THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD

The Duke of Edinburgh's International Award is a flexible, non-competitive, voluntary program available to all young people from 14 to 24 years of age, whatever their background or ability. The Award program encourages young people to develop positive skills and lifestyle habits, perform community services, and participate in physical activities. For additional information, see www.dukeofed.org/about-duke-of-edinburgh.

The hours that Manitoba students accumulate through community service, cultural exploration, and physical activity participation in the Duke of Edinburgh's International Award program can be used to fulfill the following requirements:

- **Community service** hours of the program can be used as part of the Community Service Student-Initiated Project (CSSIP). See www.edu.gov.mb.ca/k12/policy/faq_sics_sips.pdf.
- **Cultural exploration** hours can be used as part of the Cultural Exploration Student-Initiated Project (CESIP). See www.edu.gov.mb.ca/k12/policy/faq_sics_sips.pdf.
- Physical activity hours of the program can be used as part of the Physical Activity Practicum in the compulsory Grade 11 and Grade 12 Active Healthy Lifestyles: Physical Education/Health Education courses. See www.edu.gov.mb.ca/k12/cur/physhlth/faq_responses_06-10.pdf.

Talk to your school guidance counsellor or principal for more information.

