Career Development: Life/Work Exploration General Learning Outcomes (GLOs) listed below that you think you have achieved.

Beside each chosen GLO, describe the schoolwork, extracurricular activities, work, hobbies, and community involvement you have done that show how you have achieved the GLO.

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| **General Learning Outcome (GLO)** | **Evidence Showing Achievement** |
| GLO A: Build and maintain a positive self-image. |  |
| GLO B: Interact positively and effectively with others. |  |
| GLO C: Change and grow throughout one’s life. |  |
| GLO D: Locate and effectively use life/work information. |  |
| GLO E: Understand the relationship between  work and society/economy. |  |
| GLO F: Maintain balanced life and work roles. |  |
| GLO G: Understand the changing nature of life/work roles. |  |
| GLO H: Participate in lifelong learning supportive of life/work goals. |  |
| GLO I: Make life/work enhancing decisions. |  |
| GLO J: Understand, engage in, and manage  one’s own life/work building process. |  |
| GLO K: Secure or create and maintain work. |  |