



9075

APPLIED SKIN CARE (12A)

40S/40E/40M

An Esthetics Course

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Course Description

The emphasis in this course is on specialized masks, and demonstrating the practical skills associated with a variety of facial treatments.

Goal 1: Describe and demonstrate appropriate **personal and public sanitation** and **health and safety practices**.

GLO 1.1: Describe and demonstrate **personal and public sanitation**.

SLO 12A.1.1.1: Demonstrate personal and professional health practices.

SLO 12A.1.1.2: Demonstrate personal and public hygiene practices.

GLO 1.2: Describe and demonstrate **health and safety practices**.

SLO 12A.1.2.1: Apply personal protective equipment (PPE) requirements for applied skin care services.

GLO 1.3: Maintain a **safe and organized workstation**.

SLO 12A.1.3.1: Maintain an organized and sanitary work area, providing a safe environment throughout services.

GLO 1.4: Demonstrate an awareness of safety as it pertains to the *Trade Safety Awareness Manual*.

No applicable SLOs.

Goal 2: Describe and demonstrate knowledge and skills related to **pre-service**.

GLO 2.1: Describe and demonstrate the process of **preparing the workstation**.

SLO 12A.2.1.1: Prepare the treatment room for services.

SLO 12A.2.1.2: Sanitize, organize, and prepare the workstation for applied skin care services.

SLO 12A.2.1.3: Assemble all the necessary equipment, materials, implements, and consumable items for applied skin care services.

SLO 12A.2.1.4: Prepare PPE required for skin care services.

GLO 2.2: Describe and demonstrate the process of **preparing the client.**

- SLO 12A.2.2.1: Perform a client consultation according to the requested services.
- SLO 12A.2.2.2: Recommend appropriate services based on client consultation and analysis findings.
- SLO 12A.2.2.3: Inform the client of a skin care procedure and obtain consent before beginning the service.
- SLO 12A.2.2.4: Prepare client draping and inform the client about changing procedures required for the service.
- SLO 12A.2.2.5: Follow salon policy for assisting clients.

Goal 3: Describe and demonstrate knowledge and skills related to **service.**

GLO 3.1: Describe and demonstrate **esthetics services.**

- SLO 12A.3.1.1: Demonstrate and complete a minimum of 12 skin analyses using a Wood's lamp, identifying a variety of skin types and conditions. (F4.5)
- SLO 12A.3.1.2: Demonstrate and complete a minimum of five facial relaxation massages using various techniques. (F5.5)
- SLO 12A.3.1.3: Demonstrate the application of exfoliation products to the face. (G3.8)
- SLO 12A.3.1.4: Demonstrate on a client the removal of comedones and milia. (G3.9)
- SLO 12A.3.1.5: Demonstrate the application of a mask. (G3.10)
- SLO 12A.3.1.6: Demonstrate the removal of various masks. (G3.11)
- SLO 12A.3.1.7: Demonstrate the application of toners and protective products. (G3.12)
- SLO 12A.3.1.8: Demonstrate on a client the use of infrared light therapy with the application of a facial treatment. (G4.8)
- SLO 12A.3.1.9: Demonstrate on a client the use of high-frequency therapy. (G4.9)
 - sparking by direct application
 - procedures for cleaning of skin
 - sterilizing of the electrodes
 - methods for using electrodes
 - rotating movement
 - indirect application

- SLO 12A.3.1.10: Demonstrate how to prepare and apply a variety of specialized masks. (G4.10)
- SLO 12A.3.1.11: Describe and demonstrate direct, indirect, and sparking high-frequency treatments.
- SLO 12A.3.1.12: Demonstrate a facial using a multi-function machine, including a vaporizer/steamer, rotary brushes, and/or additional attachments.
- SLO 12A.3.1.13: Demonstrate and complete a minimum of 10 specialized facials. (G4.11)
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Goal 4: Describe and demonstrate knowledge and skills related to **post-service.**

GLO 4.1: Describe and demonstrate the post-service steps that the technician performs **while the client is in the salon.**

No applicable SLOs.

