BIBLIOGRAPHY

- Alberta Learning. Alberta Learning and Teaching Resources Branch. *Physical Education Guide to Implementation: Kindergarten to Grade 12: ABCDs of Physical Education*. Edmonton, AB: Alberta Learning and Teaching Resources Branch, 2000. Also available online at http://ednet.edc.gov.ab.ca/physicaleducationonline.
- American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD). *Physical Best Activity Guide: Elementary Level.* Windsor, ON: *Canada* Human Kinetics, 1999.
- Assiniboine South School Division No. 3. *Basic Movement Skills:*Supplementary Package. Winnipeg, MB: Assiniboine South School Division No. 3, 1991.
- Belka, D. *Teaching Children Games: Becoming a Master Teacher.* Champaign, IL: Human Kinetics, 1994.
- Bergman-Drewe, Sheryle. *Creative Dance Inspirations: Facilitating Expression*. Calgary, AB: Detselig Enterprises Ltd., 1998.
- Binder, Deanna, ed. Fair Play for Kids: A Handbook of Activities for Teaching Fair Play. 2nd ed. Gloucester, ON: Fair Play Canada, 1995.
- ---. Fair Play for Kids: A Resource Manual. Ottawa, ON: Commission for Fair Play, under the auspices of the Minister of State, Fitness and Amateur Sport, Canada, 1990.
- British Columbia Ministry of Education. Curriculum Branch. *Physical Education K to 7: Integrated Resource Package 1995*. Victoria, BC: British Columbia Ministry of Education, 1995.
- The Canadian Association for Health, Physical Education and Recreation, Canadian Intramural Recreation Association, and Fitness Canada. *The Canadian Active Living Challenge: Leader's Resource Tool Kit, Program 1: Ages 6 to 8: Theme: Involvement and Fun in Physical Activity.* Gloucester, ON: CAHPER/CIRA, 1993.
- ---. The Canadian Active Living Challenge: Leader's Resource Tool Kit, Program 2: Ages 9 to 11: Theme: Expanding Physical Activity Opportunities. Gloucester, ON: CAHPER/CIRA, 1993.
- Carter, Jill, Jean Wiecha, Karen E. Peterson, and Steven L. Gortmaker. *Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity.* Windsor, ON: *Canada* Human Kinetics, 2001.

- Cone, Theresa Purcell, Peter Werner, Stephen L. Cone, and Amelia Mays Woods. *Interdisciplinary Teaching through Physical Education*. Champaign, IL: Human Kinetics Publishing, Inc., 1998.
- Corbin, Charles B., and Ruth Lindsay. *Concepts of Physical Fitness*. Toronto, ON: Brown & Benchmark, 1997.
- Corbin, Charles B., and Robert P. Pangrazi. *Physical Activity for Children: A Statement of Guidelines*. Reston, VA: National Association for Sport and Physical Education (NASPE) Publications, 1998.
- Graham, George. *Teaching Children Physical Education: Becoming a Master Teacher.* 2nd ed. Windsor, ON: *Canada* Human Kinetics, 2001.
- Health Canada. *Canada's Food Guide to Healthy Eating: For People Four Years and Over.* 2001. http://www.hc-sc.gc.ca/hppb/nutrition/pube/foodguid/foodguide.html>. 24 May 2001.
- ---. *Canada's Physical Activity Guide to Healthy Active Living*. 2001. http://www.hc-sc.gc.ca/hppb/paguide/main.html . 6 July 2001.
- Hopper, Chris, Bruce Fisher, and Kathy D. Munoz. *Health-Related Fitness for Grades 1 and 2*. Windsor, ON: *Canada* Human Kinetics, 1997.
- ---. *Health-Related Fitness for Grades 3 and 4*. Windsor, ON: *Canada* Human Kinetics, 1997.
- Human Kinetics, with Bonnie Pettifor. *Physical Education Methods for Classroom Teachers*. Windsor, ON: *Canada* Human Kinetics, 1999.
- Jensen, Eric. *Teaching with the Brain in Mind.* Alexandria, VA: Association for Supervision and Curriculum Development, 1998.
- Kirchner, Glenn, and Graham J. Fishburne. *Physical Education for Elementary School Children*. 10th ed. Boston, MS: WCB/McGraw-Hill, 1998.
- ---. Yearly Programs, Units and Daily Lesson Plans for Physical Education for Elementary School Children. 10th ed. Boston, MA: WCB/McGraw-Hill, 1998.
- Kirkpatrick, Beth, and Burton H. Birnbaum. Lessons from the Heart: Individualizing Physical Education with Heart Rate Monitors. Windsor, ON: Canada Human Kinetics, 1997.
- Landy, Joanne M., and Maxwell J. Landy. *Ready-to-Use P.E. Activities for Grades K–2: Complete Physical Education Activities Program*. West Nyack, NY: Parker Publishing Company, 1992.
- ---. Ready-to-Use P.E. Activities for Grades 3–4: Complete Physical Education Activities Program. West Nyack, NY: Parker Publishing Company, 1992.

