Physical Education Resources: Kindergarten to Senior 2

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First Aid: Pocket Guide to Emergency First Aid
Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8
Walking Games and Activities
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide

Bonnie's Fitware Task Cards: Fitness Task Cards: Module 5: Weight Training
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First Aid: Pocket Guide to Emergency First Aid
FITNESSGRAM® 6.0 Test Kit

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Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)
Personal Fitness: Looking Good—Feeling Good (Student Edition)

Student - Depth

Amazing Women Athletes
Ballerinas Don't Wear Glasses
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Chuck in the City
FitFocus: Health and Physical Activity Analysis Software
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Franklin's Bicycle Helmet
Let the Games Begin!
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Sports in Action: Basketball in Action
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Treasure for Lunch
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
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Bonnie's Fitware Task Cards: Band-Based Exercises
Bonnie's Fitware Task Cards: Basic Skills Task Cards
Bonnie's Fitware Task Cards: Bone Task Cards
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Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)
Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 3 - 4
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Zachary's Ball

Teacher Reference

Adapted Physical Education and Sport Assessment Strategies for Elementary Physical Education
Best New Games
Bonnie's Fitware Task Cards: Ball Exercises
Bonnie's Fitware Task Cards: Elementary Ball Handling
Bonnie's Fitware Task Cards: Fitness Task Cards: Module 5: Weight Training
Bonnie's Fitware Task Cards: Food Card Challenge
Bonnie's Fitware Task Cards: High School Standards-Based Golf Unit
Bonnie's Fitware Task Cards: Individual Stunts
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 5 (CD-ROM)
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 6 (CD-ROM)
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 8 (CD-ROM)
Bonnie's Fitware Task Cards: Problem Solving Activities
Bonnie's Fitware Task Cards: Short Rope Task Cards
Bonnie's Fitware Task Cards: Swimming Task Cards
Building More Dances: Blueprints for Putting Movements Together

Changing Kids’ Games
Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)
Cooperative Learning in Physical Education
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)
Exercise Science: Studying Human Movement and Health: Teacher’s Guide
First Aid: First on the Scene: The Complete Guide to First Aid and CPR
First Aid: Pocket Guide to Emergency First Aid
FitFocus: Health and Physical Activity Analysis Software
Fitness Education for Children: A Team Approach FITNESSGRAM® 6.0 Test Kit
Game On!
Game Skills: A Fun Approach to Learning Sport Skills
It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life
Juggling: From Start to Star
Kidnastics®: A Child-Centered Approach to Teaching
Kids on the Ball: Using Swiss Balls in a Complete Fitness Program
Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
Movement ABCs: An Inclusive Guide to Stimulating Language Development
Moving with a Purpose: Developing Programs for Preschoolers of All Abilities
Multicultural Folk Dance Treasure Chest
Multicultural Games
On Handling a Ball with a Racquet…In the Game of Tennis
Ontario Health and Physical Education Curriculum Support: Grade 1
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement
Ontario Health and Physical Education Curriculum Support: Grade 2
Ontario Health and Physical Education Curriculum Support: Grade 3
Ontario Health and Physical Education Curriculum Support: Grade 4
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Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement
Ontario Health and Physical Education Curriculum Support: Kindergarten
PE-4-ME: Teaching Lifelong Health and Fitness
Perpetual Motion: Creative Movement Exercises for Dance and Dramatic Arts
Personal Fitness: Looking Good—Feeling Good: Teacher Edition
Personal Fitness: Looking Good—Feeling Good: Transparencies
Physical Education for Children: Daily Lesson Plans for Elementary School
Physical Education for Children: Daily Lesson Plans for Middle School
Physical Education Methods for Classroom Teachers
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity
Premier's Sport Award Program: Badminton: Teaching the Basics Resource Manual
Premier's Sport Award Program: Basketball: Teaching the Basics Resource Manual
Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual
Premier's Sport Award Program: Disc Sports: Teaching the Basics Resource Manual
Premier's Sport Award Program: Field Hockey: Teaching the Basics Resource Manual
Premier's Sport Award Program: Golf: Teaching the Basics Resource Manual
Premier's Sport Award Program: Gymnastics: Teaching the Basics Resource Manual
Premier's Sport Award Program: Ice Skating: Teaching the Basics Resource Manual
Premier's Sport Award Program: Orienteering: Teaching the Basics Resource Manual
Premier's Sport Award Program: Soccer: Teaching the Basics Resource Manual
Premier's Sport Award Program: Softball: Teaching the Basics Resource Manual
Premier's Sport Award Program: Track and Field: Teaching the Basics Resource Manual
Premier's Sport Award Program: Volleyball: Teaching the Basics Resource Manual
Quality Lesson Plans for Secondary Physical Education (includes CD-ROM)
Run, Jump, Throw…and Away We Go!
Special Needs Science: Understanding Differences
Sport Progressions
Step Lively 2: Canadian Dance Favourites (includes CD)
Step Lively: Dances for Schools and Families (includes CD)
Strategies for Inclusion: A Handbook for Physical Educators
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)
Teaching FUNdamental Gymnastics Skills
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8
Teaching Rhythmic Gymnastics: A Developmentally Appropriate Approach
Walking Games and Activities
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)

**Teacher Reference/Professional Development**

Bonnie's Fitware Task Cards: Band-Based Exercises
Bonnie's Fitware Task Cards: Basic Skills Task Cards
Bonnie's Fitware Task Cards: Bone Task Cards
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- Bonnie's Fitware Task Cards: Fitness Task Cards
- Bonnie's Fitware Task Cards: Fitness Task Cards: Module 2: Muscle Game
- Bonnie's Fitware Task Cards: Fitness Task Cards: Module 4: Partner Strength Activities
- Bonnie's Fitware Task Cards: Long Rope Task Cards
- Character Education: 43 Fitness Activities for Community Building
- Children Moving: A Reflective Approach to Teaching Physical Education
- Co-Ed Recreational Games
- High School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
- Kinetic Anatomy
- Learning by Choice in Secondary Physical Education: Creating a Goal-Directed Program
- Pedometer Power: 67 Lessons for K-12
- Performance-Based Assessment for Middle and High School Physical Education
- Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development
- Physical Education Methods for Elementary Teachers
- Physical Education Tips from the Trenches
- Play Practice: The Games Approach to Teaching and Coaching Sports
- Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8
- Teaching Sport Concepts and Skills: A Tactical Games Approach