

Lesson 3: Emotions and Support (Part 1)

Cluster of Learning Outcomes



Students will...

- ✓ **K.5.2.E.2a** Describe how human beings express their emotions for people about whom they care (e.g., showing love and affection by caring, sharing, being kind and gentle, speaking affectionately, hugging, kissing...).
 - K.4.2.B.1a** Identify responsible and respectful behaviours (e.g., following directions, completing tasks, being honest, displaying etiquette, playing fairly, cooperating, sharing, keeping promises, speaking kindly...) for developing positive relationships.
 - K.4.2.C.1a** Identify appropriate ways for sharing and expressing feelings and emotions related to different situations (e.g., cooperative-type activities, competitive-type activities, at home, in public...).
- ✓ Indicates targeted learning outcome.

Lesson Focus



As a result of the learning activities within this lesson students will be able to

- identify appropriate ways to show affection/caring
- describe how affection/caring feels
- demonstrate ways to show affection/caring

Resources



Print/Publication

- story about affection and caring
Example of Story:
Robert Munsch. *Love You Forever*. Illus.
Sheila McGraw. Scarborough, ON:
Firefly Books, 1986.

Blackline Master

- BLM 2-3.1: Showing Emotions

Notes to Teacher



Encourage students to recognize and celebrate the emotions they feel for others and/or those that others express toward them through a variety of art projects (e.g., painting, modelling, sculpture, dance, music, theatre, poetry, prose). Plan these projects in relation to special occasions such as Valentine’s Day, birthdays, parent days, and so on.

Be sensitive when detecting any student embarrassment, discomfort, or reticence with respect to ways of expressing emotions and affection. For cases of abuse (physical, psychological, sexual) and neglect, follow the school/division policies. Teachers are required by law to report all cases of abuse.

Curricular Connections



ELA:

GLO 1—Explore thoughts, ideas, feelings, and experiences (express ideas)

GLO 5—Celebrate and build community (cooperate with others, use language to show respect, celebrate special occasions)

PE/HE:

GLO 4—Personal and Social Management

SC:

Cluster 1—Growth and Changes in Animals (animals caring for young)

Family Involvement



- Have students take home their pictures or poems about caring and share them with their families.
- Recommend a story about affection and caring for parents to read to their children.

Example of Story:

Robert Munsch. *Love You Forever*. Illus. Sheila McGraw. Scarborough, ON: Firefly Books, 1986.

Suggestions for Instruction



1. Read a story about affection and/or introduce a discussion on appropriate ways to express emotions for the people (or animals) about whom we care.
Example of Story:
Norac, Carl. *I Love You so Much*. Illus. Claude K. Dubois. New York, NY: Doubleday Book for Young Readers, 1998.
2. Ask students:
 - “How do you show you love someone?”
 - “How do your parents show they love you?”
 - “How does affection affect people and make them feel?” (e.g., happy, warm, peaceful, worthy, safe, secure, well)
3. Have students pair up and decide on a way to demonstrate affection non-verbally (e.g., hug, thumbs-up, smile, pat on back, high-five). Give each pair the opportunity to present their demonstration.
4. Have students choose a person for whom they feel a particular affection and represent their choice in a drawing or a poem.
5. Introduce the game of celebration tag. When caught, students sit down. To free a caught player, someone has to give him or her a positive sign (e.g., thumbs-up, high-five, pat on back, handshake).

Suggestions for Assessment



Paper and Pencil Task

Teacher Assessment: Checklist

Have students match emotions/behaviours to the pictures representing those emotions/behaviours.

Example:

Caring



Sharing



Helping



Cooperating



Paper and Pencil Task

Teacher Assessment: Checklist

Have students draw a picture of how they love their pet or someone special.

Suggested Criterion:

Look for positive expressions of various emotions (e.g., caring, sharing, loving, hugging, kissing, happy faces, cooperation, helpfulness).

Journal/Learning Log Entry

Teacher Assessment: Anecdotal Notes



Ask students to record, in their journals/learning logs, two feelings they experience when they receive affection.



Refer to BLM 2-3.1: Showing Emotions.

Notes