- Manitoba Education. Bureau de l'éducation française. Éducation Physique : Guide pédagogique, Première année. Winnipeg, MB: Manitoba Education, 1982.
- ---. Native Education Branch. *Native Games: Teacher Handbook.* Winnipeg, MB: Manitoba Education, 1994.
- Manitoba Education and Training. *Basic Movement Skills (K–3)*. Curriculum Support Series. Winnipeg, MB: Manitoba Education and Training, 1990.
- ---. *Curricular Connections: Elements of Integration in the Classroom.*Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1997.
- ---. Education for a Sustainable Future: A Resource for Curriculum Developers, Teachers, and Administrators. Winnipeg, MB: Manitoba Education and Training, 2000.
- ---. *A Foundation for Excellence*. Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1995.
- ---. *Individual Education Planning: A Handbook for Developing and Implementing IEPs, Early to Senior Years.* Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1998.
- ---. *K*–4 Mathematics: Manitoba Curriculum Framework of Outcomes and Grade 3 Standards. Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1995.
- ---. Kindergarten to Grade 4 English Language Arts: A Foundation for Implementation. Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1996.
- ---. Kindergarten to Grade 4 English Language Arts: Manitoba Curriculum Framework of Outcomes and Grade 3 Standards. Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1996.
- ---. *Kindergarten to Grade 4 Mathematics: A Foundation for Implementation*. Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1996.
- ---. *Kindergarten to Grade 4 Science: A Foundation for Implementation.* Winnipeg, MB: Manitoba Education and Training, 1999.
- ---. Kindergarten to Grade 4 Science: Manitoba Curriculum Framework of Outcomes. Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1999.
- ---. Kindergarten to Senior 4 Physical Education/Health Education: Manitoba Curriculum Framework of Outcomes for Active Healthy Lifestyles.
 Winnipeg, MB: Manitoba Education and Training, 2000.

- ---. *Native Studies: Early Years (K–4): A Teacher's Resource Book.* Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1995.
- ---. *Native Studies: Early Years (K–4): A Teacher's Resource Book Framework.* Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1995.
- ---. *Physical Education K–4: Movement with Meaning*. Curriculum Support Series. Winnipeg, MB: Manitoba Education and Training, 1994.
- ---. Reporting on Student Progress and Achievement: A Policy Handbook for Teachers, Administrators, and Parents. Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1997.
- ---. Success for All Learners: A Handbook on Differentiating Instruction: A Resource for Kindergarten to Senior 4 Schools. Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1996.
- ---. *Technology As a Foundation Skill Area: A Journey toward Information Technology Literacy.* Renewing Education: New Directions series. Winnipeg, MB: Manitoba Education and Training, 1998.
- The Manitoba Physical Education Teachers Association (MPETA), et al. *Safety Guidelines for Physical Activity in Manitoba Schools*. Winnipeg, MB: MPETA, 2000.
- Marx, Eva, Susan Frelick Wooley, with Daphne Northrop, eds. *Health Is Academic: A Guide to Coordinated School Health Programs*. New York, NY: Teachers College Press, 1998.
- Meeks, Linda B., and Philip Heit. *Totally Awesome Health: Grade K.* Chicago IL: Everyday Learning Corporation, 1996.
- ---. *Totally Awesome Health: Grade 1*. Chicago, IL: Everyday Learning Corporation, 1996.
- ---. *Totally Awesome Health: Grade 1 Lesson Plan Binder.* Chicago, IL: Everyday Learning Corporation, 1999.
- ---. *Totally Awesome Health: Grade 2*. Chicago, IL: Everyday Learning Corporation, 1996.
- ---. *Totally Awesome Health: Grade 3*. Chicago, IL: Everyday Learning Corporation, 1996.
- ---. *Totally Awesome Health: Grade 4.* Chicago, IL: Everyday Learning Corporation, 1996.
- Movement Skills Committee (Manitoba). *Physical Education K–4: Basic Movement Skills Assessment*. Winnipeg, MB: Movement Skills Committee, 1999.

- National Education Steering Committee of the Moving to Inclusion Initiative. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students with a Disability—Introduction. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students with a Disability—Skiing. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students with a Visual Impairment. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students with an Amputation. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students with an Intellectual Disability. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students with Cerebral Palsy. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students with Multiple Disabilities. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students Who Are Deaf or Hard of Hearing. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Active Living through Physical Education: Maximizing Opportunities for Students Who Use a Wheelchair. Abridged version. Gloucester, ON: Active Living Alliance for Canadians with a Disability, 1994.
- ---. Moving to Inclusion: Teachers of Physical Education: Maximizing
 Opportunities for Students with a Disability. Gloucester, ON: Active Living
 Alliance for Canadians with a Disability, 1994.
- Nova Scotia Education and Culture. English Program Services. *Foundation for Active, Healthy Living: Physical and Health Education Curriculum.* Halifax, NS: Nova Scotia Education and Culture, 1998.
- ---. *Physical Education Curriculum: Grades Primary*–6. Halifax, NS: Nova Scotia Education and Culture, 1998.

