

How Can I Discuss Work Preferences with My Child?

This worksheet provides you and your child with an opportunity to discuss work preferences in terms of personal likes and dislikes. You and your child can complete this exercise together. In some instances, your personal experiences may need to be explained to help your child understand what a particular work preference means.

Getting to Know Myself in Relation to Work				
Rate the importance of each statement by marking an "X" in the appropriate box.				
	Parent like	Parent dislike	Child like	Child dislike
Job security				
Regular or fixed hours				
Self-employment				
Great deal of travelling				
One work location				
Physical work				
Desk job				
Creative work				
Work alone				
High income				
Work outdoors				
Make decisions and plan				
Same duties daily				
Flexible/variable work hours				
High-status job				
Program, analyze data				
Contract work				
Do research				
Work with your hands				
Work as part of a team				
Study and read				
Communicate information or persuade people				
Keep accurate records				
Other				

Compare your answers with your child's answers. What are your differences? Similarities? Explain to your child why you chose some of the answers you did.