

## Grade 2 Cluster of Learning Outcomes\*

### Targeted Learning Outcomes

**K.5.2.E.1a Identify basic changes in growth and development from birth to childhood** (e.g., changes to teeth, brain, height, body weight, clothes size...). (Lesson 1–Part 2)

**K.5.2.E.1b Describe how living things produce their offspring and care for their young** (e.g., animal mating; providing food, warmth, shelter, and protection for babies; union of egg and sperm...). (Lesson 1–Part 1)

**K.5.2.E.1c Determine the differences and similarities between self and others** (e.g., body build, hair colour, eyes, skin colour, features, gender, body parts, fitness, interests, culture, beliefs and values...). (Lesson 2)

**K.5.2.E.2a Describe how human beings express their emotions for people about whom they care** (e.g., showing love and affection by caring, sharing, being kind and gentle, speaking affectionately, hugging, kissing...). (Lesson 3–Part 1)

**K.5.2.E.3a Identify ways family or caregivers provide support and nurturing for personal growth and development** (e.g., provide food and warmth, express encouragement, listen attentively, provide advice, hugs...). (Lesson 3–Part 2)

**K.5.2.E.3c Discuss the responsibilities** (e.g., respect private spaces and private parts...) **associated with gender differences.** (Lesson 4–Part 1)

**S.5.2.A.5 Use appropriate language regarding private and sensitive issues** (e.g., no foul language, hurtful teasing, name calling, offensive gestures or signs...). (Lesson 4–Part 2)

### Related Learning Outcomes

**K.3.2.A.1 Recognize the importance of practising safe behaviours** (e.g., following directions, performing within own limits, understanding safety rules for using large equipment...) **alone and/or with others.** (Lesson 4–Part 1)

**K.4.2.A.1 Recognize that everyone is special, unique, and able to succeed** (i.e., families, interests, talents, feelings, desires). (Lesson 2)

**K.4.2.A.2b List ways to show personal responsibility at home and school** (e.g., keep room tidy, put away belongings, follow directions, practise daily health habits, complete homework, respect others, play safely, learn to set boundaries, ask for help, offer to help...). (Lesson 3–Part 2; Lesson 4–Part 1)

(continued)

### Related Learning Outcomes (continued)

**K.4.2.B.1a Identify responsible and respectful behaviours** (e.g., following directions, completing tasks, being honest, displaying etiquette, playing fairly, cooperating, sharing, keeping promises, speaking kindly...) **for developing positive relationships.** (Lesson 3–Part 1; Lesson 4–Part 1)

**K.4.2.B.1b Talk about similarities and differences** (e.g., likes/dislikes, cultural connections...) **of responses of self and responses of others involving sports/physical activities and/or social events.** (Lesson 2)

**K.4.2.C.1a Identify appropriate ways for sharing and expressing feelings and emotions related to different situations** (e.g., cooperative-type activities, competitive-type activities, at home, in public...). (Lesson 3–Part 1)

**K.4.2.C.2 Identify and sort causes of anxiety or stress** (e.g., facing new and/or unfamiliar situations; feeling out of control; experiencing loud voices/noises, competition, disagreements, heights, performing in front of others; being apart from family; health problems...) **for self and others as they relate to school, home, and community.** (Lesson 4–Part 2)

**K.4.2.C.3 Identify feelings and emotions associated with anxiety** (e.g., feeling anxious, scared, nervous, timid...). (Lesson 4–Part 2)

**K.4.2.C.4a Discuss ways and activities** (e.g., play, deep breathing, progressive relaxation, family walk, talk with safe adult, healing circles...) **to reduce personal stress.** (Lesson 4–Part 2)

**S.4.2.A.3 Demonstrate appropriate behaviours for getting along with others** (e.g., wait for one's turn, share equipment, help others, invite others to play, show respect for individual differences...) **in partner activities.** (Lesson 4–Part 2)

**S.4.2.A.5 Explore ways to relax the mind and body** (e.g., progressive relaxation, deep-breathing exercises, visualization, quiet time, light cool-down activities...). (Lesson 4–Part 2)

**K.5.2.A.1 Identify the daily habits and responsibilities for leading a physically active and healthy life** (e.g., self-regulation relative to practising daily health routines for cleanliness, rest, healthy eating, good posture...). (Lesson 4–Part 1)

\* The student learning outcomes are identified in *Kindergarten to Senior 4 Physical Education/Health Education: Manitoba Curriculum Framework of Outcomes for Active Healthy Lifestyles* (Manitoba Education and Training).