



9064

INTRODUCTION TO ESTHETICS  
(10)

20S/20E/20M

An Esthetics Course



# 9064: INTRODUCTION TO ESTHETICS (10)

## 20S/20E/20M

### Course Description

This course introduces students to nail technology and skin care technology. It is a course for both professions, containing common elements from each.

Students in this course are required to describe some introductory nail and skin care services. They are **not** required to demonstrate procedures in the area in which the teacher is not certified. For example, a teacher who is a certified nail technician but not a certified skin care technician is not required to have students demonstrate skin care procedures, and vice versa.

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### **Goal 1:** Describe and demonstrate appropriate **personal and public sanitation** and **health and safety practices**.

#### **GLO 1.1:** Describe and demonstrate **personal and public sanitation**.

- SLO 10.1.1.1: Describe good hygiene practices. (A7.1)
- SLO 10.1.1.2: Describe the importance of hand sanitation and demonstrate the procedures used to sanitize hands. (A7.3)
- SLO 10.1.1.3: Identify bacteriology and the related diseases and disorders. (A7.2)
- SLO 10.1.1.4: Discuss the process of sanitizing and sterilizing implements and equipment. (A7.5, B2.6, B2.7)
- SLO 10.1.1.5: Practise sanitizing and sterilizing implements, equipment, and other supplies. (A7.7)
- SLO 10.1.1.6: Describe contamination and decontamination.
- SLO 10.1.1.7: Explain the difference between and the use of an antiseptic and a disinfectant.
- SLO 10.1.1.8: Describe the three levels of infection control: sanitation, disinfection, and sterilization.

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#### **GLO 1.2:** Describe and demonstrate **health and safety practices**.

- SLO 10.1.2.1: Identify safety and health requirements. (A5.1)
- SLO 10.1.2.2: Describe and demonstrate methods of sanitizing tools and equipment and sterilizing metal implements. (A7.4)
- SLO 10.1.2.3: Identify personal protective equipment (PPE) and procedures, and explain the importance of using PPE. (A5.2) (TSA 16)
- SLO 10.1.2.4: Discuss safety regulations and health standards. (A6.1)

- SLO 10.1.2.5: Identify regulations pertinent to care and cleanliness in the work area. (A5.3)
  - SLO 10.1.2.6: Identify regulations relevant to the safe use of chemicals. (A5.4)
  - SLO 10.1.2.7: Identify regulations governing the use of scaffolding. (A5.5)
  - SLO 10.1.2.8: Identify regulations governing the use of ladders and related equipment. (A5.6)
  - SLO 10.1.2.9: Identify and control hazards. (A5.8, A5.12)
  - SLO 10.1.2.10: Identify the hazards of confined spaces and the preparation needed to work in a confined space. (A5.9) (TSA 20)
  - SLO 10.1.2.11: Describe first aid and cardiopulmonary resuscitation (CPR) training and provide information regarding training locations. (A5.10)
  - SLO 10.1.2.12: Explain the Workplace Hazardous Materials Information System (WHMIS), and identify the current safety requirements as they apply to it. (A5.11) (TSA 13)
  - SLO 10.1.2.13: Describe the safe storage of stock equipment in service vehicles. (A5.13)
  - SLO 10.1.2.14: Discuss transportation of dangerous goods. (A5.14)
  - SLO 10.1.2.15: Discuss potential hazards in working in a salon. (A6.3)
  - SLO 10.1.2.16: Discuss drug and alcohol safety regulations. (A6.5)
  - SLO 10.1.2.17: Discuss safety precautions to be followed when using nail products. (B2.9)
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**GLO 1.3: Maintain a safe and organized workstation.**

- SLO 10.1.3.1: Describe guidelines to maintain a clean and orderly work area. (A7.6)
  - SLO 10.1.3.2: Explain general and specific safety practices for implements and equipment. (B2.5)
  - SLO 10.1.3.3: Discuss and practise fire-prevention and firefighting procedures. (A6.4)
  - SLO 10.1.3.4: Describe guidelines on how to deal with blood-borne pathogens.
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**GLO 1.4: Demonstrate an awareness of safety as it pertains to the *Trade Safety Awareness Manual*.**

- SLO 10.1.4.1: Explain the importance of trade safety and health in reducing injuries and fatalities to young employees in Manitoba. (TSA 1)
- SLO 10.1.4.2: Describe the rights and responsibilities of employees, employers, and supervisors under *The Workplace Safety and Health Act*. (TSA 2)

