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Exercise Science: Studying Human Movement and Health: Teacher's Guide
FitFocus: Health and Physical Activity Analysis Software
High School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
It's Not Just Gym Anymore: Teaching Secondary School Students How to Be Active for Life
Juggling: From Start to Star
Kinetic Anatomy
Learning by Choice in Secondary Physical Education: Creating a Goal-Directed Program
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement
Pedometer Power: 67 Lessons for K-12
Performance-Based Assessment for Middle and High School Physical Education
Personal Fitness: Looking Good—Feeling Good (Student Edition)
Personal Fitness: Looking Good—Feeling Good: Teacher Edition
Personal Fitness: Looking Good—Feeling Good: Transparencies
Physical Activities for Improving Children's Learning and Behavior: A Guide to Sensory Motor Development
Play Practice: The Games Approach to Teaching and Coaching Sports
Quality Lesson Plans for Secondary Physical Education (includes CD-ROM)
Run, Jump, Throw…and Away We Go!
Sport Progressions
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)

Walking Games and Activities
Warming Up and Cooling Down: Practical Ideas for Ensuring a Fun and Beneficial Exercise Experience