



9068

BASIC SKIN CARE (11A)

30S/30E/30M

An Esthetics Course



# 9068: BASIC SKIN CARE (11A)

## 30S/30E/30M

### Course Description

The emphasis in this course is on client care, consultation, basic skin analysis, safety and sanitation, deep cleansing, and exfoliation.

---

#### **Goal 1:** Describe and demonstrate appropriate **personal and public sanitation** and **health and safety practices**.

##### **GLO 1.1:** Describe and demonstrate **personal and public sanitation**.

- SLO 11A.1.1.1: Discuss personal and professional health practices.
- SLO 11A.1.1.2: Demonstrate handwashing techniques before, during, and after each service, as needed.
- SLO 11A.1.1.3: Discuss why a skin care technician should be able to recognize common skin diseases and disorders. (G2.2)
- SLO 11A.1.1.4: Discuss the purpose of studying infectious diseases of the skin. (G2.3)
- SLO 11A.1.1.5: Discuss why a skin care technician must refuse treatment of a client with an infectious or contagious disease. (G2.4)

---

##### **GLO 1.2:** Describe and demonstrate **health and safety practices**.

- SLO 11A.1.2.1: Identify and apply personal protective equipment (PPE) requirements (finger cots, gloves, and mask) for skin care services.
- SLO 11A.1.2.2: Discuss general and specific safety practices and regulations for equipment. (F2.4)
- SLO 11A.1.2.3: Identify high blood pressure. (G2.7)
- SLO 11A.1.2.4: Identify allergic skin reactions. (G2.8)
- SLO 11A.1.2.5: Describe the safety measures to follow if an infection or acne is present. (G2.9)

---

##### **GLO 1.3:** Maintain a **safe and organized workstation**.

- SLO 11A.1.3.1: Create and maintain a safe working environment.

---

##### **GLO 1.4:** Demonstrate an awareness of safety as it pertains to the *Trade Safety Awareness Manual*.

No applicable SLOs.

---

---

**Goal 2:** Describe and demonstrate knowledge and skills related to **pre-service.**

**GLO 2.1:** Describe and demonstrate the process of **preparing the workstation.**

SLO 11A.2.1.1: Describe and prepare the treatment room. (F2.1)

---

**GLO 2.2:** Describe and demonstrate the process of **preparing the client.**

SLO 11A.2.2.1: Perform a client consultation according to the requested service.

SLO 11A.2.2.2: Identify contraindications in order to select safe treatments for clients.

SLO 11A.2.2.3: Describe the services performed by a skin care technician. (F1.4)

SLO 11A.2.2.4: Describe methods used by a skin care technician. (F1.5)

SLO 11A.2.2.5: Discuss the health of skin. (F1.6)

SLO 11A.2.2.6: Identify skin conditions and skin types. (G5.1)

SLO 11A.2.2.7: Identify fine, medium, and course textures of skin.

SLO 11A.2.2.8: Describe the characteristics of normal, dry, oily, combination, and mature skin.

---

**Goal 3:** Describe and demonstrate knowledge and skills related to **service.**

**GLO 3.1:** Describe and demonstrate **esthetics services.**

SLO 11A.3.1.1: Define *dermatology* and *histology*. (F4.1)

SLO 11A.3.1.2: Discuss skin types. (F4.3)

SLO 11A.3.1.3: Demonstrate the application of various facial products according to the manufacturers' instructions and client needs.

SLO 11A.3.1.4: Identify, describe, and demonstrate deep cleansing, toning, protection, and treatment lotions and creams.

SLO 11A.3.1.5: Discuss relaxation massage. (F5.1)

SLO 11A.3.1.6: Describe basic relaxation massage movements. (F5.2)

SLO 11A.3.1.7: Describe the application and removal of a facial mask.

SLO 11A.3.1.8: Describe the application of various back masks.

SLO 11A.3.1.9: Discuss the procedures used for extractions. (G3.4)

---

---

**Goal 4:** Describe and demonstrate knowledge and skills related to **post-service.**

**GLO 4.1:** Describe and demonstrate the post-service steps that the technician performs **while the client is in the salon.**

SLO 11A.4.1.1: Describe client post-service procedures.

SLO 11A.4.1.2: Describe the correct removal of draping from the client after services.

SLO 11A.4.1.3: Discuss home maintenance of skin care with clients.

---

**GLO 4.2:** Describe and demonstrate the post-service steps that the technician performs **after the client leaves the salon.**

SLO 11A.4.2.1: Describe the post-service steps that the skin care technician performs after the client leaves the salon.

---

**Goal 5:** Demonstrate the **operation, maintenance, and storage of equipment, tools, implements, materials, products, and consumable items.**

**GLO 5.1:** Demonstrate the **operation of equipment, tools, and implements.**

SLO 11A.5.1.1: Discuss the equipment and implements used in skin care treatment. (G3.1)

SLO 11A.5.1.2: Describe lasers used to perform treatments.

SLO 11A.5.1.3: Discuss the use of microcurrent in skin care.

SLO 11A.5.1.4: Discuss the benefits of Tesla high-frequency therapy.

