

Manitoba Education and Youth

**Program and Student Services Branch
Instructional Resources Unit**

Human Sexuality & Sexual Orientation

September 2002

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This bibliography may be photocopied for educational, non-profit purposes.

BOOKS – FACT

- Alexander, R. (1998). *Changing bodies, changing lives: a book for teens on sex and relationships*. New York, NY: Three Rivers Press. **306.70835 B44 1998**
- Bain, J. (2000). *So your child is gay: A guide for Canadian families and their friends*. Toronto, ON: HarperCollins. **306.766 B33**
- Bender, D. L. & Leone, B. (1998). *AIDS: Opposing viewpoints*. San Diego, CA: Greenhaven. **616.9792 A36**
- Benson, M. D. (1998). *Coping with birth control*. New York: Hazelden/Rosen. **613.94 B45**
- Bourgeois, P. & Wolfish, M. (1994). *Changes in you and me: A book about puberty, mostly for boys*. Toronto, ON: Somerville House. **613.953 B69**
- Bourgeois, P. & Wolfish, M. (1994). *Changes in you and me: A book about puberty, mostly for girls*. Toronto, ON: Somerville House. **613.955 B69**
- British Columbia Ministry of Education. (1999). *Responding to children's problem sexual behaviour in elementary schools: a resource for educators*. Victoria, BC: British Columbia Ministry of Education. **371.58 R48**
- Brodman, M, Thacker, J. & Kranz, R. (1993). *Straight talk about sexually transmitted diseases*. New York: Facts on File. **616.951 B73**
- Brown, A. W. & Boschenek, M. (2001). *Hatred in the hallways: Violence and discrimination against lesbian, gay, bisexual, and transgender students in U.S. schools*. New York: Human Rights Watch. **371.780973 H48**
- Brown, L. K. & Brown, M. T. (1997). *What's the big secret?: a guide to sex for girls and boys*. Toronto, ON: Little, Brown. **649.65 B76**
- Campbell, J. & Golick, J. (1988). *Sexuality: An education resource book*. Scarborough, ON: Globe/Modern Curriculum. **613.9507 C34**
- Cohen, J., Smith, B. & McWilliams D. (1995). *Growing up gay: From left out to coming out*. New York: Hyperion. **305.389664 F85**
- Cole, J. (1988). *Asking about sex and growing up: A question and answer book for boys and girls*. New York: Morrow Junior. **306.70834 C64**
- Cole, J. (1993). *How were you born?* New York: Morrow Junior. **612.63 C64 1993**
- Cowan, T. D. (1996). *Gay men and women who enriched the world*. (2nd ed.) Los Angeles: Alyson Publications. **306.766 C69**
- Daldry, J. (1999). *The teenage guy's survival guide*. Boston, MA: Little, Brown. **305.235 D34**
- Dudley, W. (1993). *Homosexuality: Opposing viewpoints*. San Diego, CA: Greenhaven. **305.90664 H64**

- Duncan, N. (1999). *Sexual bullying: gender conflict and pupil culture in secondary schools*. New York, NY: Routledge. **371.58 D85**
- Engel, B. (1997). *Beyond the birds and the bees: Fostering your child's healthy sexual development*. Toronto, ON: Pocket Books. **613.951 E54**
- Harbeck, K. M. (1992). *Coming out of the classroom closet: Gay and lesbian students, teachers, and curricula*. New York: Harrington Park Press. **370.19345 C64**
- Harris, M. B. (1997). *School experiences of gay and lesbian youth: The invisible minority*. New York: Harrington Park Press. **371.82664 S36**
- Harris, R. H. (1996). *It's perfectly normal: A book about changing bodies, growing up, sex, and sexual health*. Cambridge, MA: Candlewick Press. **613.9 H37 1996**
- Herd, G. H. & Boxer, A. (1996). *Children of horizons: How gay and lesbian teens are leading a new way out of the closet*. Boston. Beacon Press. **305.90664 H47**
- Hickling, M. (1999). *More speaking of sex: what your children need to know and when they need to know it*. Kelowna, BC: Northstone. **649.65 H52**
- Hyde, M. O. & Forsyth, E. H. (1994). *Know about gays and lesbians*. Brookfield, CT: Milbrook Press. **305.90664 H93**
- Jukes, M. & Tilley, D. (1996). *It's a girl thing: How to stay healthy, safe, and in charge*. New York: Alfred A. Knopf. **613.955 J83**
- Kelly, P. (1997). *Coping when you or a friend is HIV-positive*. (Rev. ed.). Center City, MN: Hazelden. **616.9792 K44**
- Kranz, R. (1992). *Straight talk about prejudice*. New York: Facts on File. **303.385 K73**
- Lenderyou, G. & Ray, C. (Eds.). (1997). *Let's hear it for the boys!: Supporting sex and relationships education for boys and young men*. London: Sex Education Forum, National Children's Bureau. **613.9071 L48**
- Little, M. (2000). *Sexually transmitted diseases*. Philadelphia, IL: Chelsea House. **616.951 L58**
- Majure, J. (1998). *AIDS*. Springfield, NJ: Enslow Publishers. **616.9792 M33**
- Manning, M. & Granström, B. (1997). *How did I begin?* London: Watts. **612.63 M35**
- Mastoon, A. (1997). *The shared heart: Portraits and stories celebrating lesbian, gay, and bisexual young people*. New York: William Morrow: Lothrop, Lee & Shepard Books. **305.235 M38**
- Meredith, S. & Dark, L. (1991). *Where do babies come from?* London: Usborne Publishing. **612.63 M47**

