



Grade 4 Physical Education Health Education *Kindergarten to Grade 4 Physical Education/Health Education: A Foundation for Implementation 2001*

Student Learning Outcomes Related to Sustainable Development

1. Movement

A.1.6 Appreciate and respect the natural environment while participating in physical activity.

S.1.4.C.1 **Demonstrate functional use of basic movement skills** (e.g., striking a ball with the hand and/or implement, balancing...) **in outdoor activities on the school grounds and/or special events** (e.g., four square ball, T-ball, skating, snowshoeing, tabloids, mini-olympics, multicultural games...).

3-Safety

K.3.4.A.5b **Identify water safety rules, hazards, and practices** (e.g., wearing flotation devices, importance of swimming lessons, recognizing safety symbols, steps in an emergency...) **related to aquatic activities** (e.g., swimming, boating...).

K.3.4.B.1 **Identify responsibilities for prevention, protection and persuasion in the area of fire safety, bus ridership and road and vehicle safety** (e.g., autos, boats, snowmobiles, farm equipment...).

K.3.4.B.3 **Identify common injuries** (e.g., cuts, bruises, scrapes, burns, bumps, fractures, insect bites and stings, frostbite...) **in everyday living, and ways to help** (e.g., seek adult help, get ice, locate first-aid kit, avoid contact with body fluids of others...).

K.3.4.B.4 **Recognizes roles of individuals in school and community who provide safety services** (e.g., school staff, crosswalk patrols, police officers, Block Parents, firefighters, doctors, nurses, elders, ski patrols, snowmobile patrols, forest rangers, coast guards...).

4-Personal and Social Management

K.4.4.A.3 **Identify the steps of the decision making/problem solving process with an emphasis on the final steps** (e.g., making the decision, taking action, evaluating results...).

5-Healthy Lifestyles Practices

K.5.4.A.2 Identify ways (e.g., avoid loud sound, don't drink or swim in contaminated water, avoid second-hand smoke, avoid plants and food that causes allergic reactions, wear a hat, wear sunscreen...) **to prevent reactions to various environmental conditions** (e.g., noise, water, sun, air, plants...).

S.5.4.A.3b Use problem-solving strategies to reduce barriers to healthy eating, and improve food choices, if appropriate.