



8312

INTRODUCTION TO
HAIRSTYLING (10A)

20S/20E/20M

A Hairstyling Course

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Course Description

This course introduces students to hairstyling, with a focus on safety and sanitation, basic tools and equipment, the operation of a hairstyling salon, the workings of the industry, and introductory skills such as braiding, thermal styling, and roller setting. Students learn all of Unit B2: Sanitation and Decontamination in this course.

Goal 1: Describe an understanding of, and demonstrate adherence to, all **health, hygiene, safety, sanitation, and decontamination** protocols.

GLO 1.1: Demonstrate an understanding of, and demonstrate adherence to, all **health, hygiene, safety, sanitation, and decontamination** protocols.

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| SLO 10A.1.1.1 | Demonstrate an understanding of, and adherence to, all health, hygiene, safety, sanitation, and decontamination protocols. |
| SLO 10A.1.1.2 | Maintain a clean and organized workstation and work area. |
| SLO 10A.1.1.3 | Define and describe Manitoba safety and health requirements. (B1.1) 4.3 hours. <ul style="list-style-type: none">■ overview of the <i>Workplace Safety and Health Act and Regulations</i><ul style="list-style-type: none">– rights and responsibilities of workers under the <i>Act</i>– rights and responsibilities of supervisors under the <i>Act</i>– rights and responsibilities of employers under the <i>Act</i>■ public agencies<ul style="list-style-type: none">– Workplace Safety and Health (Enforcement)– SAFE Work Manitoba (Prevention)– other■ codes of practice, guidelines, policies, and standards (differences) |

- worker rights
 - right to know, participate, refuse
 - protection from reprisal
- workplace safety and health program (worker’s involvement)
 - workplace safety and health committee
 - participation in investigation and inspection process

SLO 10A.1.1.4 Identify and describe personal protective equipment (PPE) requirements and standards in the workplace. (B1.2) 4.3 hours.

- employer, supervisor, and worker responsibilities
- hierarchy of control measures
- personal protective equipment (PPE)
 - eye and face protection
 - hearing protection
 - foot, head, hand, and skin protection
 - respiratory protection
 - protective clothing (including Hi-Visibility/Hi-Vis)
 - fall protection (trade specific)

B2 Sanitation and Decontamination (35 hours)

SLO 10A.1.1.5 Describe the use of sanitation and decontamination products and equipment. (B2.1) 2.0 hours.

SLO 10A.1.1.6 Describe guidelines to maintain a clean and orderly work area. (B2.2) 4.0 hours.

- daily sanitation tasks
 - waste disposal
 - sort waste products for recycling
 - floor clean, dry, and free from obstacles
 - storing tools and products
 - clean windows and washrooms
 - clean sinks and mirrors
 - sanitize furnishings
 - sanitize workstation
 - sanitize tools and implements

- universal sanitation tasks
 - clean walls and other public areas
 - clean light fixtures
 - clean general salon

- SLO 10A.1.1.7 Describe the spread of infectious diseases and methods of prevention. (B2.3) *4.0 hours.*
 - identify favourable conditions for growth and reproduction of bacteria
 - disinfectants and antiseptics
 - water temperature

- SLO 10A.1.1.8 Describe good hygiene practices. (B2.4) *2.0 hours.*
 - designated area for eating and drinking

- SLO 10A.1.1.9 Describe the procedure for sanitizing hands. (B2.5) *2.0 hours.*
 - action of types of soaps and water temperature on bacteria
 - hand medicated
 - antibacterial
 - antifungal
 - inspection of hands for healthiness and cleanliness
 - dry hands
 - paper towels
 - electric hand dryers

- SLO 10A.1.1.10 Discuss sanitation process of implements, tools, and equipment. (B2.6) *4.0 hours.*
 - wet sanitizer on implements including combs, brushes, perm rods, and rollers
 - follow manufacturers' instructions
 - Safety
 - sanitize metal implements
 - follow manufacturers' instructions
 - safety
 - sanitize implements using ultraviolet equipment
 - follow manufacturers' instructions
 - safety

