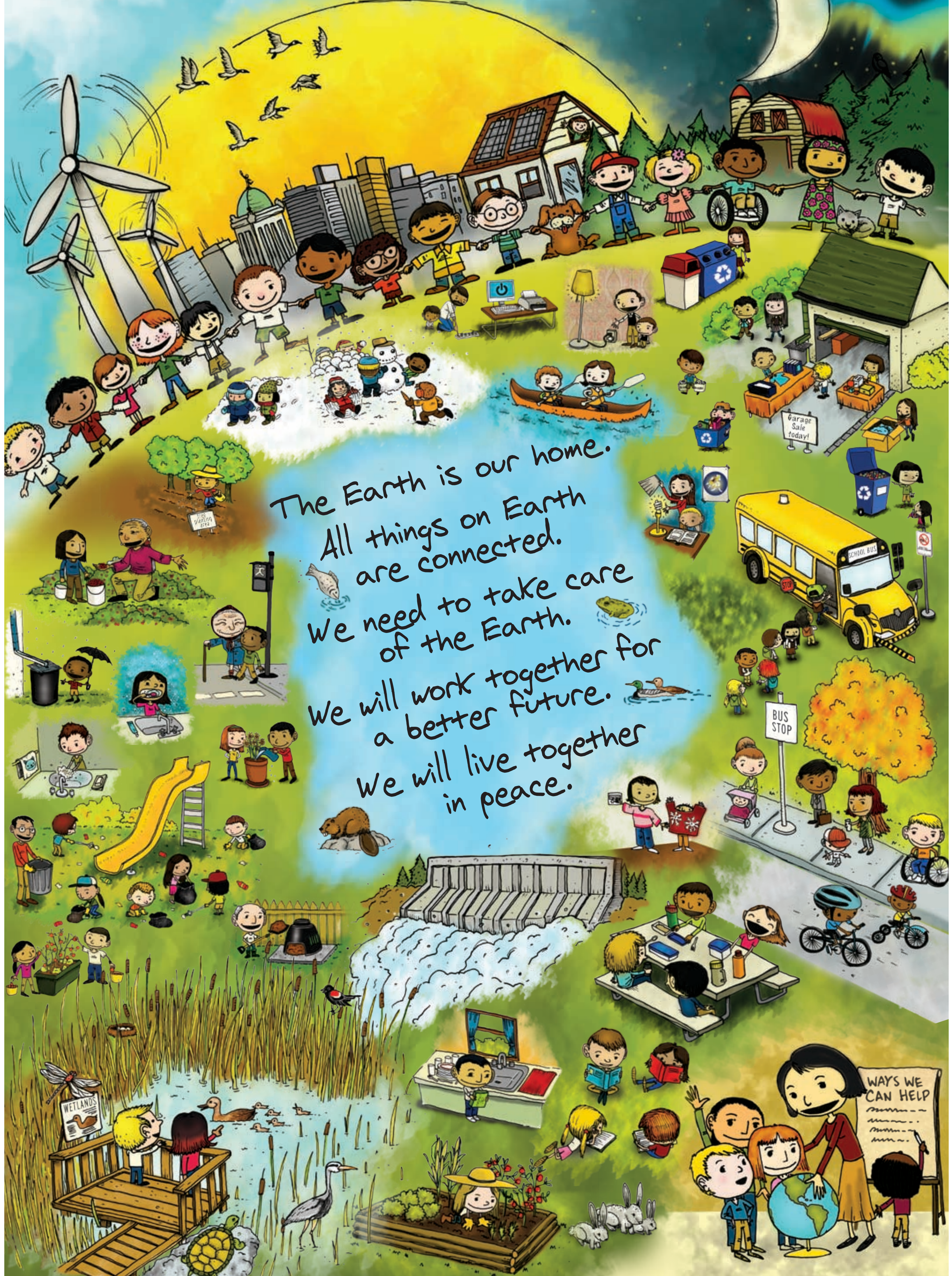


Help Grow Listen Communicate Connect Enjoy Understand Appreciate Identify Organize Share Cooperate Activity Depend Diversity Extend Citizen

Walking Contribute Evaluate Defend Compost Environment Access Value Replenish Respect Create Conserve Recognize Ideas Needs Predict



# The Summer Learning Calendar

How can you and your child include sustainable living in your summer learning calendar?