- SLO 10.1.4.3: Describe the steps to use in the Right to Refuse process. (TSA 3)
- SLO 10.1.4.4: Explain how and where to find information on workplace safety and health. (TSA 4)
- SLO 10.1.4.5: Demonstrate how to handle a potentially dangerous work situation. (TSA 5)
- SLO 10.1.4.6: Explain the S.A.F.E. acronym. (TSA 6)
- SLO 10.1.4.7: Define workplace safety and health hazards. (TSA 7)
- SLO 10.1.4.8: Give examples of trade-specific workplace safety and health hazards. (TSA 8)
- SLO 10.1.4.9: Give examples of five types of safety and health hazards. (TSA 9)
- SLO 10.1.4.10: Define workplace safety and health risk. (TSA 10)
- SLO 10.1.4.11: Give examples of trade-specific workplace safety and health risks. (TSA 11)
- SLO 10.1.4.12: Explain the principles of hazard recognition and control as they apply to the specific trade. (TSA 12)
- SLO 10.1.4.13: Match the WHMIS hazardous materials symbols and their meanings. (TSA 14)
- SLO 10.1.4.14: Describe the importance of the Material Safety Data Sheets (MSDS). (TSA 15)
- SLO 10.1.4.15: Demonstrate proper selection and use of a variety of personal protective equipment and fall protection systems. (TSA 17)
- SLO 10.1.4.16: Outline the safety principles for working on and around electrical equipment. (TSA 18)
- SLO 10.1.4.17: Outline workplace fire safety principles. (TSA 19)

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**Goal 2:** Describe and demonstrate knowledge and skills related to **pre-service.**

**GLO 2.1:** Describe and demonstrate the process of **preparing the workstation.**

- SLO 10.2.1.1: List and describe equipment, tools, and materials needed to perform manicure, pedicure, and artificial nail services. (B2.1)
  - SLO 10.2.1.2: Identify and describe the purpose of supplies required to perform manicures, pedicures, and treatments for artificial nails. (B2.2)
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**GLO 2.2:** Describe and demonstrate the process of **preparing the client**.

SLO 10.2.2.1: Describe the process of preparing the client for service.

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**Goal 3:** Describe and demonstrate knowledge and skills related to **service**.

**GLO 3.1:** Describe and demonstrate **esthetics services**.

SLO 10.3.1.1: Describe the basic skills and requirements performed by a nail technician. (B1.2)

SLO 10.3.1.2: Discuss the services performed by a technician, and categorize each service as nail care or skin care. (B1.4)

SLO 10.3.1.3: Describe the correct use of the emery board.

SLO 10.3.1.4: List and describe the various nail shapes.

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**Goal 4:** Describe and demonstrate knowledge and skills related to **post-service**.

**GLO 4.1:** Describe and demonstrate the post-service steps that the technician performs **while the client is in the salon**.

SLO 10.4.1.1: Discuss client post-service procedures.

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**GLO 4.2:** Describe and demonstrate the post-service steps that the technician performs **after the client leaves the salon**.

SLO 10.4.2.1: Describe the steps that the technician performs after the client leaves the salon.

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**Goal 5:** Demonstrate the **operation, maintenance, and storage of equipment, tools, implements, materials, products, and consumable items**.

**GLO 5.1:** Demonstrate the **operation of equipment, tools, and implements**.

SLO 10.5.1.1: Describe the basic care and maintenance requirements for implements and equipment. (B2.3)

SLO 10.5.1.2: Discuss the purpose of sharp-edged objects and the use of sharps-disposal containers. (B2.4)

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**GLO 5.2:** Demonstrate the **use of materials, products, and consumable items**.

No applicable SLOs.

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**GLO 5.3:** Demonstrate the **maintenance and storage** of **equipment, tools, implements, materials, products, and consumable items.**

No applicable SLOs.

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**Goal 6:** Demonstrate an understanding of the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

**GLO 6.1:** Describe the **evolution** of the esthetics industry, including its **technological progression and emerging trends.**

SLO 10.6.1.1: Discuss the evolution of esthetics, including its technological progression and emerging trends.

SLO 10.6.1.2: Discuss the history of nail care. (B1.1)

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**Goal 7:** Demonstrate an understanding of **career opportunities** in esthetics.

**GLO 7.1:** Describe **apprenticeship and career opportunities** and **professional organizations** in the esthetics industry.

SLO 10.7.1.1: Describe the structure and scope of the trade. (A1.1)

SLO 10.7.1.2: Describe nail technician career opportunities. (B1.3)

SLO 10.7.1.3: Discuss the information required for a resumé and gather information and pictures for a portfolio.

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**GLO 7.2:** Review and demonstrate the knowledge and skills required to pass the **Provincial Nail Technician/Skin Care Technician Examinations.**

No applicable SLOs.

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**Goal 8:** Describe and demonstrate transferable **cross-curricular knowledge and skills** as they relate to esthetics.

**GLO 8.1:** **Read, interpret, and communicate** information related to esthetics.

SLO 10.8.1.1: Read, interpret, and communicate information related to esthetics.