- sanitize electric tools and equipment
 - follow manufacturers’ instructions
 - safety
 - autoclave or other options
 - follow manufacturers’ instructions
 - safety
- SLO 10A.1.1.11 Discuss methods of sanitizing towels, capes, and smocks. (B2.7) 2.0 hours.
- SLO 10A.1.1.12 Demonstrate sanitizing implements, tools, equipment, and other supplies. (B2.8) 4.0 hours.
- SLO 10A.1.1.13 Demonstrate sanitizing hands before and after client services. (A3.9) 1.6 hours. *Also taught in 8315.*
- SLO 10A.1.1.14 Demonstrate awareness of WHMIS.
- SLO 10A.1.1.15 Demonstrate awareness of various hazards.

Goal 2: Describe and demonstrate the use and management of equipment, tools, materials, and products.

GLO 2.1: Describe and demonstrate the use and management of equipment, tools, materials, and products.

- SLO 10A.2.1.1 Describe and demonstrate the use and management of equipment (including mannequins), tools, materials, and products.
- SLO 10A.2.1.2 Demonstrate an understanding of the need for fine motor skills and dexterity in the use of equipment and tools.
- SLO 10A.2.1.3 Describe styles, styling aids (product), and styling tools. (E2.1) 7.0 hours. *Also taught in 8314.*
 - styles
 - styling aids (product)
 - tools
 - hot rollers
 - thermal irons (marcel)
 - blow dryer
 - flat iron
 - appropriate brushes and combs
 - other
 - techniques
 - care and maintenance of thermal tools
 - safety

Goal 3: Describe and demonstrate the knowledge and skills related to **pre-service**.

GLO 3.1: Describe and demonstrate **preparing the station and client** for services.

SLO 10A.3.1.1 Discuss consultation and pre-service procedures. (A3.1) 2.2 hours. Also taught in 8313 and 8322.

- greeting clients
 - introductions
 - assistance
- removal of personal accessories and/or clothing
 - safe storage
 - liability issues
- preparation procedures
 - seating
 - adjusting chair
 - positioning of client
 - draping
 - concern for care and comfort of client
- client's needs
 - climate of trust
 - client's lifestyle, preferences, and health
 - home maintenance and affordability
 - duration of time for service
 - correct interpretation of client's needs/desires
 - inform clients of possible side effects of various chemical products
- face and head shape analysis
- hair analysis
- scalp analysis
- recommendation of service
- record results

SLO 10A.3.1.2 Demonstrate assembling tools, materials, equipment, and products at a beginner level. (A3.8) 2.2 hours. Also taught in 8313, 8314, and 8315 at intermediate and advanced levels.

- selection according to service

- SLO 10A.3.1.3 Demonstrate preparation of clients for services at a beginner level. (A3.11) 4.3 hours. Also taught in 8316 and 8320 at intermediate and advanced levels.
- SLO 10A.3.1.4 Discuss procedures for shampooing hair. (A4.1) 1.0 hour.
- discuss procedures for shampooing hair.
 - preparing client
 - brushing hair
 - types of shampoo
 - selection of product according to analysis and service
 - manufacturers’ instructions
 - distribution of shampoo
 - pH range
 - safety
 - positioning of client
 - eyes and ears
 - posture
 - neck injuries
 - water temperature
 - manipulation
 - anatomy
 - technique
 - rinsing
 - removing tangles
 - drying
- SLO 10A.3.1.5 Describe procedures for using hair conditioners. (A4.2) 2.0 hours.
- preparation
 - application
 - manufacturers’ directions
 - types
 - rinse-out
 - leave-in
 - treatments
- SLO 10A.3.1.6 Demonstrate shampooing and conditioning hair on models at a beginner level. (A4.5) 3.5 hours. Also taught in 8313 at an advanced level.

Goal 4: Describe and demonstrate the knowledge and skills related to **service**.

GLO 4.1: Describe and demonstrate the knowledge and skills related to **service**.

