**Instructions**

1. In the first column of the chart below, list the **Factors** you consider most important to consider when choosing your occupation (e.g., skills, interests, values, lifestyle).
2. Decide on two different occupations to research—write them in the blank spaces above column 2 and column 3.
3. Using the information you find on websites such as <http://noc.esdc.gc.ca>, fill in the details about how well each occupation fulfills or does not fulfill the factors you identified as important. For example, if you wrote that a key factor in deciding what occupation you would like is whether travel was involved or not (a lifestyle factor), then you would write whether each occupation involved travel and how.

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| **Factors** | **Occupation #1:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **Occupation #2:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
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