



9074

ADVANCED SKIN CARE (11C)

30S/30E/30M

An Esthetics Course

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Course Description

The emphasis in this course is on collagen treatments and chemical peels, advanced massage movements, and facial machines.

Goal 1: Describe and demonstrate appropriate **personal and public sanitation** and **health and safety practices**.

GLO 1.1: Describe and demonstrate **personal and public sanitation**.

SLO 11C.1.1.1: Demonstrate personal and professional health practices.

SLO 11C.1.1.2: Demonstrate personal and public hygiene practices.

GLO 1.2: Describe and demonstrate **health and safety practices**.

SLO 11C.1.2.1: Apply PPE requirements for advanced skin care services.

SLO 11C.1.2.2: Discuss general and specific safety practices and regulations for common hand/electrical implements. (F2.2)

GLO 1.3: Maintain a **safe and organized workstation**.

SLO 11C.1.3.1: Create and maintain a safe working environment.

GLO 1.4: Demonstrate an awareness of safety as it pertains to the *Trade Safety Awareness Manual*.

No applicable SLOs.

Goal 2: Describe and demonstrate knowledge and skills related to **pre-service**.

GLO 2.1: Describe and demonstrate the process of **preparing the workstation**.

SLO 11C.2.1.1: Describe and demonstrate the process of preparing the workstation.

GLO 2.2: Describe and demonstrate the process of **preparing the client.**

- SLO 11C.2.2.1: Perform a client consultation according to the requested service.
- SLO 11C.2.2.2: Recommend appropriate service based on client consultation and analysis findings.
- SLO 11C.2.2.3: Follow salon policy for assisting clients.
- SLO 11C.2.2.4: Inform the client of a skin care procedure and obtain consent before beginning the service.
- SLO 11C.2.2.5: Discuss how the client's clinical or medical procedures (e.g., recent cosmetic surgery, Botox injections, chemical peels) affect skin care treatment.

Goal 3: Describe and demonstrate knowledge and skills related to **service.**

GLO 3.1: Describe and demonstrate **esthetics services.**

- SLO 11C.3.1.1: Describe the different types of specialized treatments. (G4.1)
- SLO 11C.3.1.2: Describe various specialized treatments. (G4.2)
- SLO 11C.3.1.3: Describe methods of skin resurfacing. (G4.3)
- SLO 11C.3.1.4: Describe and demonstrate the different types of facials, including treatments with machines.
- SLO 11C.3.1.5: Describe and demonstrate various specialized treatments, including collagen treatments.
- SLO 11C.3.1.6: Describe and demonstrate chemical face peeling.
- SLO 11C.3.1.7: Discuss the application of the Ionto mask in connection with cosmetic substances.
- SLO 11C.3.1.8: Discuss the use of a multi-function machine and the various attachments.
- SLO 11C.3.1.9: Demonstrate galvanic/desincrustation and iontophoresis.
- SLO 11C.3.1.10: Demonstrate the use of different skin care products. (G1.13)
- SLO 11C.3.1.11: Demonstrate and complete a minimum of five different body treatments. (G5.6)
- SLO 11C.3.1.12: Demonstrate and complete a minimum of 10 facials. (G3.13)

Goal 4: Describe and demonstrate knowledge and skills related to **post-service.**

GLO 4.1: Describe and demonstrate the post-service steps that the technician performs **while the client is in the salon.**

SLO 11C.4.1.1: Demonstrate client post-service procedures.

SLO 11C.4.1.2: Discuss with and recommend to clients procedures and products for a home maintenance skin care program.

SLO 11C.4.1.3: Discuss possible future appointments with the client.

GLO 4.2: Describe and demonstrate the post-service steps that the technician performs **after the client leaves the salon.**

SLO 11C.4.2.1: Demonstrate post-service sanitation steps.

Goal 5: Demonstrate the **operation, maintenance, and storage of equipment, tools, implements, materials, products, and consumable items.**

GLO 5.1: Demonstrate the **operation of equipment, tools, and implements.**

SLO 11C.5.1.1: Describe the function and purpose of equipment used by a skin care technician. (F2.3)

SLO 11C.5.1.2: Demonstrate the safe operation of equipment, tools, and implements used to provide services.

SLO 11C.5.1.3: Describe light therapy. (G4.5)

SLO 11C.5.1.4: Describe high-frequency therapy. (G4.6)

GLO 5.2: Demonstrate the **use of materials, products, and consumable items.**

SLO 11C.5.2.1: Identify and describe the various products used for special facial treatments. (G4.4)

SLO 11C.5.2.2: Identify product types, including mixtures, solutions, suspensions, gels, powders, ointments, sticks, aerosols, and emulsions, and give a product example, explaining its function and benefits.

SLO 11C.5.2.3: Describe toners and protective products and their correct application for back treatments.

