Health Education Resources: Kindergarten to Senior 2

Index of Titles by: Format

**CD-ROM**

Chlamydia
Exercise Science: Studying Human Movement and Health: Graphic Package (CD-ROM)
Why Smoking Kills

**Computer Software**

FitFocus: Health and Physical Activity Analysis Software
FoodFocus: Nutrition Analysis Software
FoodFocus: Nutrition Analysis Software (Student Edition)
FoodFocus: Nutrition Analysis Software (Teacher Edition)

**Flash Card**

Bonnie’s Fitware Task Cards: Food Card Challenge

**Game**

The Esteem Theme Game

**Internet Site**

Your Life: Your Choice: An Educational Resource for Teaching Young Teens about Alcohol

**Kit**

The c.a.r.e. Kit (Challenge Abuse through Respect Education)
Drug-Affected Demonstrator
FITNESSGRAM® 6.0 Test Kit
Health Promotion Wave Grade 1
NICOteen™ Program (A Smoking Prevention Program)

**Print-Integrated Resource (Multi-Component)**

Citizenship and Personal, Social and Health Education
Citizenship and Personal, Social and Health Education Book 1 (Pupil Book - Grade 2)
Citizenship and Personal, Social and Health Education Book 2 (Pupil Book - Grade 3)
Citizenship and Personal, Social and Health Education Book 3 (Pupil Book - Grade 4)
Citizenship and Personal, Social and Health Education Book 4 (Pupil Book - Grade 5)
Citizenship and Personal, Social and Health Education Teachers’ Resource Book 1 (Grade 2)
Citizenship and Personal, Social and Health Education Teachers’ Resource Book 2 (Grade 3)
Citizenship and Personal, Social and Health Education Teachers’ Resource Book 3 (Grade 4)
Citizenship and Personal, Social and Health Education Teachers’ Resource Book 4 (Grade 5)
Discover Health Series
Discover Health Series: Discover Health (set of 8 audiotapes)
Discover Health Series: Discover Health Student Book
Discover Health Series: Discover Health Teacher’s Edition
Discover Health Series: Teacher's Resource Library (CD-ROM)
Exercise Science: Foundations of Exercise Science: Studying Human Movement and Health (Student Edition)
Exercise Science: Studying Human Movement and Health
Exercise Science: Studying Human Movement and Health: Teacher’s Guide
Glencoe Health
Glencoe Health (Student Text)
Glencoe Health Teacher's Resource Binder
Health for Life 1
Health for Life 1 (Student Edition)
Health for Life 1 Teacher's Resource (includes CD-ROM)
Print-Integrated Resource (Multi-Component) (continued)

Lifechoices
Lifechoices: Healthy and Well: Student Book
Lifechoices: Healthy and Well: Teacher Resource
Lifechoices: Relationships: Student Book
Lifechoices: Relationships: Teacher Resource
McGraw-Hill Health Series
McGraw-Hill Ryerson Health Issues
McGraw-Hill Ryerson Health Issues 7 (Student Book)
McGraw-Hill Ryerson Health Issues 8 (Student Book)
McGraw-Hill Ryerson Health Issues 9 (Student Book)
Me, My World, My Future
Me, My World, My Future: Parent Grams
Me, My World, My Future: Student Workbook
Me, My World, My Future: Student Workbook--Teacher's Copy
Me, My World, My Future: Teacher's Manual
Personal Fitness: Looking Good—Feeling Good
Personal Fitness: Looking Good—Feeling Good (Student Edition)
Personal Fitness: Looking Good—Feeling Good: Teacher Edition
Prentice Hall Health: Skills for Wellness
Prentice Hall Health: Skills for Wellness: Classroom Manager
Prentice Hall Health: Skills for Wellness: Color Transparencies
Prentice Hall Health: Skills for Wellness Student Edition
Prentice Hall Health: Skills for Wellness: Teacher's Edition
Prentice Hall Health: Skills for Wellness: Teaching Resources
Whether in, on, or around Water: Safety before Fun Series
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 3 Teaching Guide
Print-Integrated Resource (Multi-Component) (continued)

Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 4 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 5 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Elementary Grade 6 Teaching Guide
Whether in, on, or around Water: Safety before Fun Series: Info Marine: Safety before Fun (CD-ROM)
Whether in, on, or around Water: Safety before Fun Series: Water Smart / Aqua Bon Elementary Grades 3 – 4
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Your Health
Your Health: (Student Book) Grade 1
Your Health: (Student Book) Grade 2
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Your Health: Big Book Grade 1
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Your Health: Teaching Transparencies with Accompanying Copying Masters Grade 1

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Your Health: Teaching Transparencies with Accompanying Copying Masters Grade 4
Your Health: Teaching Transparencies with Accompanying Copying Masters Grade 5
Your Health: Teaching Transparencies with Accompanying Copying Masters Grade 6

Print-Non-Fiction

Acting Peace: A High School Violence Prevention Educational Resource and Tool Kit
Adapted Physical Education and Sport
Amazing Women Athletes
The Anger Workout Book for Teens
Beyond the Basics: A Sourcebook on Sexual and Reproductive Health Education
Bobbie Rosenfeld: The Olympian Who Could Do Everything
A Book about Me: A Fun Way to Learn
A Book about Me: A Fun Way to Learn: Curriculum Planner
The Canadian Babysitter’s Handbook
Character Education: 43 Fitness Activities for Community Building
Choices… F.I.T. (Fostering Independent Thinking)—A Substance Abuse Prevention Resource for Teachers Grades 4-8
Complete Physical Education Plans for Grades 7-12 (contains CD-ROM)
COPE for Teens (Creating Optimal Personal Experiences)
Eat Well and Keep Moving: An Interdisciplinary Curriculum for Teaching Upper Elementary School Nutrition and Physical Activity (includes CD-ROM)
First Aid: First on the Scene: The Complete Guide to First Aid and CPR
First Aid: Pocket Guide to Emergency First Aid
Game Skills: A Fun Approach to Learning Sport Skills
Guy’s Guides: Chillin’: A Guy’s Guide to Friendship
KIDnastics®: A Child-Centered Approach to Teaching
Kids in the Know Safety Curriculum
Kids Helping Kids: A Peer Helping and Peer Mediation Training Manual for Elementary and Middle School Teachers and Counsellors
Print-Non-Fiction (continued)

- Kids Helping Kids: Student Manual and Workbook for Elementary and Middle School Students
- Kinetic Anatomy
- Middle School Healthy Hearts in the Zone: A Heart Rate Monitoring Program for Lifelong Fitness
- Nurturing Girlpower: Integrating Eating Disorder Prevention/Intervention Skills into Your Practice
- Ontario Health and Physical Education Curriculum Support
- Ontario Health and Physical Education Curriculum Support: Grade 1
- Ontario Health and Physical Education Curriculum Support: Grade 10 Supplement
- Ontario Health and Physical Education Curriculum Support: Grade 3
- Ontario Health and Physical Education Curriculum Support: Grade 4
- Ontario Health and Physical Education Curriculum Support: Grade 5
- Ontario Health and Physical Education Curriculum Support: Grade 6
- Ontario Health and Physical Education Curriculum Support: Grade 7
- Ontario Health and Physical Education Curriculum Support: Grade 8
- Ontario Health and Physical Education Curriculum Support: Grade 9-10 Supplement
- Ontario Health and Physical Education Curriculum Support: Kindergarten
- Planet Health: An Interdisciplinary Curriculum for Teaching Middle School Nutrition and Physical Activity
- Sex, Drugs, & Rock and Roll: A Smart Teenager's Guide
- Special Needs Science: Understanding Differences
- Strengthening Your Physical Education Program with Innovative Fitness Strategies and Activities (Grades 6-12)
- Walking Games and Activities

Print-Picture Book

- Ballerinas Don't Wear Glasses
- Chuck in the City
- Franklin Forgets
- Franklin Goes to the Hospital
- Franklin's Bicycle Helmet
- Hi New Baby!
- Let the Games Begin!
- Ontario Health and Physical Education Curriculum Support: Grade 2
- Treasure for Lunch
- Victoria's Smile
- Zachary's Ball

Transparencies

- Discover Health Series: Life Skills: Human Body Transparencies