- Nardo, D. (1997). *Teen sexuality*. San Diego, CA: Lucent Books. **306.70835 N37**
- Parker, S. (1998). *The reproductive system*. Austin, TX: Raintree Steck-Vaughn. **612.P37hu v.4**
- Pavanel, J. (2001). *The sex book: An alphabet of smarter love*. Montreal, QE: Lobster Press. **613.9 P39**
- Planned Parenthood Federation of Canada. (2001). *Beyond the basics: a sourcebook on sexual and reproductive health education*. Ottawa, ON: Planned Parenthood Federation of Canada. **612.6 B49**
- Prentice, S. (Ed.). (1994). *Sex in schools: Canadian education & sexual regulation*. Toronto, ON: Our Schools/Our Selves Education Foundation. **370.193450971 S49**
- Queen's University. Social Program Evaluation Group. (1994). *Skills for healthy relationships: A program about sexuality, AIDS and other STD. Student manual*. (Rev. ed.). Kingston, ON: Queen's University. **613.95071 S55**
- Remafedi, G. (Ed.). (1994). *Death by denial: Studies of suicide in gay and lesbian teenagers*. Boston: Alyson Publications. **362.2808664 D41**
- Royston, A. (1996). *Where do babies come from?* Toronto, ON: Macmillan Canada. **591.16 R69**
- Sanders, P. & Myers, S. (1997). *What do you know about AIDS?* Brookfield, CT: Cooper Beech Books. **616.9792 S25**
- Sears, J. T. (Ed.). (1992). *Sexuality and the curriculum: The politics and practices of sexuality education*. New York: Teachers College Press. **306.707073 S49**
- Shein, L. (1998). *AIDS*. San Diego, CA: Lucent Books. **616.9792 S54**
- Stein, N.D. (1999). *Classrooms and courtrooms: Facing sexual harassment in K-12 schools*. New York: Teachers College Press. **371.78 S74**
- Storad, C. J. (1998). *Inside AIDS: HIV attacks the immune system*. Minneapolis, MN: Lerner Publications. **616.9792 S76**
- Sutton, R. (1994). *Hearing us out: Voices from the gay and lesbian community*. Toronto, ON: Little, Brown. **305.90664 S98**
- Swisher, K. Oneill, T. & Leone, B. (Eds.). (1994). *Teenage sexuality: Opposing viewpoints*. San Diego, CA: Greenhaven Press. **306.70835 T43**
- Thomson, R. & Eccles, J. (1997). *Have you started yet?* (1st American ed.). Los Angeles: Price Stern Sloan. **612.662 T46**
- Unks, G. (1995). *The gay teen: Educational practice and theory for lesbian, gay, and bisexual adolescents*. New York: Routledge. **371.82664 G39**

Potash, M. & Fruitman, L. (2001). *Am I weird or is this normal?: Advice and info to get teens in the know*. Toronto, ON: Simon & Schuster. **305.235 P68**