SLO 11C.5.2.4: Define appropriate products, using product knowledge for various skin types. (G1.7)

GLO 5.3: Demonstrate the **maintenance and storage** of **equipment, tools, implements, materials, products, and consumable items.**

SLO 11C.5.3.1: Maintain and store equipment, tools, and implements.

Goal 6: Demonstrate an understanding of the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

GLO 6.1: Describe the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

SLO 11C.6.1.1: Discuss the history of advanced skin care and skin care machines/equipment.

SLO 11C.6.1.2: Describe natural, organic, and vegan substances used in selected beauty therapies.

SLO 11C.6.1.3: Discuss trends in cosmetics and skin care practices. (F1.2)

Goal 7: Demonstrate an understanding of **career opportunities** in esthetics.

GLO 7.1: Describe **apprenticeship and career opportunities** and **professional organizations** in the esthetics industry.

SLO 11C.7.1.1: Describe skin care technician career opportunities. (F1.3)

SLO 11C.7.1.2: Update a resumé and a portfolio to reflect newly acquired skills and accomplishments.

SLO 11C.7.1.3: Describe the Manitoba Esthetician Apprenticeship Program. (A1.2)

GLO 7.2: Review and demonstrate the knowledge and skills required to pass the **Provincial Skin Care Technician Examinations.**

No applicable SLOs.

Goal 8: Describe and demonstrate transferable **cross-curricular knowledge and skills** as they relate to esthetics.

GLO 8.1: **Read, interpret, and communicate** information related to esthetics.

SLO 11C.8.1.1: Identify advanced skin care vocabulary.

SLO 11C.8.1.2: Demonstrate fundamental communication skills in relation to advanced skin care.

GLO 8.2: Apply knowledge and skills related to esthetics from **the arts.**

No applicable SLOs.

GLO 8.3: Apply knowledge and skills related to esthetics from **the sciences.**

- SLO 11C.8.3.1: Identify skin disorders and imperfections. (G2.5)
 - SLO 11C.8.3.2: Identify skin diseases. (G2.6)
 - SLO 11C.8.3.3: Describe the differences between a diluted, a concentrated, and a saturated solution. (G1.11)
 - SLO 11C.8.3.4: Describe direct and alternating electrical currents.
 - SLO 11C.8.3.5: Describe the purpose of a ground-fault circuit interrupter.
 - SLO 11C.8.3.6: Define the following terms related to electricity: *amp, circuit, conductor, converter, generator, insulator, load, ohm, polarity, rectifier, watt, and volt.*
 - SLO 11C.8.3.7: Define *cathode* and *anode*.
 - SLO 11C.8.3.8: Describe and compare galvanic, high-frequency (Tesla), faradic, and sinusoidal currents.
 - SLO 11C.8.3.9: Describe Underwriters Laboratories (UL) and Canadian Standards Association (CSA).
 - SLO 11C.8.3.10: Define *phoresis, anaphoresis, and cataphoresis.*
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GLO 8.4: Apply knowledge and skills related to esthetics from **mathematics.**

- SLO 11C.8.4.1: Demonstrate correct ratios when filling the Lucas machine.
- SLO 11C.8.4.2: Demonstrate mixing ratios required for treatments such as chemical peels and masks.

Goal 9: Demonstrate an awareness of **sustainability** as it pertains to the esthetics industry.

GLO 9.1: Describe the impact of **sustainability** on the **health and well-being** of estheticians and their clients.

- SLO 11C.9.1.1: Analyze the opportunities and barriers in own professional environment.
 - SLO 11C.9.1.2: Identify potential resources to maximize professional opportunities.
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GLO 9.2: Describe the esthetics industry's **sustainability practices** and their impact on the **environment**.

SLO 11C.9.2.1: Demonstrate sustainable practices throughout and upon completion of services.

GLO 9.3: Describe **sustainable business practices** within the esthetics industry.

SLO 11C.9.3.1: Research the needs of the local economy in relation to skin care services.

Goal 10: Demonstrate **ethical and legal standards** as they pertain to the esthetics industry.

GLO 10.1: Practise **ethical and legal standards** as they pertain to esthetics.

SLO 11C.10.1.1: Describe *The Freedom of Information and Protection of Privacy Act (FIPPA)*.

SLO 11C.10.1.2: Practise discretion and confidentiality in acquiring and managing client information.

Goal 11: Demonstrate **employability skills** related to the esthetics industry.

GLO 11.1: Demonstrate **fundamental employability skills**.

SLO 11C.11.1.1: Establish rapport with clients to build and maintain clientele.

SLO 11C.11.1.2: Demonstrate teamwork skills and participation when performing multiple advanced skin care services.

GLO 11.2: Demonstrate an understanding of the **business operation** of a salon.

SLO 11C.11.2.1: Create treatment specials according to seasons.

SLO 11C.11.2.2: Recommend additional services to clients.

SLO 11C.11.2.3: Book salon appointments and manage times for multiple services and appointments.