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**GLO 8.2:** Apply knowledge and skills related to esthetics from **the arts.**

- SLO 10.8.2.1: Define *contour* and *highlighting* and explain their benefits in relation to esthetics.
  - SLO 10.8.2.2: Describe the law of colour.
  - SLO 10.8.2.3: Define complementary colours in relation to nail enamel applications.
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**GLO 8.3:** Apply knowledge and skills related to esthetics from **the sciences.**

- SLO 10.8.3.1: Define *anatomy* and *physiology*. (A4.1)
  - SLO 10.8.3.2: List and describe the functions of the 10 body systems: skeletal, muscular, nervous, circulatory (vascular), endocrine, excretory, digestive, respiratory, reproductive, and integumentary. (A4.2 to A4.10)
  - SLO 10.8.3.3: Describe the glandular system. (A4.11)
  - SLO 10.8.3.4: Discuss chemical reactions. (B2.8)
  - SLO 10.8.3.5: Explain the basics of chemistry. (B2.10)
  - SLO 10.8.3.6: Describe a healthy nail and healthy skin. (B3.1)
  - SLO 10.8.3.7: Explain the composition of nails. (B3.2)
  - SLO 10.8.3.8: Describe the function and growth of nails. (B3.3)
  - SLO 10.8.3.9: List the parts of the nail. (B3.4)
  - SLO 10.8.3.10: Identify and explain the structures beneath and surrounding the nail. (B3.5, B3.6)
  - SLO 10.8.3.11: Describe and identify the bone structure and muscles of the arm, wrist, hand, fingers, and face. (C1.2)
  - SLO 10.8.3.12: Describe blood supply to the arm and hand. (C1.5)
  - SLO 10.8.3.13: Explain the function of the skin. (C3.2)
  - SLO 10.8.3.14: Explain the difference between disorders and diseases of the skin and nails. (C3.3)
  - SLO 10.8.3.15: Discuss the purpose of studying diseases and disorders of skin and nails. (C3.4)
  - SLO 10.8.3.16: Describe and identify skin and nail diseases and disorders that *can* be treated by a nail technician. (C3.5)
  - SLO 10.8.3.17: Describe and identify skin and nail diseases and disorders that *cannot* be treated by a nail technician. (C3.6)
  - SLO 10.8.3.18: Discuss and identify corns, calluses, warts, and fungi. (C3.7)
  - SLO 10.8.3.19: Describe treatments to corns, calluses, warts, and fungi. (C3.8)
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**GLO 8.4:** Apply knowledge and skills related to esthetics from **mathematics**.

SLO 10.8.4.1: Demonstrate fundamental mathematical skills related to fractions (e.g., 1/3 of the nail plate) and ratio (e.g., mix a ratio of 2:1).

SLO 10.8.4.2: Demonstrate calculations required to schedule times for multiple services and clients. (B1.5)

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**Goal 9:** Demonstrate an awareness of **sustainability** as it pertains to the esthetics industry.

**GLO 9.1:** Describe the impact of **sustainability** on the **health and well-being** of estheticians and their clients.

SLO 10.9.1.1: Describe physical, mental, and emotional health benefits of receiving esthetics services.

SLO 10.9.1.2: Describe the characteristics of a healthy mind and body, and discuss the physical and psychological effects of regular esthetics services.

SLO 10.9.1.3: Identify ergonomics. (A5.7)

SLO 10.9.1.4: Discuss occupational health hazards for estheticians and their clients and methods of prevention. (A6.2)

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**GLO 9.2:** Describe the esthetics industry's **sustainability practices** and their impact on the **environment**.

SLO 10.9.2.1: Discuss sustainability in relation to the esthetics industry.

SLO 10.9.2.2: Demonstrate the appropriate disposal of materials, products, and consumable items.

SLO 10.9.2.3: Demonstrate the appropriate disposal of cleansing pads saturated with acetone and other wastes.

SLO 10.9.2.4: Demonstrate recycling and the safe disposal of wastes.

SLO 10.9.2.5: Discuss the importance of informed decision-making skills in the selection and use of esthetics products.

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**GLO 9.3:** Describe **sustainable business practices** within the esthetics industry.

SLO 10.9.3.1: Describe to clients the time, maintenance, and financial costs required for upkeep of esthetics services.

SLO 10.9.3.2: Research the relationship between the economy and the esthetics industry.

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**Goal 10:** Demonstrate **ethical and legal standards** as they pertain to the esthetics industry.

**GLO 10.1:** Practise **ethical and legal standards** as they pertain to esthetics.

SLO 10.10.1.1: Describe and demonstrate ethical behaviour.

SLO 10.10.1.2: Practise confidentiality and discuss the implications of sharing confidential information.

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**Goal 11:** Demonstrate **employability skills** related to the esthetics industry.

**GLO 11.1:** Demonstrate **fundamental employability skills**.

SLO 10.11.1.1: Demonstrate punctuality, reliability, and consistency.

SLO 10.11.1.2: Demonstrate organizational skills and the ability to accept feedback and follow instructions.

SLO 10.11.1.3: Demonstrate teamwork skills, and explain how these skills can enhance or detract from an esthetician's personal and professional image.

SLO 10.11.1.4: Describe and demonstrate a professional image.

SLO 10.11.1.5: Discuss how the lifestyles of estheticians affect their professional lives.

SLO 10.11.1.6: Demonstrate the ability to multi-task in relation to salon services and duties.

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**GLO 11.2:** Demonstrate an understanding of the **business operation** of a salon.

SLO 10.11.2.1: Demonstrate an understanding of the business operation of a salon.

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