Roberts, A. (2001). *Safe teen: powerful alternatives to violence*. Vancouver, BC: Polestar Book Publishers. **371.782 R62**

Roleff, T. (2001). *Teen sexuality: opposing viewpoints*. Greenhaven Press. **306.70835 T43 2001**

BOOKS – FICTION

- Arrick, F. (1992). *What you don't know can kill you*. Toronto, ON: Bantam Books.
Recently graduated from high school, Ellen's life and future seem perfect as she looks forward to college and eventual marriage to her wonderful boyfriend - until a blood test shows that she is HIV positive and a nightmare for her and her family begins. **F Arr**
- Bunting, E. (1992). *Our teacher's having a baby*. New York: Clarion Books.
As the months pass during first grade teacher Mrs. Neal's pregnancy, her class gets involved writing letters to the baby, thinking up possible names for it, and designing a baby room on the bulletin board. **E Bun**.
- Fierstein, H. & Cole, H. (2002). *The Sissy duckling*. Toronto, ON: Simon & Schuster.
Elmer the duck is teased because he is different, but he proves himself by not only surviving the winter, but also by saving his father. **E Fie**
- Fine, A. (1994). *Flour babies*. Toronto, ON: Little, Brown.
When his class of underachievers is assigned to spend three torturous weeks taking care of their own "babies" in the form of bags of flour, Simon makes amazing discoveries about himself, while coming to terms with his long-absent father. **F Fin**
- Girard, L. W. (1991). *Alex, the kid with AIDS*. Morton Grove, IL: Albert Whitman.
Alex, a fourth grader with AIDS, makes a new friend and learns that although he is sick, he cannot misbehave in school. **E Gir**
- Limmer, M. J. (1993). *Where do little girls grow?* Morton Grove, IL: Albert Whitman
A mother and daughter imagine several possibilities as to where the little girl came from and then describe how she was actually born. **E Lim**
- Newman, L. (1989). *Heather has two mommies*. Boston, MA: Alyson Publications.
Heather didn't think there was anything different about her family with two mothers, until the children at school talked about their fathers. The teacher explains that there are many types of families. **E New**
- Quinlan, P. (1994). *Tiger flowers*. Toronto, ON: Lester Publishing.
Joel adores his Uncle Michael who, dying of AIDS, comes to live with Joel's family. Joel is heartsick at Michael's death until he learns to find comfort in memories of this beloved uncle. **E Qui**
- Simpson, C. (1994). *Jenny's locket*. Nazareth, PA: Pearl Press.
When Jenny was 11 years old, she learns that her favourite uncle is in the final stages of AIDS. Her thoughts are conveyed through prose and diary entries. A fictionalized account of a true story. **F Sim**
- Weiler, D. J. (1989). *Bad boy*. Toronto, ON: Douglas & McIntyre.
Hockey playing 16 year old A.J. learns that his best friend is gay. An explosive novel that looks honestly at teenage sexuality and the world of amateur sport. **F Wie**
- Willhoite, M. (1991). *Daddy's roommate*. Boston: Alyson Wonderland.
A boy, his father, and his father's partner, share household activities familiar to all families. **E Wil**

