
Health Education Resources: Kindergarten to Senior 2

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Grade 1

Adapted Physical Education and Sport
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Hi New Baby!
KIDnastics®: A Child-Centered Approach to Teaching
Let the Games Begin!
McGraw-Hill Health Series: McGraw-Hill Health Grade Two. Big Book 1

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Grade 3

Adapted Physical Education and Sport
Ballerinas Don't Wear Glasses
The c.a.r.e. Kit (Challenge Abuse through Respect Education)
Chuck in the City
Citizenship and Personal, Social and Health Education Book 2 (Pupil Book - Grade 3)
Citizenship and Personal, Social and Health Education Teachers' Resource Book 2 (Grade 3)
Game Skills: A Fun Approach to Learning Sport Skills
KIDnastics®: A Child-Centered Approach to Teaching
Kids in the Know Safety Curriculum
Let the Games Begin!
McGraw-Hill Health Series: McGraw-Hill Health Grade Three. Student Book
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First Aid: First on the Scene: The Complete Guide to First Aid and CPR
Game Skills: A Fun Approach to Learning Sport Skills
KIDnastics®: A Child-Centered Approach to Teaching
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Walking Games and Activities

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Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide

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Grade 5

Adapted Physical Education and Sport

Amazing Women Athletes

The Anger Workout Book for Teens

Beyond the Basics: A Sourcebook on Sexual and Reproductive Health Education

Bobbie Rosenfeld: The Olympian Who Could Do Everything

Character Education: 43 Fitness Activities for Community Building

Choices... F.I.T. (Fostering Independent Thinking)—A Substance Abuse Prevention Resource for Teachers Grades 4-8

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Discover Health Series: Discover Health (set of 8 audiotapes)

Discover Health Series: Discover Health Student Book

Discover Health Series: Discover Health Teacher's Edition

Discover Health Series: Life Skills: Human Body Transparencies

Discover Health Series: Teacher's Resource Library (CD-ROM)

Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary

School Nutrition and Physical Activity (includes CD-ROM)

The Esteem Theme Game

First Aid: First on the Scene: The Complete Guide to First Aid and CPR

FITNESSGRAM® 6.0 Test Kit

Game Skills: A Fun Approach to Learning Sport Skills

Guy's Guides: Chillin': A Guy's Guide to Friendship

Hi New Baby!

KIDnastics®: A Child-Centered Approach to Teaching

Kids in the Know Safety Curriculum

Kids Helping Kids: A Peer Helping and Peer Mediation Training Manual for Elementary and Middle School Teachers and Counsellors

Kids Helping Kids: Student Manual and Workbook for Elementary and Middle School Students

McGraw-Hill Health Series: McGraw-Hill Health Grade Five. Student Book

McGraw-Hill Health Series: McGraw-Hill Health Grade Five. Teacher's Blackline Masters

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McGraw-Hill Health Series: McGraw-Hill Health Grade Four. Teacher's Edition

Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness

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Special Needs Science: Understanding Differences

Walking Games and Activities

Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide

Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)

Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 5 – 6

Your Health: (Student Book) Grade 5

Your Health: Assessment Guide Grade 5

Your Health: Teacher's Edition Grade 5

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Your Health: Teaching Transparencies with Accompanying Copying Masters Grade 5

Grade 6

Adapted Physical Education and Sport
Amazing Women Athletes
The Anger Workout Book for Teens
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Bonnie's Fitware Task Cards: Food Card Challenge
The Canadian Babysitter's Handbook
Character Education: 43 Fitness Activities for Community Building
COPE for Teens (Creating Optimal Personal Experiences)
Discover Health Series: Discover Health (set of 8 audiotapes)
Discover Health Series: Discover Health Student Book
Discover Health Series: Discover Health Teacher's Edition
Discover Health Series: Life Skills: Human Body Transparencies
Discover Health Series: Teacher's Resource Library (CD-ROM)
The Esteem Theme Game
First Aid: First on the Scene: The Complete Guide to First Aid and CPR
FITNESSGRAM® 6.0 Test Kit
Game Skills: A Fun Approach to Learning Sport Skills
Guy's Guides: Chillin': A Guy's Guide to Friendship
KIDnastics®: A Child-Centered Approach to Teaching
Kids Helping Kids: A Peer Helping and Peer Mediation Training Manual for Elementary and Middle School Teachers and Counsellors
Kids Helping Kids: Student Manual and Workbook for Elementary and Middle School Students
McGraw-Hill Health Series: McGraw-Hill Health Grade Six. Student Book
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Ontario Health and Physical Education Curriculum Support: Grade 6
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity

Special Needs Science: Understanding Differences
The Tough Stuff Series: Immediate Guidance for Troubled Students: Educator Guide
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Adapted Physical Education and Sport
Amazing Women Athletes
The Anger Workout Book for Teens
Beyond the Basics: A Sourcebook on Sexual and Reproductive Health Education
Bobbie Rosenfeld: The Olympian Who Could Do Everything
The Canadian Babysitter's Handbook
Character Education: 43 Fitness Activities for Community Building
Chlamydia
Choices... F.I.T. (Fostering Independent Thinking)—A Substance Abuse Prevention Resource for Teachers Grades 4-8
COPE for Teens (Creating Optimal Personal Experiences)
Discover Health Series: Discover Health (set of 8 audiotapes)
Discover Health Series: Discover Health Student Book
Discover Health Series: Discover Health Teacher's Edition
Discover Health Series: Life Skills: Human Body Transparencies
Discover Health Series: Teacher's Resource Library (CD-ROM)
The Esteem Theme Game
First Aid: First on the Scene: The Complete Guide to First Aid and CPR
First Aid: Pocket Guide to Emergency First Aid
FITNESSGRAM® 6.0 Test Kit

Grade 7 (continued)

Game Skills: A Fun Approach to Learning Sport Skills
Guy's Guides: Chillin': A Guy's Guide to Friendship
Health for Life 1 (Student Edition)
Health for Life 1 Teacher's Resource (includes CD-ROM)
Kids in the Know Safety Curriculum
Kids Helping Kids: A Peer Helping and Peer Mediation Training Manual for Elementary and Middle School Teachers and Counsellors
Kids Helping Kids: Student Manual and Workbook for Elementary and Middle School Students
McGraw-Hill Ryerson Health Issues 7 (Student Book)
McGraw-Hill Ryerson Health Issues 7: Teacher's Resource Guide (includes Blackline Masters CD-ROM)
Me, My World, My Future: Parent Grams
Me, My World, My Future: Student Guide
Me, My World, My Future: Student Workbook
Me, My World, My Future: Student Workbook—Teacher's Copy
Me, My World, My Future: Teacher's Manual
Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
NICOteen™ Program (A Smoking Prevention Program)
Nurturing Girlpower: Integrating Eating Disorder Prevention/Intervention Skills into Your Practice
Ontario Health and Physical Education Curriculum Support: Grade 7
Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity
Special Needs Science: Understanding Differences
The Tough Stuff Series: Immediate Guidance for Troubled Students: Educator Guide
Walking Games and Activities
Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)
Why Smoking Kills
Your Life: Your Choice: An Educational Resource for Teaching Young Teens about Alcohol

Grade 8

Adapted Physical Education and Sport
Amazing Women Athletes
The Anger Workout Book for Teens
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Bonnie's Fitware Task Cards: Food Card Challenge
The Canadian Babysitter's Handbook
Character Education: 43 Fitness Activities for Community Building
COPE for Teens (Creating Optimal Personal Experiences)
Discover Health Series: Discover Health (set of 8 audiotapes)
Discover Health Series: Discover Health Student Book
Discover Health Series: Discover Health Teacher's Edition
Discover Health Series: Life Skills: Human Body Transparencies
Discover Health Series: Teacher's Resource Library (CD-ROM)
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First Aid: First on the Scene: The Complete Guide to First Aid and CPR
First Aid: Pocket Guide to Emergency First Aid FITNESSGRAM® 6.0 Test Kit
Game Skills: A Fun Approach to Learning Sport Skills
Guy's Guides: Chillin': A Guy's Guide to Friendship
Health for Life 1 (Student Edition)
Health for Life 1 Teacher's Resource (includes CD-ROM)
Kids Helping Kids: A Peer Helping and Peer Mediation Training Manual for Elementary and Middle School Teachers and Counsellors
Kids Helping Kids: Student Manual and Workbook for Elementary and Middle School Students
McGraw-Hill Ryerson Health Issues 8 (Student Book)
McGraw-Hill Ryerson Health Issues 8: Teacher's Resource Guide (includes Blackline Masters CD-ROM)
Me, My World, My Future: Parent Grams
Me, My World, My Future: Student Guide
Me, My World, My Future: Student Workbook
Me, My World, My Future: Student Workbook—Teacher's Copy
Me, My World, My Future: Teacher's Manual