- SLO 10A.4.1.1 Describe how to find the natural parting. (C1.3) 2.0 hours. Also taught in 8314.
- SLO 10A.4.1.2 Demonstrate thermal styling on models at a beginner level. (E2.2) 10 hours. Also taught in 8314, 8316, 8318, 8321, and 8323 at beginner, intermediate, and advanced levels.
- SLO 10A.4.1.3 Describe styles using rollers at a beginner level. (E3.1) 2.6 hours. Also taught in 8313 and 8318.
- tools
 - combs
 - rollers
 - pins
 - clips
 - roller patterns and placement for particular styles
 - roller type (shapes, size)
 - sectioning and partings
 - roller placement
 - on-base
 - half base
 - off-base
 - indentation
- SLO 10A.4.1.4 Describe roller effect on different hair types. (E3.2) 0.7 hour. Also taught in 8313 and 8318.
- SLO 10A.4.1.5 Demonstrate roller setting on models at a beginner level. (E3.3) 5.0 hours. Also taught in 8313, 8318, and 8323 at beginner, intermediate, and advanced levels.
- SLO 10A.4.1.6 Describe braiding. (E6.1) 2.0 hours.
- tools
 - combs
 - brush
 - hair pins/bobby pins
 - elastics

- types of braiding
 - braid
 - plait
 - cornrow
 - French (visible/invisible)
- technique

SLO 10A.4.1.7 Demonstrate braiding hair on models at a beginner level. (E6.2) 9.0 hours. Also taught in 8318 at an advanced level.

Goal 5: Describe and demonstrate the knowledge and skills related to **post-service**.

GLO 5.1: Demonstrate the post-service steps required **while the client is in the salon**.

- SLO 10A.5.1.1 Demonstrate the post-service steps required while the client is in the salon.
- SLO 10A.5.1.2 Demonstrate the ability to educate the client regarding care and maintenance of hairstyles.

GLO 5.2: Demonstrate the post-service steps required **after the client leaves the salon**.

- SLO 10A.5.2.1 Demonstrate the post-service steps required after the client leaves the salon.
- SLO 10A.5.2.2 Discuss sanitary measures after releasing the client. (A3.7) 4.2 hours.
- post-service sanitation

Goal 6: Demonstrate an awareness of the **evolution, innovations, and new trends** in hairstyling.

GLO 6.1: Demonstrate an awareness of the **evolution, innovations, and new trends** in hairstyling.

- SLO 10A.6.1.1 Demonstrate an awareness of the evolution, and/or innovations, and/or new trends in hairstyling.

Goal 7: Demonstrate an understanding of the **scope** of hairstyling (along with associated professions), including **working conditions**, and **training** and **career opportunities**.

GLO 7.1: Demonstrate an understanding of the **scope** of hairstyling (along with associated professions), including **working conditions**.

SLO 10A.7.1.1 Demonstrate an awareness of the scope of hairstyling and associated occupations.

SLO 10A.7.1.2 Describe structure and scope of the Hairstylist trade. (A1.1) 5.0 hours.

- *The Apprenticeship and Certification Act*
 - Apprenticeship and Certification Board
 - Sector Committees and Industry Working Groups (IWG)
 - general regulation, and specific trade regulations/by-laws
 - policies regarding attendance, evaluation procedures, conduct, and progression requirements (Apprenticeship Manitoba, training provider)
- uses of the Red Seal Occupational Standards (RSOS)
 - Apprenticeship Manitoba technical training standards
 - on-the-job report of hours
 - examinations (unit tests, final certification examinations)
- opportunities and future career options
 - generalists and specialists: The move toward specialization is well known to modern tradespeople. Some prefer to specialize and others want to do it all. Supervisory positions require a broad scope.
 - lead hands and other immediate supervisors: Apprentices need to know how to become a lead-hand as much as they need to know the benefits and pit-falls of leadership between management, journeypersons, tradespersons, and other workers.
 - geographic mobility: What does it mean to a tradesperson to have to travel to find work? Are there more opportunities if they do? What are they? What are the drawbacks to being away from home for several weeks at a time?