VIDEOS

- AIDS: Facts for kids.* (1997). [Videocassette]. Shawnee Mission, KA: Marshfilm Enterprises.
Introduces students to facts and misconceptions about the HIV virus, and AIDS the disease, its transmission and prevention. Audience: Grades 4 - 6. **Booking #1480**
- AIDS: What everyone needs to know.* (2001). (4th ed.). [Videocassette]. SVE & Churchill Media.
Uses the personal experiences of HIV-positive individuals, and interviews with a physician and other health care professionals to present viewers with information about AIDS. Audience: Senior 1-4. **Booking #2395, Video Duplication #VT-0272**
- Boy to man.* (2000). [Videocassette]. [United States]: SVE & Churchill Media.
Brad is entering puberty with a lot of questions about the emotional and physical changes that are happening to him. This video uses animation to explain the anatomy of the male and female reproductive systems. CAUTION: This program should be previewed due to subject matter. Audience: Grades 5 - Senior 1. **Booking #2398, Video Duplication #VT-0498**
- Girl to woman.* (2000). [Videocassette]. [United States]: SVE & Churchill Media.
Allison and her friends are entering puberty with a lot of questions about the emotional and physical changes that are happening to them. This video uses animation to explain the anatomy of the female and male reproductive systems. CAUTION: This program should be previewed due to subject matter. Audience: Grades 5 - Senior 1. **Booking #2413, Video Duplication #VT-0493**
- Growing up: From boyhood-manhood.* (1996). [Videocassette]. [United States]: BKL Joint Venture.
Introduces viewers to the emotional and physical changes which occur during the transition from boy to man. CAUTION: This program should be previewed due to subject matter. Audience: Grades 5 - 8. **Booking #8910**
- Growing up: From girlhood-womanhood.* (1996). [Videocassette]. [United States]: BKL Joint Venture.
Introduces viewers to the emotional and physical changes that occur during the transition from girl to woman. CAUTION: This program should be previewed due to subject matter. Audience: Grades 5 - 8. **Booking #8911**
- Health education (Senior 2) inservice. Part 3: Responsible sexual behaviour.* (1993). [Videocassette]. [Winnipeg]: Distance Education and Technology, Manitoba Education and Training.
Focuses on the sexual behaviour component of the Manitoba curriculum and suggests five preliminary activities. Audience: Professional Development. **Booking #5206, Video Duplication #VT-0450**
- Human growth.* (1998). (5th ed.). [Videocassette]. Portland, OR: E.C. Brown.
Looks at human growth, particularly the physical and emotional development of adolescents. Shows wide variations in rates of growth and development, and emphasizes that all are within the normal range. CAUTION: This program should be previewed due to subject matter. Audience: Grades 5 - 8. **Booking #7725**

Human rights and sexual orientation = Les droits de la personne et l'orientation sexuelle. (1996). [Videocassette]. [Canada]: CPAC in the Classroom.

On May 1996, the House of Commons held a free vote, passed by 153 to 76, on the amendment to the Human Rights Act that prohibits discrimination based on sexual orientation. Uses excerpts of parliamentary media press conferences to examine the changes to the Human Rights Act with respect to the rights of gays and lesbians, and their families.

Audience: Senior 1 - 4. **Booking #7533**

In other words. (2001). [Videocassette]. Montreal, PQ: National Film Board of Canada.

Name-calling and cruel language hurt, say the teens that speak in this documentary video. Homophobic language is a common verbal put-down among young people, but many adults are uncomfortable responding to it. CAUTION: This program should be previewed due to subject matter. Audience: Grades 7 - Senior 4, Professional Development. **Booking #5487**

Life stages & their hurdles [Part 1]. (1993). [Videocassette]. Toronto, ON: Vision TV.

Four people from different religious and cultural backgrounds speak about the changes they experienced during puberty, and the connection between spiritual, moral, and sexual awakening. Audience: Senior 1 - 4, Professional Development. **Booking #2565**

Life stages & their hurdles [Part 3]. (1993). [Videocassette]. Toronto: Vision TV.

Women from different religious and cultural backgrounds speak of their personal experiences with menstruation. Often there are cultural or religious rules, which prevent a menstruating woman from participating fully in her community. Audience: Senior 1 - 4, Professional Development. **Booking #2566**

Look who's growing up! (1997). [Videocassette]. Raleigh, NC: Rainbow Educational Media.

Two juniors in high school, one male, one female, introduce adolescent girls and boys to the many physical and emotional changes that occur during puberty. CAUTION: This program should be previewed before use due to subject matter. Audience: Grades 5 - 8.

Booking #7753

Puberty for boys: Amazing changes inside & out. (2001). [Videocassette]. [United States]:

Altschul Group Corporation AGC/United Learning.

This program, through animation, narration, comments of adolescent boys, and interviews with a physician, a psychologist and post-pubescent young men, examines the physiological and emotional changes that occur in boys during puberty. CAUTION: This program should be previewed due to subject matter. Audience: Grades 4 - 8. **Booking #5515,**

Video Duplication #VT-0765

Puberty for girls: Amazing changes inside & out. (2001). [Videocassette]. [United States]: Altschul Group Corporation AGC/United Learning.