GLO 4.2: Describe and demonstrate the post-service steps that the technician performs **after the client leaves the salon.**

SLO 12A.4.2.1: Demonstrate the post-service steps that the skin care technician performs after the client leaves the salon.

Goal 5: Demonstrate the **operation, maintenance, and storage of equipment, tools, implements, materials, products, and consumable items.**

GLO 5.1: Demonstrate the **operation of equipment, tools, and implements.**

SLO 12A.5.1.1: Demonstrate the use of implements and equipment used by a skin care technician. (F2.5)

SLO 12A.5.1.2: Demonstrate the safe operation of a microdermabrasion machine.

SLO 12A.5.1.3: Describe and demonstrate how to perform an epidermabrasion.

SLO 12A.5.1.4: Discuss and demonstrate the use of an autoclave.

GLO 5.2: Demonstrate the **use of materials, products, and consumable items.**

No applicable SLOs.

GLO 5.3: Demonstrate the **maintenance and storage of equipment, tools, implements, materials, products, and consumable items.**

SLO 12A.5.3.1: Clean and sanitize implements and materials after use, and return them to the proper storage area.

Goal 6: Demonstrate an understanding of the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

GLO 6.1: Describe the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

SLO 12A.6.1.1: Complete a project, using the instructor's guidelines, on new trends in the skin care industry. (F1.7)

SLO 12A.6.1.2: Practise new trends in skin care on a model. (F1.8)

Goal 7: Demonstrate an understanding of **career opportunities** in esthetics.

GLO 7.1: Describe **apprenticeship and career opportunities** and **professional organizations** in the esthetics industry.

SLO 12A.7.1.1: Update a resumé to reflect newly acquired skills and accomplishments.

SLO 12A.7.1.2: Update a portfolio to reflect newly acquired information, including pictures.

GLO 7.2: Review and demonstrate the knowledge and skills required to pass the **Provincial Skin Care Technician Examinations.**

No applicable SLOs.

Goal 8: Describe and demonstrate transferable **cross-curricular knowledge and skills** as they relate to esthetics.

GLO 8.1: **Read, interpret, and communicate** information related to esthetics.

No applicable SLOs.

GLO 8.2: Apply knowledge and skills related to esthetics from **the arts.**

No applicable SLOs.

GLO 8.3: Apply knowledge and skills related to esthetics from **the sciences**.

No applicable SLOs.

GLO 8.4: Apply knowledge and skills related to esthetics from **mathematics**.

No applicable SLOs.

Goal 9: Demonstrate an awareness of **sustainability** as it pertains to the esthetics industry.

GLO 9.1: Describe the impact of **sustainability** on the **health and well-being** of estheticians and their clients.

No applicable SLOs.

GLO 9.2: Describe the esthetics industry's **sustainability practices** and their impact on the **environment**.

SLO 12A.9.2.1: Identify skin care products that are environmentally safe.

SLO 12A.9.2.2: Demonstrate sustainable practices throughout and upon completion of applied skin care services.

SLO 12A.9.2.3: Demonstrate the safe disposal of materials, products, and consumable items upon completion of services.

SLO 12A.9.2.4: Dispose of waste material in an environmentally safe manner.

GLO 9.3: Describe **sustainable business practices** within the esthetics industry.

No applicable SLOs.

Goal 10: Demonstrate **ethical and legal standards** as they pertain to the esthetics industry.

GLO 10.1: Practise **ethical and legal standards** as they pertain to esthetics.

No applicable SLOs.

Goal 11: Demonstrate **employability skills** related to the esthetics industry.

GLO 11.1: Demonstrate **fundamental employability skills**.

No applicable SLOs.

GLO 11.2: Demonstrate an understanding of the **business operation** of a salon.

No applicable SLOs.