- job hierarchies and innovations: What trade specific special training opportunities are available in the trade? Is there travel involved? How do these opportunities affect work assignments and career progression?
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GLO 7.2: Demonstrate an understanding of **career** and **training opportunities** in hairstyling and associated professions.

SLO 10A.7.2.1 Demonstrate an awareness of apprenticeship, including how to become an apprentice and a certified hairstylist.

SLO 10A.7.2.2 Demonstrate an awareness of career opportunities in hairstyling and associated occupations.

Goal 8: Describe and demonstrate the transferable **cross-curricular** knowledge and skills.

GLO 8.1: Apply the transferrable **literacy** cross-curricular knowledge and skills to hairstyling.

SLO 10A.8.1.1 Demonstrate an awareness that hairstylists need and use knowledge and skills from the language arts, such as speaking, listening, reading, writing, etc. in hairstyling.

GLO 8.2: Apply the knowledge and skills from **the sciences** to hairstyling.

SLO 10A.8.2.1 Demonstrate an awareness that hairstylists need and use the knowledge and skills from the sciences in hairstyling.

GLO 8.3: Apply the transferrable **numeracy** cross-curricular knowledge and skills to hairstyling.

No applicable SLOs.

Goal 9: Demonstrate an awareness of **sustainability**.

GLO 9.1: Describe the impact of **human sustainability** on the health and wellness of hairstylists and clients.

SLO 10A.9.1.1 Demonstrate an awareness of ergonomics, and the need for hairstylists to follow ergonomic principles.

SLO 10A.9.1.2 Discuss the purpose of hairstyling and its relationship to human well-being.

GLO 9.2: Describe hairstyling's **sustainability** practices and their impact on the environment.

SLO 10A.9.2.1 Demonstrate an awareness of hairstyling's sustainability practices and their impact on the environment.

GLO 9.3: Demonstrate an awareness of **sustainable business practices** in the hairstyling industry.

No applicable SLOs.

Goal 10: Demonstrate an awareness of the **ethical and legal standards** associated with hairstyling.

GLO 10.1: Demonstrate an awareness of the **ethical standards** associated with hairstyling.

SLO 10A.10.1.1 Demonstrate an awareness of ethics.

SLO 10A.10.1.2 Demonstrate an awareness of the need for hairstylists to display respect, courtesy, and discretion towards others.

GLO 10.2: Demonstrate an awareness of the **legal standards** associated with hairstyling.

SLO 10A.10.2.1 Demonstrate an awareness of the implications of hairstyling being a compulsory trade.

Goal 11: Demonstrate **employability skills**.

GLO 11.1: Demonstrate fundamental **employability skills**.

SLO 10A.11.1.1 Demonstrate professional rapport with teachers, employers, co-workers, students, and clients.

SLO 10A.11.1.2 Describe and demonstrate a professional image.

SLO 10A.11.1.3 Demonstrate punctuality and regular attendance.

SLO 10A.11.1.4 Demonstrate organizational skills.

SLO 10A.11.1.5 Demonstrate the ability to follow instructions.

SLO 10A.11.1.6 Demonstrate teamwork skills.

SLO 10A.11.1.7 Demonstrate effective communication skills, both in person and using various technologies.

GLO 11.2: Demonstrate an understanding of the **business operation** of a hair salon.

No applicable SLOs.

GLO 11.3: Demonstrate the knowledge, skills, and attitudes required to **think critically** in order to **solve complex problems**.

SLO 10A.11.3.1 Demonstrate an awareness of critical thinking and problem solving.

SLO 10A.11.3.2 Demonstrate an awareness of situations when hairstylists need critical thinking skills.

GLO 11.4: Demonstrate an awareness of **culture** and **diversity** and its importance in the workplace.

SLO 10A.11.4.1 Demonstrate an awareness of culture and the place of culture in the workplace.