Grade 8 (continued)

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Special Needs Science: Understanding Differences
The Tough Stuff Series: Immediate Guidance for Troubled Students: Educator Guide
Walking Games and Activities
Your Life: Your Choice: An Educational Resource for Teaching Young Teens about Alcohol

Senior 1

Acting Peace: A High School Violence Prevention Educational Resource and Tool Kit
Adapted Physical Education and Sport
Amazing Women Athletes
The Anger Workout Book for Teens
Beyond the Basics: A Sourcebook on Sexual and Reproductive Health Education
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Drug-Affected Demonstrator
The Esteem Theme Game
Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)
Exercise Science: Studying Human Movement and Health: Teacher's Guide
FitFocus: Health and Physical Activity Analysis Software
Glencoe Health (Student Text)
Glencoe Health Teacher's Resource Binder
Kids in the Know Safety Curriculum
Kinetic Anatomy
Lifechoices: Healthy and Well: Student Book
Lifechoices: Healthy and Well: Teacher Resource
Lifechoices: Relationships: Student Book
Lifechoices: Relationships: Teacher Resource

McGraw-Hill Ryerson Health Issues 9 (Student Book)
McGraw-Hill Ryerson Health Issues 9: Teacher's Resource Guide (includes Blackline Masters CD-ROM)
Nurturing Girlpower: Integrating Eating Disorder Prevention/Intervention Skills into Your Practice
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement
Personal Fitness: Looking Good—Feeling Good (Student Edition)
Personal Fitness: Looking Good—Feeling Good: Teacher Edition
Personal Fitness: Looking Good—Feeling Good: Transparencies
Prentice Hall Health: Skills for Wellness: Classroom Manager
Prentice Hall Health: Skills for Wellness: Color Transparencies
Prentice Hall Health: Skills for Wellness Student Edition
Prentice Hall Health: Skills for Wellness: Teacher's Edition
Prentice Hall Health: Skills for Wellness: Teaching Resources
Sex, Drugs, & Rock and Roll: A Smart Teenager's Guide
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)
Walking Games and Activities

Senior 2

Acting Peace: A High School Violence Prevention Educational Resource and Tool Kit
Adapted Physical Education and Sport
Amazing Women Athletes
Beyond the Basics: A Sourcebook on Sexual and Reproductive Health Education
Bobbie Rosenfeld: The Olympian Who Could Do Everything
Drug-Affected Demonstrator
The Esteem Theme Game
Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)

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Exercise Science: Studying Human Movement and Health: Teacher's Guide
FitFocus: Health and Physical Activity Analysis Software
FoodFocus: Nutrition Analysis Software (Student Edition)
FoodFocus: Nutrition Analysis Software (Teacher Edition)
Glencoe Health (Student Text)
Glencoe Health Teacher's Resource Binder
Kinetic Anatomy
Lifechoices: Healthy and Well: Student Book
Lifechoices: Healthy and Well: Teacher Resource
Lifechoices: Relationships: Student Book
Lifechoices: Relationships: Teacher Resource
Nurturing Girlpower: Integrating Eating Disorder Prevention/Intervention Skills into Your Practice
Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement
Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement
Personal Fitness: Looking Good—Feeling Good (Student Edition)
Personal Fitness: Looking Good—Feeling Good: Teacher Edition
Personal Fitness: Looking Good—Feeling Good: Transparencies
Prentice Hall Health: Skills for Wellness: Classroom Manager
Prentice Hall Health: Skills for Wellness: Color Transparencies
Prentice Hall Health: Skills for Wellness Student Edition
Prentice Hall Health: Skills for Wellness: Teacher's Edition
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Sex, Drugs, & Rock and Roll: A Smart Teenager's Guide
Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)
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