













<h1>S2</h1>  <p>Safety</p>	<h1>S2</h1>  <p>Safety</p>	<h1>S2</h1>  <p>Safety</p>	<h1>S2</h1>  <p>Safety</p>
<p><input type="checkbox"/> K.3.S2.A.1 Review safety rules, routines, and procedures prior to participating in each physical activity (e.g., allow space for full backswing and follow-through in golf...).</p>	<p><input type="checkbox"/> K.3.S2.A.2 Explain physiological reasons (e.g., body position, physical characteristics, degree of elasticity of muscles...) why exercise techniques are selected to minimize the risk to self and others (e.g., bending knees in curl-ups reduces back arch/strain, avoiding neck hyperextension reduces cervical strain ...).</p>	<p><input type="checkbox"/> K.3.S2.A.3 Explain the reasons (e.g., maintaining proper body temperature in rain, heat, cold, humidity...) for appropriate dress for selected indoor and outdoor activities (e.g., light and comfortable clothing for squash, layers and headwear for cross-country skiing...).</p>	<p><input type="checkbox"/> K.3.S2.A.4 Identify safety and risk factors for selected activities (e.g., cross-country skiing...) related to people (e.g., right of way, adaptations for persons with a disability...), facilities (e.g., snow conditions...), and equipment (e.g., appropriate clothing...).</p>
<h1>K</h1>	<h1>A</h1>	<h1>K</h1>	<h1>A</h1>

S2  <small>Safety</small>	S2  <small>Safety</small>	S2  <small>Safety</small>	S2  <small>Safety</small>
<input type="checkbox"/> K.3.S2.A.5a Determine the safety considerations in selected alternative pursuits (e.g., wear protective equipment, use reflective tape for night time visibility, have first-aid kit available, watch for extreme weather conditions...).	<input type="checkbox"/> K.3.S2.A.5b Relate the importance of making wise choices to prevent injury in selected land-based activities and/or water-based activities (e.g., cycling, jogging...) and/or water-based activities (e.g., aquatics, diving, canoeing...).	<input type="checkbox"/> K.3.S2.B.1 Determine strategies to manage identified hazards related to community facilities and areas (e.g., playground areas, bicycle routes, roads bordering schools, fitness and recreational facilities, safe workplaces...).	<input type="checkbox"/> K.3.S2.B.3 Demonstrate an understanding of Cardiopulmonary Resuscitation (CPR) as specified in the national/provincial certification program.
K	A	K	B

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<p><input type="checkbox"/> K.3.S2.B.4 Investigate the contributions self and/or others can make to community/global health and sustainable development (i.e., safe and healthy lifestyle practices, volunteering, reducing, reusing, recycling).</p>	<p><input type="checkbox"/> S.3.S2.A.1 Apply rules and procedures for safe and responsible participation and use of equipment in selected physical activities and environments (e.g., self-regulation, teamwork, promotion of fair play and inclusion...).</p>	<p><input type="checkbox"/> S.3.S2.A.2 Demonstrate the skills (e.g., sequential steps of emergency scene management, artificial resuscitation...) required to administer Cardiopulmonary Resuscitation (CPR).</p>	<p><input type="checkbox"/></p>
<p>K</p>	<p>B</p>	<p>S</p>	<p>A</p>