---

**GLO 5.2:** Demonstrate the **use of materials, products, and consumable items.**

SLO 11A.5.2.1: Discuss the products used for skin care treatments. (G3.2)

SLO 11A.5.2.2: Identify vitamins and minerals commonly used in cosmetics, their functions, and their sources.

SLO 11A.5.2.3: Discuss emulsions used in cosmetic preparations. (G1.12)

SLO 11A.5.2.4: Identify cosmetic ingredients, give an example of an ingredient, and explain its function and benefits.

SLO 11A.5.2.5: Identify facial materials, products, and consumable items, their function, and their cautions.

SLO 11A.5.2.6: Discuss the importance of an esthetician's familiarity with the ingredients used in products. (G1.1)

---

**GLO 5.3:** Demonstrate the **maintenance and storage** of **equipment, tools, implements, materials, products, and consumable items.**

SLO 11A.5.3.1: Maintain and store equipment, tools, and implements.

---

**Goal 6:** Demonstrate an understanding of the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

**GLO 6.1:** Describe the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

SLO 11A.6.1.1: Discuss the history of skin care and the use of cosmetics.  
(F1.1)

---

**Goal 7:** Demonstrate an understanding of **career opportunities** in esthetics.

**GLO 7.1:** Describe **apprenticeship and career opportunities** and **professional organizations** in the esthetics industry.

SLO 11A.7.1.1: Research local and global professional organizations related to skin care.

---

**GLO 7.2:** Review and demonstrate the knowledge and skills required to pass the **Provincial Skin Care Technician Examinations.**

No applicable SLOs.

---

**Goal 8:** Describe and demonstrate transferable **cross-curricular knowledge and skills** as they relate to esthetics.

**GLO 8.1:** **Read, interpret, and communicate** information related to esthetics.

No applicable SLOs.

---

**GLO 8.2:** Apply knowledge and skills related to esthetics from **the arts.**

SLO 11A.8.2.1: Demonstrate the ability to set up a skin care area/room to create a relaxing atmosphere/environment for clients.

---

**GLO 8.3:** Apply knowledge and skills related to esthetics from **the sciences**.

- SLO 11A.8.3.1: Discuss the histology of the skin. (F4.2)
  - SLO 11A.8.3.2: Define skin diseases and disorders. (G2.1)
  - SLO 11A.8.3.3: Discuss why a skin care technician should be able to recognize common skin diseases and disorders.
  - SLO 11A.8.3.4: Identify the characteristics and functions of bacteria, fungi, and viruses by describing their type, classification, growth, and reproductive cycle.
  - SLO 11A.8.3.5: Identify micro-organisms to which an esthetician may be exposed.
  - SLO 11A.8.3.6: Discuss the branches of chemistry. (G1.8)
  - SLO 11A.8.3.7: Identify common elements and their significance to biological systems.
  - SLO 11A.8.3.8: Identify cells or cell types and their function.
  - SLO 11A.8.3.9: Identify types of skin cells and their location and function.
  - SLO 11A.8.3.10: Describe sebaceous gland, sudoriferous gland, and acne disorders, and their recommended treatment.
  - SLO 11A.8.3.11: Describe skin growths and pigment disorders, and their recommended treatment.
  - SLO 11A.8.3.12: Identify and describe aging factors.
- 

**GLO 8.4:** Apply knowledge and skills related to esthetics from **mathematics**.

- SLO 11A.8.4.1: Demonstrate an understanding of the use of fractions, decimals, ratios, and percentages.
- 

**Goal 9:** Demonstrate an awareness of **sustainability** as it pertains to the esthetics industry.

**GLO 9.1:** Describe the impact of **sustainability** on the **health and well-being** of estheticians and their clients.

- SLO 11A.9.1.1: Identify barriers in an esthetician's personal environment that may affect the professional environment.
  - SLO 11A.9.1.2: Recognize and analyze the opportunities and barriers in an esthetician's professional environment.
  - SLO 11A.9.1.3: Identify potential resources to maximize professional opportunities.
-

**GLO 9.2:** Describe the esthetics industry's **sustainability practices** and their impact on the **environment**.

SLO 11A.9.2.1: Identify environmentally appropriate skin care products.

SLO 11A.9.2.2: Dispose of waste material, such as medical waste and lancets, in an environmentally safe manner.

---

**GLO 9.3:** Describe **sustainable business practices** within the esthetics industry.

No applicable SLOs.

---

**Goal 10:** Demonstrate **ethical and legal standards** as they pertain to the esthetics industry.

**GLO 10.1:** Practise **ethical and legal standards** as they pertain to esthetics.

SLO 11A.10.1.1: Discuss why a skin care technician might refuse treatment of a client with an infectious or contagious disease.

SLO 11A.10.1.2: Describe government guidelines that regulate product formulations and claims.

---

**Goal 11:** Demonstrate **employability skills** related to the esthetics industry.

**GLO 11.1:** Demonstrate **fundamental employability skills**.

SLO 11A.11.1.1: Demonstrate employability skills.

---

**GLO 11.2:** Demonstrate an understanding of the **business operation** of a salon.

SLO 11A.11.2.1: Discuss retail marketing techniques as they apply to an esthetics salon.

---