This program, through animation, narration, comments of adolescent girls, and interviews with a physician, a psychologist and post-pubescent young women, examines the physiological and emotional changes that occur in girls during puberty. CAUTION: This program should be previewed due to subject matter. Audience: Grades 4 - 8. **Booking #5514,**

Video Duplication #VT-0762

Reading between the labels. (1991). [Videocassette]. [United States]: Northeastern Wisconsin In-School Telecommunications.

Helps to build respect between individuals of divergent sexual orientation in an effort to alleviate the fear, isolation, discrimination and violence towards those perceived as

homosexual. CAUTION: This program should be previewed due to subject matter. Audience: Senior 1 - 4, Professional Development. **Booking #1557**

Respect yourself, protect yourself. (1993). [Videocassette]. Winnipeg: Sabot Video Productions. A series of interviews with students regarding sexual activity, use of birth control, sexually transmitted diseases, sources of information on reproduction, and medical support for youth on issues related to sexuality. CAUTION: This program should be previewed due to subject matter. Audience: Senior 1 - 4. **Booking #6538, Video Duplication #VT-0281**

School's out! (1996). [Videocassette]. [Canada]: National Film Board of Canada; Great Jane Productions. Through comments of members of TEACH (Teens Educating and Confronting Homophobia) and writer Jane Rule, this program explores sexual orientation, homophobia, and heterosexism, examines stereotypes about gay and lesbian youth and discusses the reasons young people often use homophobic terms to put down their peers. CAUTION: This program should be previewed due to subject matter. Audience: Senior 1 - 4, Professional Development. **Booking #5438**

Sex, lies & -- the truth. (1993). [Videocassette]. Colorado Springs, CO: Focus on the Family. Students of various ages discuss sexual activity and its consequences, as well as the decisions they have chosen to take. CAUTION: The program should be previewed due to subject matter. Audience: Grades 8 - Senior 4. **Booking #7192**

Sticks and stones. (2001). [Videocassette]. Montreal, QE: National Film Board of Canada. Children ages 5 to 12 describe how they feel when they hear put-downs of themselves or their families in this video for kids, educators and parents. CAUTION: This program should be previewed due to subject matter. Audience: Grades 3 - 7, Professional Development. **Booking #5461**

This ain't no dress rehearsal. (1996). [Videocassette]. [United States]: Young Productions. Through interviews, humour, archival footage and factual information, Dr. Young talks with teens about the physical and psychological implications of sexual involvement. CAUTION: This program should be previewed due to subject matter. Audience: Senior 1 - 4. **Booking #7745**

Update: Sexually transmitted diseases. (1995). [Videocassette]. Pleasantville, NY: Sunburst Communication. A series of vignettes in which teenagers discover they have contracted a sexually transmitted disease. CAUTION: This program should be previewed due to subject matter. Audience: Grades 5 - Senior 4. **Booking #2025**

What teens want to know about sex. (1994). [Videocassette]. Pleasantville, NY: Sunburst Communications. Through the vehicle of two teen columnists answering readers' questions about sex, viewers learn the facts they need in order to make informed choices about sex and sexuality. CAUTION: This program should be previewed due to subject matter. Audience: Grades 7 - Senior 4. **Booking #7761**

WEBSITES

[Canadian Guidelines for Sexual Health](#) (August 12, 2003).

SUMMARY: Developed by Health Canada, the Guidelines for Sexual Health Education aids individuals, professionals and agencies in the development of policies and programs for promoting sexual health

Web address: <http://www.hc-sc.gc.ca/pphb-dgspsp/publicat/cgshe-ldnemss/index.html>

[Canadian Health Network](#) (August 12, 2003).

SUMMARY: A national, non-profit bilingual web-based health information network, which seeks to connect Canadians with credible and practical health information. The Youth section is designed to meet the information needs of youth and adults who work with youth.

Web address: <http://www.canadian-health-network.ca>

[Sex Education and Information Council of Canada](#) (August 12, 2003).

SUMMARY: A national non-profit educational organization whose goal is to foster public and professional education about human sexuality. Links are available to SIECCAN Sexual Health Education Resource Documents.

Web address: <http://www.sieccan.org>

[Schoolfile](#) (August 12, 2003).

SUMMARY: An internet service offered by an education consulting company sponsored by the Canadian Association for School Health and Health Canada. Schoolfile seeks to provide access to health education information. Provides lesson plan/learning activities on various sexuality education issues.

Web address: <http://www.schoolfile.com>