Physical Education Resources: Kindergarten to Senior 2

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Franklin's Bicycle Helmet
Game Skills: A Fun Approach to Learning Sport Skills
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Moving with a Purpose: Developing Programs for Preschoolers of All Abilities
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Assessment Strategies for Elementary Physical Education
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Building More Dances: Blueprints for Putting Movements Together
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Cooperative Learning in Physical Education
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Fitness Education for Children: A Team Approach Game On!
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Multicultural Folk Dance Treasure Chest
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Pedometer Power: 67 Lessons for K-12
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Perpetual Motion: Creative Movement Exercises for Dance and Dramatic Arts
Physical Education for Children: Daily Lesson Plans for Elementary School
Physical Education Methods for Classroom Teachers
Physical Education Tips from the Trenches
Premier's Sport Award Program: Badminton: Teaching the Basics Resource Manual
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Premier's Sport Award Program: Curling: Teaching the Basics Resource Manual
Premier's Sport Award Program: Disc Sports: Teaching the Basics Resource Manual
Premier's Sport Award Program: Field Hockey: Teaching the Basics Resource Manual
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Premier's Sport Award Program: Softball: Teaching the Basics Resource Manual
Premier's Sport Award Program: Track and Field: Teaching the Basics Resource Manual
Premier's Sport Award Program: Volleyball: Teaching the Basics Resource Manual
Run, Jump, Throw...and Away We Go!
Special Needs Science: Understanding Differences
Step Lively 2: Canadian Dance Favourites (includes CD)
Step Lively: Dances for Schools and Families (includes CD)
Teaching Children Physical Education: Becoming a Master Teacher (includes CD-ROM with video clips)
Teaching FUNdamental Gymnastics Skills
Teaching Rhythmic Gymnastics: A Developmentally Appropriate Approach
Walking Games and Activities
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience

Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
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Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)

Grade Group: 5 - 8

Amazing Women Athletes
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Bonnie's Fitware Task Cards: Ball Exercises
Bonnie's Fitware Task Cards: Food Card Challenge
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 5 (CD-ROM)
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 6 (CD-ROM)
Bonnie's Fitware Task Cards: Middle School Standards-Based Task Cards: Grade 8 (CD-ROM)
Character Education: 43 Fitness Activities for Community Building
Children Moving: A Reflective Approach to Teaching Physical Education
Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)
First Aid: Pocket Guide to Emergency First Aid
FITNESSGRAM® 6.0 Test Kit
Game Skills: A Fun Approach to Learning Sport Skills
KIDnastics®: A Child-Centered Approach to Teaching
Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
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PE-4-ME: Teaching Lifelong Health and Fitness Performance-Based Assessment for Middle and High School Physical Education
Physical Activities for Improving Children’s Learning and Behavior: A Guide to Sensory Motor Development
Physical Education for Children: Daily Lesson Plans for Middle School
Physical Education Methods for Elementary Teachers
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity
Play Practice: The Games Approach to Teaching and Coaching Sports
Sport Progressions
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Sports in Action: Basketball in Action
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Sports in Action: Volleyball in Action
Strategies for Inclusion: A Handbook for Physical Educators
Teaching Middle School Physical Education: A Standards-Based Approach for Grades 5-8
Teaching Sport Concepts and Skills: A Tactical Games Approach
Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 5 - 6