## What is living sustainably?

Living sustainably means showing respect and concern for all people and things on Earth. This will ensure a healthier Earth where people live together in peace.

## Why do we do it?

The future of our planet and its inhabitants depend on it.

## How can we help?

There are many things we can do to live sustainably everyday.

- When we walk, take a bus, or ride our bikes instead of driving a car we are saving resources and protecting the air we breathe.
  - When we plant a garden we are providing homes for living things.
- When we clean up garbage we are keeping our earth clean and safe for everyone.
- When we pack our lunches in re-useable containers, we are making litterless lunches and creating less garbage.
- When we remember to turn off lights when we leave a room, we are saving energy.
- When we help someone cross the street, we are showing that we care about their safety.

What other sustainable living activities can you find on the poster? Talk about why they are important.

Can you find these on the poster on the other side of this page?



Planet Earth belongs to all of us!

What can we learn today... that will help us have a healthier Planet Earth tomorrow?


If you haven't already done so, take a moment to review page 1 of the Summer Learning Calendar. Think about how you and your child might use this calendar to set goals and engage in goal-related learning. Try including some of the following sustainable living activities in your learning calendar goals this summer.

### Discover or try something new




- Work with your family to build a compost bin in your back yard.
- Plant milkweed in your yard and watch for Monarch Butterflies.
- Save re-usable containers that you can use to make litterless lunches.
- Collect natural items (twigs, pebbles, shells, etc.) without damaging them. Use them to create an environmental art piece in nature. Take or draw a picture of the art piece and then leave the objects in their natural environment.
- Plant trees from seedlings.
- Your own....

### Communicate with others



- Imagine that you and your friends are visiting from another planet. Put on a play about what you want to teach the "earthlings" about accepting differences and living together in peace.
- Get to know a neighbour and find a way to help them.
- Look for pictures on the poster that use the 7 Rs: recycle, reuse, reduce, resist, refuse, restore, and rethink.
- Organize a neighbourhood cleanup day, then have a litterless celebration party.
- Your own....

### Think up new ways to do things or figure things out



- Collect rainwater in a barrel for watering your garden and trees. Cover the top of the barrel with a fine screen.
- Make a chart and ask each family member to mark it each time they remember to turn off lights or electrical equipment when not in use. Total the marks at the end of each week. Compare the results weekly and try to increase the marks.
- Collect recyclable containers and create a "recycle robot". Give it a name and write a story or create a comic strip about it.
- Turn off the water while brushing your teeth.
- Find a peaceful way to resolve a disagreement.
- Your own....

Paste YOUR picture here.

### Explore an interest or hobby



- Start a vegetable garden. Go to a garden centre to ask for gardening tips.
- Go for a walk with a friend and notice all the living things that need our help and protection. Talk about how you would feel if they gradually disappeared and what we need to do to protect them.
- Visit the local library and research why we should use phosphate free soap. Share your findings with friends and neighbours.
- Record the number of bags of garbage your family uses in a week and then set a family goal to reduce the number.
- Your own....

### Add your own goals

- \_\_\_\_\_
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- \_\_\_\_\_
- \_\_\_\_\_

### Imagine, invent or create



- Plan and organize a clothing exchange party with your friends and neighbours. Sort the clothes by sizes and items.
- Donate some gently used clothes and toys to shelters.
- Collect used ice cream pails. Decorate them as compost pails and give them away to your friends and neighbours.
- Make musical instruments from recycled material and plan a "sustainable living" musical concert for your families.
- If you had one wish that would make Earth a better place to live, what would it be? Draw a picture to show your ideas.
- Your own....