

Transitions Resource List: Transitions to Further Education and Training

**A project of Enhancing Transitions for Adults to Further Education, Employment and Training
and
The Manitoba Adult Literacy Strategy**

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The resource list consists of electronic and paper based resources to assist adult learners’ made successful transitions to further education, employment and training.

Acknowledgements

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Enhancing Transitions for Adults to Further Education, Employment and Training

In 2009, the federal government announced a two-year Strategic Training and Transition Fund to be administered in Manitoba by Entrepreneurship, Training and Trade through the existing Labour Market Agreement and Labour Market Development Agreement. Adult Learning and Literacy submitted a proposal and was approved for a two-year project that would support the Manitoba Adult Literacy Strategy.

The goals of the *Enhancing Transitions* project were to enhance adult learners’ transitions:

- from adult programming to meaningful, long-term employment
- to further education and training to support their lifelong career and personal goals.

Enhancing Transitions was administered by Adult Learning and Literacy in partnership with Workplace Education Manitoba. A collection of tools and resources was developed by a project team. The development and testing of transition related materials, structures, tools and lessons was based on research in four case study communities.

Transitions Related Resource List

RESOURCES FOR STUDY SKILLS: Transition to Further Education and Training

Author	Title of Publication/Website/ ISBN#	Description of : RESOURCES FOR STUDY SKILLS	Program
Career Cruising	Career Cruising www.careercruising.com	The site can be accessed from the Manitoba Government Career Development Website or directly. Career Cruising is an industry leading online career guidance and planning system. Learners of all ages use the tools to find the right career, explore education and training options, and build their own portfolio.	Suitable for ALC and ALP learners; learners transitioning to further education and employment and/or training.
Ellis, Dave	<i>Becoming a Master Student</i> ISBN-10: 0618950036 ISBN-13: 978-0618950034 Available at: Amazon.com	User-friendly textbook written in a magazine-style layout. Topics include: <ul style="list-style-type: none"> ▪ Making transitions ▪ Learning styles ▪ Time management ▪ Reading strategies ▪ Note-taking and test writing ▪ Money management Includes journal entries (discovery statements); learning style applications; critical thinking activities; and online activities for each topic. Additional textbook support can be found at: http://college.cengage.com/collegesurvival/ellis/master_student/10e/students/exercise_index.html	Suitable for ALC learners; learners transitioning to further education
Government of Canada	Government of Canada CanLearn http://www.canlearn.ca	The Government of Canada CanLearn website contains several interactive career-planning activities. Features include; an Interest Quiz; an Online Counselor; Career Options; and Education Requirements for specific careers. This website is also available in French.	Suitable for ALC learners; learners transitioning to further education and training.
Graveline, Dr. Frye Jean; Graveline, Michele;	<i>Just Reach Out: Back to High School Transition Guide</i> ISBN:	Just Reach Out is a guide for Aboriginal students for their journey through high school. It is for students who are in high school, returning to high school, or relocating to a new program outside of their home community. This guide shares Aboriginal stories and information collected over time about survival, and about building	Suitable for ALC learners

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Graveline, Amber	978-1-897541-02-9	respectful relationships with family, animals, places, spirits and the land.	
Igniting the Power Within	<i>Igniting the Power Within</i> www.ignitingthepowerwithin.ca/	This site features instructional materials for adult learners and instructors. The program also offers certification workshops on Essential Skills and Recognizing Prior Learning (RPL) for First Nations and Metis employment counselors in Manitoba. The tools help learners reach their employment goals.	Suitable for ALC and ALP learners; learners transitioning to further education & employment and/or training.
Jones, Christianna; Thompson, Kate	<i>Fill It In: Working with Forms for Aboriginal Students</i> ISBN: 978-1-897541-03-6	This workbook is written at a lower literacy level, and contains paper-based and Internet forms that touch on work, personal and school life. It also clearly explains many of the “rules” about forms that may not normally be explained, as well as a glossary of terms used in each type of form, and tips and activities for filling them out.	Suitable for ALP and ALC learners
Manitoba Government Career Development Website – Your Future Your Way	Manitoba Government Career Development Website – Your Future Your Way http://www.manitobacareerdevelopment.ca/CDI/	Manitoba Government Career Development Website – Your Future Your Way The site features interactive and printable resources for adult learners and instructors. Topics include: <ul style="list-style-type: none"> ▪ Problem-solving ▪ Time Management ▪ Learning ▪ Learning with Others 	Suitable for ALC and ALP learners; learners transitioning to further education and employment and/or training.

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Manitoba Textbook Bureau	<p><i>Success for All Learners: A Handbook on Differentiating Instruction</i> (A Resource for Kindergarten to Senior 4 Schools)</p> <p>Phone: 1-866-776-6822</p> <p>Available for purchase from Manitoba Textbook Bureau</p>	<p>Chapter 6 – “<i>Teaching and Learning Strategies</i>” contains teaching suggestions and strategies to facilitate learning at all levels and abilities. The strategies encourage learner empowerment and address diverse learning styles. Strategies include:</p> <ul style="list-style-type: none"> ▪ Core Strategies (active listening, active thinking, writing to learn); ▪ Activating Strategies (prior knowledge); ▪ Acquiring Strategies (content reading; information-processing); ▪ Applying Strategies (reformulating; extending); ▪ Strategies for Independent Learning (editing; note-taking; researching; preparing and writing tests). 	<p>Suitable for ALP learners transitioning to ALC programs; learners transitioning to further education.</p>
Paul, Kevin	<p><i>Study Smarter, Not Harder</i> ISBN: 978-1-55180-849-9</p> <p>Available at: Amazon.com</p>	<p>Recommended as a teacher’s resource or as a textbook. Topics include:</p> <ul style="list-style-type: none"> ▪ Learning styles ▪ Preparing a study space ▪ Memory techniques ▪ Goal-setting ▪ Time-management ▪ Study techniques <p>Includes some examples and exercises. Learners can join the author’s blog at www.studysmarternother.com.</p>	<p>Suitable for ALC learners</p> <p>Readability is at a high school level</p>
Stonefish, Brent	<p><i>Success in Your Studies for Aboriginal Students</i> ISBN:</p>	<p>This workbook looks at the various aspects of student life that an Aboriginal learner may face while going to High School or Post-Secondary. The sections of the book are based on the four teachings of the Medicine Wheel, and include Vision, Time, Feeling,</p>	<p>Suitable for ALC learners; learners transitioning to further education</p>

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	978-1-896832-77-7	and Movement. Through these four teachings, the author addresses the academic, economic, social, family, health, and personal well-being issues that learners may face while attending school.	
Woodcock, Susan Kruger	<i>SOAR Study Skills</i> ISBN: 0-9774280-0-1 Available at Amazon.com	SOAR stands for Set goals; Organize; Ask questions; Record your progress. Workbook-style; contains many hands-on activities and worksheets for learners; adult learner-friendly illustrations and writing style. Topics include: <ul style="list-style-type: none"> • Multiple intelligences • Goal-setting • Organization • Reading strategies 	Suitable for ALP learners transitioning to ALC programs