- Ontario Ministry of Education and Training. *The Ontario Curriculum: Grades* 1–8: *Health and Physical Education*. Toronto, ON: Ontario Ministry of Education and Training, 1998.
- Pan American Games Physical Activity/Physical Education Committee. 1999 Pan American Games: Resource Kit for Physical Education Teachers. Winnipeg, MB: Pan American Games Society (Wpg. 1999) Inc., 1998.
- Rainey, Don L., and Tinker D. Murray. Foundations of Personal Fitness: Teacher's Wraparound Edition: Any Body Can... Be Fit! St. Paul, MN: West Publishing Company, 1997.
- Russell, Keith, Gene Schembri, and Tom Kinsman. *Up Down All Around: Gymnastics Lesson Plans*. Ottawa, ON: Ruschkin Publishing, 1994.
- Safrit, Margaret J. *Complete Guide to Youth Fitness Testing*. Windsor, ON: *Canada* Human Kinetics, 1995.
- Saskatchewan Education. *Health Education: A Curriculum Guide for the Elementary Level.* Regina, SK: Saskatchewan Education, 1998.
- ---. *Physical Education 1–5: A Curriculum Guide for the Elementary Level.* Regina, SK: Saskatchewan Education, 1999.
- Seattle Institute for Child Advocacy. Committee for Children. *Second Step: A Violence Prevention Curriculum, Grades 1–3.* Kit. Seattle, WA: Committee for Children, 1992.
- ---. *Second Step: A Violence Prevention Curriculum, Grades 4–5.* Kit. Seattle, WA: Committee for Children, 1992.
- Summerfield, Cathie. *PE–4–ME: Teaching Lifelong Health and Fitness*. Windsor, ON: *Canada* Human Kinetics, 2000.
- Strople, Mark J., with Denise Koss. *Tuning in to Health: Alcohol and Other Drug Decisions: Early Years*. Illustrated by Kenn White. Revised ed. Winnipeg, MB: Alcoholism Foundation of Manitoba, 1986.
- Tenoschok, Mike. "Middle School Physical Education: Physical Education Nuts and Bolts Checklist." *Teaching Elementary Physical Education* 12.2 (March 2001): 32.
- Tien, Barbara, et al. *Effective Teaching Strategies for Successful Inclusion: A Focus on Down Syndrome*. Calgary, AB: The PREP Program, 1999.
- Virgilio, Stephen J. Fitness Education for Children: A Team Approach. Windsor, ON: Canada Human Kinetics, 1997.

Websites

Alberta Learning: http://ednet.edc.gov.ab.ca/physicaleducationonline/>

Canadian Red Cross: < http://www.redcross.ca/>

Diabetes Prevention Project for Children: <<u>http://www.mts.net/~srussell/</u>>

The Food Allergy and Anaphylaxis Network: http://www.foodallergy.org/>

Health Canada: < http://www.hc-sc.gc.ca/>

Health Canada. Canada's Food Guide to Healthy Eating: For People Four Years and Over: http://www.hc-sc.gc.ca/hppb/nutrition/pube/foodguid/foodguide.html>

Health Canada. *Canada's Physical Activity Guide to Healthy Active Living:* http://www.hc-sc.gc.ca/hppb/paguide/main.html

Health Canada. Population and Public Health Branch. Injury Section: http://www.hc-sc.gc.ca/pphb-dgspsp/injury-bles/>

Health Canada. "Vitality": http://www.hc-sc.gc.ca/main/hppb/nutrition/pube/vitality books/english.htm>

Health Canada and Canadian Society for Exercise Physiology (CSEP). *Canada's Physical Activity Guide to Healthy Active Living*: http://www.paguide.com>

Health Sciences Centre. IMPACT: http://www.hsc.mb.ca/impact/

Indian and Northern Affairs Canada. *Aboriginal Women: Meeting the Challenge:* http://www.ainc-inac.gc.ca/ch/wmn/index e.html>

Manitoba Education, Training and Youth: http://www.edu.gov.mb.ca/metks4/curricul/k-s4curr/

Manitoba Health, Food and Nutrition: http://www.gov.mb.ca/health/nutrition/ index.html>

Manitoba Milk Producers: http://www.milk.mb.ca

Manitoba Physical Education Teachers Association (MPETA): http://home.merlin.mb.ca/~mpeta/

PE Central: The Web Site for Physical Education Teachers: http://www.pe.central.vt.edu/ or http://www.pecentral.org/

Safety on the Internet: < http://www.sass.ca/safe.htm>

Stay Alert... Stay Safe: http://www.sass.ca/sassinfo.htm>