
Matching Interests and Skills with Occupations Using the National Occupational Classification

Instructions

1. Go to the Government of Canada NOC website at <http://noc.esdc.gc.ca> and choose your language of choice.
2. Click on The Career Handbook—counselling component of NOC 2001.
3. Click on the Classification Structure link on the menu on the left.
4. Choose a skill type or category of occupations that you are interested in (for example, number 3, Health Occupations).
5. Choose an occupation that interests you, and click on the NOC code.
6. Print off the details of the occupation (examples of job titles, profile summary, descriptor profile, etc.).
7. To interpret the Profile Summary, print off "A Synopsis of Descriptors and Labels," which can be found by clicking the question mark link beside Profile Summary. For more detail about attitudes, interests, data/people/things, et cetera, click on the question mark link beside that item.
8. Using the Profile Summary and the Descriptor Profile, fill in the chart below for this occupation.
9. Go back to the list of occupations classifications and/or the list of occupations in the same classification, and choose four more occupations to explore.
10. In the final column of the chart below, list the various skills and interests that are common to almost all of the occupations you explored.

Occupation	Aptitudes/Skills	Interests	Common Interests and Skills