Contents

Acknowledgements vii

Introduction 1
  Rationale and Philosophy 2
  Career Development Framework 3
  Roles and Responsibilities 7
  Career and Community Experiences 10
  Manitoba’s Career Development Curricula 11
  Grade 10 Career Development: Life/Work Planning—
  General and Specific Learning Outcomes 12
  Curricular Connections 20
  Assessment 20

Document Organization 22
  Document Organization and Format 22
  Guide to Reading the Units 22
  Document Format 24

Unit 1: Personal Management 27
  Assessment Plan 29
    ■ GLO A: Build and maintain a positive self-image. 29
    ■ GLO B: Interact positively and effectively with others. 29
    ■ GLO C: Change and grow throughout life. 30
  Achieving the Learning Outcomes 31
    ■ Introduction to Course 31
    ■ GLO A: Build and maintain a positive self-image. 32
    ■ GLO B: Interact positively and effectively with others. 35
    ■ GLO C: Change and grow throughout life. 39
Unit 2: Career Exploration  
Assessment Plan  
- GLO D: Locate and effectively use life/work information.  
- GLO E: Understand the relationship between work and society/economy.  
- GLO F: Maintain balanced life and work roles.  
- GLO G: Understand the changing nature of life/work roles.  
Achieving the Learning Outcomes  
- GLO D: Locate and effectively use life/work information.  
- GLO E: Understand the relationship between work and society/economy.  
- GLO F: Maintain balanced life and work roles.  
- GLO G: Understand the changing nature of life/work roles.

Unit 3: Learning and Planning  
Assessment Plan  
- GLO H: Participate in lifelong learning supportive of life/work goals.  
- GLO I: Make life/work enhancing decisions.  
- GLO J: Understand, engage in, and manage own life/work building process.  
Achieving the Learning Outcomes  
- GLO H: Participate in lifelong learning supportive of life/work goals.  
- GLO I: Make life/work enhancing decisions.  
- GLO J: Understand, engage in, and manage own life/work building process.

Unit 4: Seeking and Job Maintenance  
Assessment Plan  
- GLO K: Secure/create and maintain work.  
Achieving the Learning Outcomes  
- GLO K: Secure/create and maintain work.
Unit 5: Career and Community Experiences 81

Assessment Plan 83

- GLO D: Locate and effectively use life/work information. 59
- GLO J: Understand, engage in, and manage own life/work building process. 83

Achieving the Learning Outcomes 85

Before Career and Community Experience 85
- GLO D: Locate and effectively use life/work information. 85

During Career and Community Experience 87
- GLO D: Locate and effectively use life/work information. 87
- GLO J: Understand, engage in, and manage own life/work building process. 88

After Career and Community Experience 88
- GLO J: Understand, engage in, and manage own life/work building process. 88

Appendix A: Blackline Masters: Units 1–5 91

Appendix B: Strategies for Instruction and Assessment 187

Bibliography 197